

Milang Community News

A journal of the Milang & District Community Association

Supporting the communities of Milang, Ashbourne, Clayton Bay, Finniss, Strathalbyn and Langhorne Creek



The Milang Community News is supporting your community. Please support us by purchasing a copy.



November 2023

\$2.50















FROM THE EDITOR

Welcome to the November 2023 edition of the Milang Community News.

On the 7th October we have seen the start of what I unfortunately think will be quite a long and bloody war in Gaza with armed conflict between Hamas, Palestinian and Israeli led military forces. To see the devastation of the innocent people is simply heart breaking. Also, at the same time the war in the Ukraine is still going on and again it's the innocent people who suffer. On a lighter note, we had the MOSHCC 20 years celebration in October and it was a really great day. Special thanks to all of the marvelous volunteers who worked very hard to make the day such a success.

On the 25th & 26th November the Milang Model Railway Show will be on at both the Institute and the station. Please see the advert on page 15.

Also, there will be the annual Remembrance Day Service at the Milang Memorial Gardens commencing at 10.30 on the 11th November, please feel free to attend this special service. Finally, don't forget to get your entries in for our Annual Christmas Lights Competition, see page 3 for the details.

Have a great month...stay safe and enjoy the sunshine!!

Cathy Fish

Email: editor@milang.org.au

Contributions to the Milang Community News

The Editor eagerly looks forward to receiving articles and welcomes suggestions from community members for stories and photographs.

Email: editor@milang.org.au

Mail: PO Box 416 MILANG SA 5256
Copy should reach the editor by the
21st of each month and must include
the contributor's name, address and
contact details. Articles of fewer than
500 words are encouraged.

Milang Community News reserves the right to refuse advertisements and other submissions. The editor reserves the right to change content for accuracy or where space is limited.

If you would like the Milang Community News photographer to attend an event to photograph subjects of local interest, please contact the Editor, Cathy Fish Phone: 0416 077 584 (leave a message) or

Email: editor@milang.org.au

ADVERTISING RATES

| Eighth page | \$19.00 |
|--------------|----------|
| Quarter page | \$35.00 |
| Half page | \$60.00 |
| Full page | \$105.00 |
| Art work | \$40.00 |
| Ad set up | \$35.00 |

For all advertising contact

John Whyte

Email: john.whyte.milang@gmail.com 0431 601 850

Front Cover - MOSHCC 20 year celebrations Photo's courtesy of Richard Prusa

Milang Community News is online Download a pdf version at http://milang.org.au

Where to buy the Milang Community News available at \$2.50 per copy

- Milang Mini Mart
- Milang Community Centre (MOSHCC)
- Milang Post Office
- Milang Bakery
- Port Milang Café
- Milang Caravan Park
- Strathalbyn Information Centre
- Strathalbyn News Agency
- Strath Chicken Shop
- Corner Bakery—Strathalbyn
- Finniss Café
- Langhorne Creek General Store
- Oasis Garden Function Centre

DISCLAIMER

The Milang Community News is produced on behalf of the Milang and District Community Association Inc (MADCA).

The committee of the Association accepts no responsibility for damage of any form which may occur as a result of the contents of this publication.

The opinions expressed in the Milang Community News are not necessarily those of MADCA.



A word from the newly elected MADCA President Karyn Bradford

Involvement in community life is important to me and I am looking forward to serving the community as President of MADCA.

Milang, the place and the community is my home. It is hard for me to envisage living anywhere else.



My connection with the Milang and District Community Association Inc (formerly the Milang Progress Association Inc) came about in my teenage years when I was undertaking a Queens Scout program focusing on community service.

My parents and grandparents were great role models always involved in community groups and activities. I remember going to CWA meetings with Mum when I was a youngster.

I have had many roles in during my life: wife, mother, business owner, artist, school services officer, aged care and community centre manager, local government and volunteer.

I am also an advocate for community development. I understand the capacity of this community to make things happen; support for our elders, a thriving community centre where support is available, restoration of an iconic heritage building, activities for young people and families, locally delivered training and employment.

How did these great things happen? Local people decided to get involved, share their skills and work together to make positive things happen. They are people who care and believe that we are stronger when we work together.

To all of our volunteers I say "THANK YOU".

Karyn Bradford President Milang and District community Association



Remembrance Day 2023

On the 11th hour on the 11th day of the 11th month, a minute's silence is observed and dedicated to those soldiers who died fighting to protect the nation.

At 11am on 11 November 1918, the guns on the Western Front fell silent after more than four years of continuous warfare. The Germans called for an armistice (suspension of fighting) in order to secure a peace settlement. They accepted the allied terms of unconditional surrender.

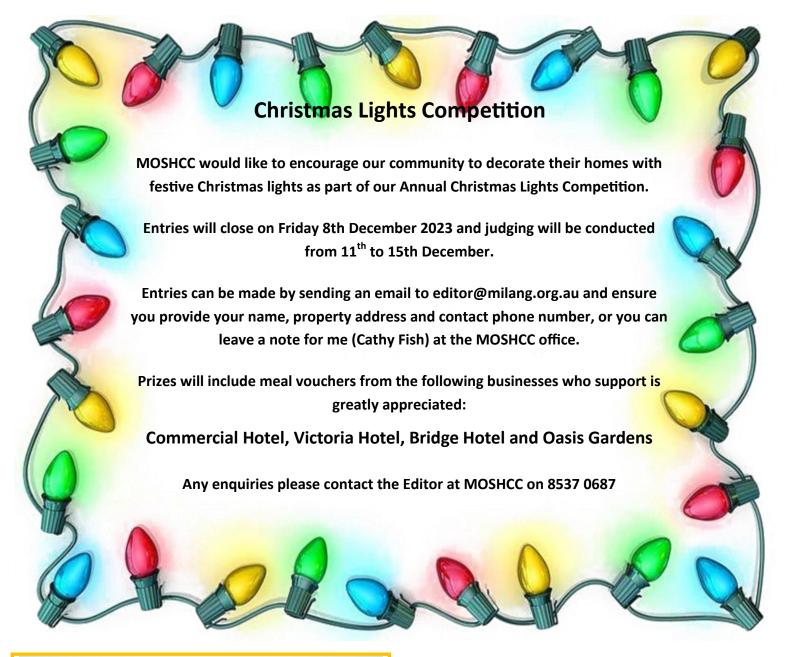
The conflict had mobilised over 70 million people, left between 9 and 13 million dead, and as many as one third of these with no grave.

The 11th hour of the 11th day of the 11th month attained a special significance in the post-war years. It became universally associated with the remembrance of those who had died in the war. Originally known as Armistice Day, it was renamed Remembrance Day after World War Two to commemorate those who were killed in both World Wars.

Today the loss of Australian lives from all wars and conflicts is commemorated on Remembrance Day. We will remember them. Lest we forget.

(The above information was sourced from the Australian Army website)







November 2023

4th Bob Franks

7th Jakob Schmoock

24th Jordan Vivian

Happy Amiversary!

Pam & Bill Wait



WOW WONDERFUL WOMEN'S GROUP

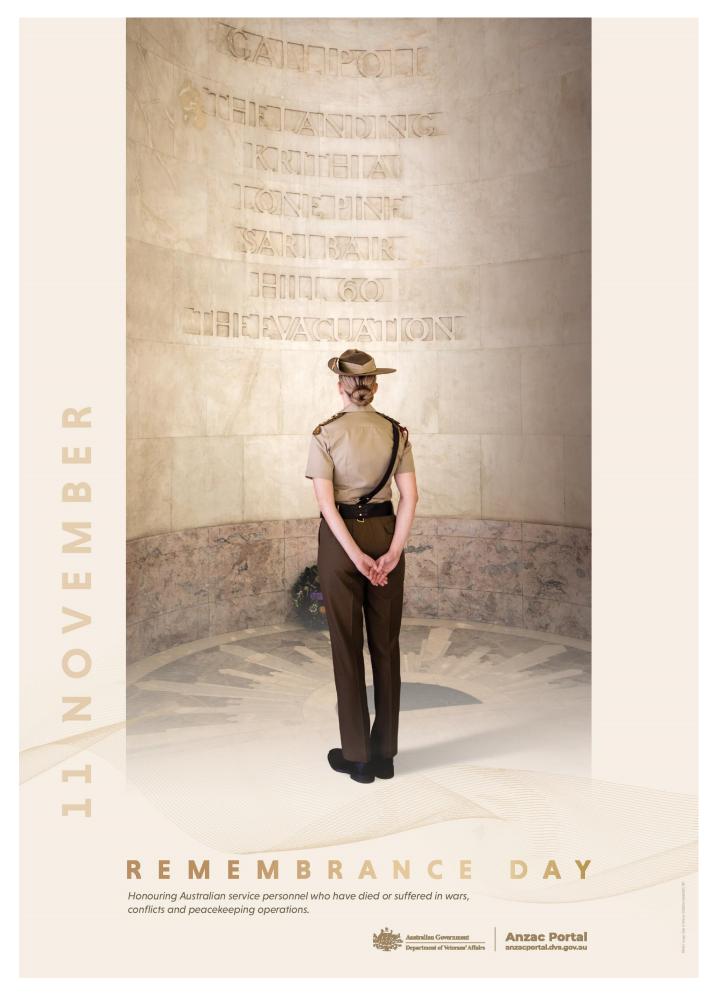


29th November - Oakbank Garden Centre & lunch at the Oakbank Hotel

Information and WOW pamphlet is at MOSHCC should anyone be interested in joining the group.

Contact Reception at MOSHCC on 8537 0687 for bookings or email lakeshomecare@moshcc.com.au

10th



Saturday 11th November 2023, 10.30 am Milang Memorial Gardens



Card Afternoons

This is an open invitation to anyone who may be interested in coming to our card afternoons every Tuesday at the Community Centre.

Time is from 1pm to 4 pm with a cuppa and cake included at a cost of \$2.50. The games played are Crib, Canasta and Jonola, but could include Euchre and Rummy.

Those wishing to learn will be given free tuition. Come along for a fun couple of hours.

For more information, phone Pauline on 0427 370 050.

Calling all Knitters/Crocheters,



ex & wannabe
Knitters /Crocheters!!



0

Anyone who would like to be part of the 'Just Yarning Group' group, please call Lyn on 0407 370 079.

We meet at 10.30 on Thursday mornings at the Milang Mini Mart Café and Providore to knit squares to be sewn together to make rugs that will be distributed locally to those in need.

Donations of 8ply wool would be greatly appreciated and can be left at (MOSHCC) Milang Community Centre.

If you are interested or have any queries,

Please contact Lyn - 0407 370 079



Please call 1800 854 453—for information on how to order

Friday Feast in the Ace Space



Thanks to our marvelous volunteers

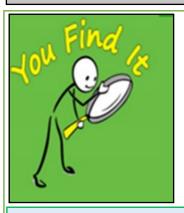
Next feast - 3rd November

Please Note—there is no Friday Feast in December

Please call 8537 0687 to book by the previous

Wednesday

Cost \$9.00 for a 2 course meal



Website of the Milang & District Community Association Inc.

We produce videos with voice overs to promote your business in our region. Call John today for a demonstration on how we can help you promote your business at an affordable price on 0431 601 850

Your local Community Centre working for your business. www.youfindit.com.au

'Stepping On'

Keep Active ... Stay Strong

Strength and Balance



Tuesdays from 10—11am at The ACE SPACE at the MOSHCC

A weekly one-hour exercise class using gentle and controlled movements to improve strength, balance, flexibility and coordination in a fun and supportive environment. Small group, suitable for all abilities, (priority given to CHSP clients), EMAA (Easy Moves for Active Ageing) Trained Instructor.

Active Ageing) Trained Instructor.

Good balance is needed to keep us moving about confidently and safely.

Please speak to Sue at the Milang Community Centre

Phone: 8537 0687

Cost: Gold Coin Donation

Sanctuary of Sawdust

Kathryn von Bergen

I open the door
sweet scent of sawdust
powdering the floor
curled shavings recalling
little sister's ringlets
father's capable hands
stroking plane on plank
hammering, chiseling, punching
nails sitting proud
whistling while shouldering
brace-and-bit.

The click of a switch —
I cover my ears
crouch and watch
the wailing bandsaw
carving pink-flesh-wood
into mortice and tenon
joints to frame all those
cupboards, cupboards, cupboards.

A complete makeover for Rose Kupke's kitchen!
Out with dark shellacked

Spring haiku Mavis Lang

Like grains of white rice on the lettuce leaf hillside freshly shorn sheep.

Garbos

Cary Hamlyn

It's 6am and the night is hungover trolls are banging at our bins ransacking streets for booty disturbing neighbourhood slumber – robot arms ruthlessly extract the guts from each plastic bin then dump them back on roadsides with mechanical contempt – it's an automated horror show

farmhouse wood time-honoured walls of cream and green.

In with the marvel of marbled laminex benchtops elegant in cool dove-grey.

Cupboard doors agleam
a glossy palette
to match her name
the whole room now
pink and grey
I'd never seen anything like it...
a sacrilege it seemed to me at seven.

But oh how she loved it!
Brushed aside
my mother's envious glance
cloaked in compliments
the transformation quite the talk
of the Lutheran Ladies' Guild!

Kitchens now are DIY programmed machine-cut packaged by robots



Godzilla of the Winfield Dump preying on the sacrificial bones of countless animals, rotting rejects of plant life and all the unwanted objects ever manufactured by man — and made the worse now for a lack of rippling muscle on those sweaty male bodies sprinting behind each truck like marathon runners, who covet the dump as a final prize.

POETS CORNER

flat-pack frustration flung far and wide quick-fix hopefuls twirl allen keys in not-so-quiet desperation air-taskers hired when relationships flail.

Look, we did it ourselves!
Gleaming white-on-white
our neighbours have the
same
but why this hollow feeling?

My father's craft
in his cosy workshop
obsolete
cupboards made with love
amidst the safe smell
of sawdust.
My sanctuary!

Poets are encouraged to submit their poems for Poets Corner to: PO Box 251 Milang 5256 or jude_poet@yahoo.com.au





Over 50's Keep Fit Class

Milang Institute Hall
Thursday 10am-11am
All Welcome

For info call MOSHCC 8537 0687

We won't let our body succumb to old age.

Therefore, we try to prevent that by strength and stretch movements (and laughs and giggles)

Every Thursday between 10 and 11 o'clock.

So do your body a favour and join us.

Toe Nail Cutting & Grooming





Are you finding it hard to cut your own toe-nails?? Let us help!!

Our Enrolled Nurse is willing to assist.

All you do is make a booking on 85370687, we will have a list of dates and times available.

So just register, the fee will be \$10.00 and you will need to bring along a small hand towel.

Justices of the Peace

Please ring for an appointment

Mr L.F. O'Driscoll 8537 0051
Karyn Bradford 8537 0067

Alcoholics Anonymous

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Meetings every Sunday at 5pm Reg Sissons Day Care Centre, High St Strathalbyn Contact 24 hours (08) 8221 6999

TRIVIA



Answers Page

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By Jude Aquilina

- What was the first fruit eaten on the moon?
- 2. Which reptile was on the Australian two-cent coin?
- 3. What is the only fruit to have seeds on the outside?
- 4. Who was the Greek god of love?
- 5. Who wrote the book The Thorn Birds?
- 6. How many players on the field in a rugby league game?
- 7. What is the Latin word for 'water'?
- 8. What to two colour combination is said to make humans hungry?
- 9. How many times did Phar Lap win the Melbourne Cup?
- 10. What does a receptarist collect?

Tai Chi

As we move through Spring allow a few moments everyday to bring a 'spring' in your step. Take notice as you walk, lightly attaching to the earth instead of pounding! Take the rush out of walking sometimes and enjoy a gentle, grounded walk.



In Tai Chi we use gentle movements to allow the muscles, tendons, ligaments (the whole internal workings of the body actually) to relax. As we release tension our breathing can relax too. A little bit of self care, it's a good thing.

If you're curious to try and see if it suits you, come to the Institute supper room 1pm on Wednesdays during school term. If you are after more information contact Jen on 0412595102 leave a message, I'll get back to you.

Meanwhile at some stage everyday breathe and release tension from somewhere in your body. You're worth it.

The first 10 years flew by
With everything flying high
Now we have reached 20 years
Lots of changes and a few fears

Karyn was at the helm for 13 years
Then resigned, a change of gears
The president and secretary left
And the MOSHCC was left somewhat bereft

But our trusted, fearless volunteers
Helped to quieten all our fears
Helping to get our special Centre
Back to a fine community venture

The MOSHCC introduced a service new
And Lakes Home Care was born and grew
They led the charge to support old folks care
And make sure all were treated fair

Card afternoons are held each week

Community News comes out, trim and sleek

So many things we all enjoy

And so many troubles they help to destroy

To Manager Stuart and his staff
We hope you've found time to have a laugh
Please carry on without any fears
And we hope to see you for at least 10 more years

A shining light in all this time
Is our band of volunteers, their work sublime
They man the desk, organise outings for the WOW
And drive the cars, so please take a bow.

20 years of service and support to our town
A splendid jewel in our crown
Let's celebrate and pave the way
And enjoy our special day today.

MOSHCC 20th An niversary Poem

by Pauline Per ry

Read out by Pauline at the MOSHCC 20th Anniversary celebration on Saturday 7th October 2023



Great Fun at the MOSHCC 20th Birthday Celebration

Saturday 7th October delivered perfect weather for the Milang Old School House Community Centre 20th Birthday celebrations.





The day started off with the traditional Great Scone Bakeoff with half a dozen brave members of community delivering their scones to be judged by our local baking judge Susan Bagley. Susan was looking for a well risen scone, with a moist and light middle and no loose flour on the base and the winner on the day was Asha Jones. All the contestants as well as some volunteers donated their batch of scones for the jam and cream morning tea, which by all reports was yummy.



The official opening of the event was held at 11am with Stuart Jones, (MOSHCC/MADCA Manager) as MC. Cedric Varcoe was in attendance to Welcome us all to Ruwe (country).





Karyn Bradford then addressed the crowd telling of her long involvement with the Centre as she was on the original steering committee from 2001. She spoke about how the involvement and commitment of volunteers has underpinned the success of the Centre over the past 20 years and that we should never undervalue their work and the difference they have made to others and our community. She praised the achievements of MOSHCC through collective effort and cooperation and thanked sincerely the work of staff and volunteers.



Margaret Gardiner was also introduced and on behalf of Alexandrina Council congratulated MOSHCC on its 20th birthday and spoke of her family connection to Milang and praised the success of the Centre.

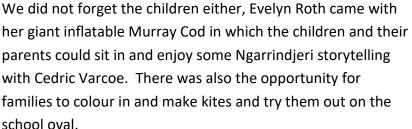
Pauline Perry, another long term resident and MOSHCC volunteer, read a poem to mark the event.

A beautiful birthday cake, made by the Milang Bakery, featured an edible photo of the MOSHCC and a lovely decoration of fresh fruit. It not only looked fabulous but was delicious eating as well. The birthday cake was cut by local Cheyanne who had helped to cut the ribbon at the official opening of the MOSHCC back in 2003. Following the opening, the local Ukulele group performed a bracket of songs which was enjoyed by all.

During the afternoon there were many things to see and do. Musician Dane Unwin volunteered his time to entertain us all with his easy listening songs and guitar music. Although only 19 Dane has been a regular entertainer at the Coorong Café on Hindmarsh Island for the past 3 years and has just recently joined a new band called Belladonna.



The mini international food court was a hit with the Men's Shed volunteers cooking up Coorong Mullet Sandwiches and snags (donated by Milang MiniMart) in bread. Yesamma Hendry had cooked up a delicious Indian Vegetable Curry, Cheryl had organised Mexican tacos and there were also tastings of bush food. And if visitors got a little hungry in the afternoon there was strawberries and ice cream for afternoon tea.





Those that visited the playgroup shed could view the Fibre Art groups latest projects and also have a picture taken at the photo booth. Over 100 people visited on the day and there were displays of various MOSHCC programs including Lakes Home Care, Childcare and included the opportunity to visit the

We take this opportunity to thank all volunteers, staff, Eastern Fleurieu School and sponsors who helped to make this 20th Birthday Celebration a success.



Karyn Bradford

President MADCA

Community Garden.











Fridays, 4:30-6pm during school term Milang Youth Hub, Paddlesteamer Drive



Contact Reclink Youth Activities Coordinator Iyall.willis@reclink.org | 0432 304 166



@milangyouthhub











Drug Foundation. Young people encouraged to apply.

For more info or to apply, contact MOSHCC on 8537 0687

This is an exciting opportunity to support a local youth program co-funded by Milang and District Community Association,

Reclink Australia, Alexandrina Council and the Alcohol and

or visit moshcc.com.au/2023/01/10/youth-volunteers













November 16th NATIONAL BUTTON DAY



National Button Day (in the US) is held on November 16th and celebrates the hobby of button collection.

Do you remember your grandmother or your mother snipping the buttons off shirts headed for the rag basket? Those buttons are often collected in jars or tins. Maybe you even played games or strung them for ornaments and crafts.

Humans have made buttons from a variety of materials. Ancient humans formed buttons from natural and readily available substances such as stone, shell, bone, clay, or wood. In more modern times, metals, plastics, resins, and acrylics have been used. While buttons were usually functional to fasten two pieces of cloth together, they also served as decoration.

While buttons today can be simple disks with two or four holes allowing a needle and thread to pass through, button makers create more elaborate designs. If you can imagine it, there's probably a button like it. From animals and food to iconic buildings and famous people, button makers make them. They're colourful and fun. While the fun ones may be less practical, they still function.

HOW TO OBSERVE National Button Day

- Start a button collection.
- Wear a button necklace.
- Design a craft using buttons.
- Make an ornament using buttons.
- Play a game with buttons.

Note from the Editor:

Some people who know me well also know that I have a 'passion' for buttons and have been collecting buttons for many years. If anyone has an old button tin and are thinking of getting rid of it, I would be more than happy to give it a loving home.

You are cordially invited to celebrate with our wonderful Volunteers and Community Care clients this Christmas at the annual



MOSHCC Christmas Lunch

Date: Friday 1st December at 12:30pm

Venue: Milang Institute

RSVP: Monday 20th November 2023 Ph: 8537 0687 / reception@moshcc.com.au

Transport available upon request

May the spirit of Christmas shine brightly on you and your family

Community and Neighbourhood Development Officer

- Part Time (15hrs / week)

We're seeking a dedicated CND Officer, Part-time (15hrs per week), to join our team at the Milang Old School House Community Centre.

The ideal candidate holds qualifications in Community Development, or a related field, and has prior experience in a similar role. Key responsibilities include developing and implementing community activities and projects, fostering community engagement, and managing project outcomes.

Strong interpersonal skills, and the ability to work both autonomously and as part of a team are essential.

This role may require some occasional work outside of standard business hours. If you're passionate about community development and ready to make a difference, apply today!

For further details and how to apply please see www.moshcc.com.au Enquiries can be directed to Stuart Jones, Manager.

stuart@moshcc.com.au

Phone: 08 85370687

Applications close 5pm Thursday 17th November 2023



Murray Darling Basin Information Session



COMMUNITY INFORMATION SESSION + Q&A

Join me to hear about water management practices and the Murray Darling Basin Plan. Our guest speakers include The Hon Troy Grant, Inspector General of Water Compliance and Dr Alec Rolston, Director of The Goyder Institute.

When:

1st November 2023 2:00-4:00PM Where:

Langhorne Creek Bowls Club Lot 196 Murray Road Langhorne Creek



Rebekha Sharkie MP Federal Member for Mayo

RSVP via my office Phone: 8398 5566

Email: Trish.Day@aph.gov.au



Milang & Langhorne Creek R-6 Campuses

Our Playgroups cater to families with children from birth to 5 years.

Attendance is FREE.

Milang Playgroup is run every Tuesday morning during the school term from 9-11am.

Langhorne Creek Playgroup is run every Friday morning during the school term from 9-11am.

Milang Campus:

Head of Campus—Susannah Cook (08) 8537 0223

Langhorne Creek Campus:
Head of Campus—Les Cameron
(08) 8537 3145







Lakeside Curtains

20% off fabrics and readymades (excludes new orders)

6th November to the end of the month





Ivy Fraser is having a 20% off sale from the 6th November until the end of the month.

This includes all fabrics and already made items.

Ivy is a bespoke machinist with over 42 years experience in the industry specialising in curtains and cushions for your home, office or caravan as well as providing jean hemming.

Milang Model Railway Show





25th/26th November
10am to 4pm
At the Milang Institute
and the Station

Admission adults \$10

Kids 12 and under free

12 stunning layouts
Plus 3 traders





Volunteers needed for maintenance, train driving, guides, cafeteria staff, etc.

www.milangrailway.org.au or 0414 232 060



Volunteer Cooks and Kitchen Hands Needed for Friday Feast!

We're looking for passionate volunteers to help us cook delicious and healthy meals for our community members. Join us every Friday and help us make a difference! Enquiries, call MOSHCC 08 8537 0687



JUST YARNING READY TO GO...

Below are just a couple of sets of Gloves, Scarves and Beanies ready to go to a new owners...





Although Winter is behind us and Summer is not yet here, we are still counting stiches, keeping our fingers busy and winding wool to keep our supply of warm woollies available for those who need them during chilly winds of Spring.

Contact Lyn on 0407370079 if you or someone you know will benefit from owning any of these woollies.





FUNDRAISING ALREADY READ BOOKS

Good book, great plot, but no pictures!



ARRB had an interesting month which included the October Long weekend, and the 20th celebration of MOSHCC. This celebration brought visitors to Milang from far and near, some just passing through and some stopping at the caravan park or shacks. There was a great interest in the Butter Factory from visitors returning to check it out. All in all a beneficial time adding approximately \$380 to the Butter Factory coffers.

Thank you to all our donors, we cannot do it without you..

The ARRB Book Art Workshop dates have not yet been confirmed and interested people will be contacted when we can offer firm dates.

ALREADY READ BOOKS

Milang Lakeside

Butter Factory

Open Dates: NOVEMBER 2023

Saturday 4th 10am-3pm
Sunday 5th 10am-3pm
Saturday 18th 10am-3pm

Sunday 19th 10am-3pm





Milang Cottage Garden Club monthly outing report

Hello Fellow Gardeners

October 11th dawned fine and sunny. This trip will not take us very far in distance but will take us all day and we will see many different gardens as we visited members gardens. The first garden was Chris's, a whimsical garden full of statues some of which she has made herself, clever lady. Lots of flowers and evidence of work in progress, a garden is never finished, always changing.

Next, we crossed over the road to Bev and Ian's and here hiding behind a plain wooden fence and a row of windbreak trees was a garden you would expect to see in one of the gardening magazines. It was beautiful with lots of colour but also tranquil, somewhere one could while away hours just sitting but we all know that to get a garden to look like this takes a lot of work, well done Bev and Ian. All in the bus for a short trip to the next garden June's, here we saw her love of roses as they were just coming into bloom, also her love of dogs with her collection of statues, these are the best kind you do not have to clean up after them.

Then down the road to Teapot cottage where one would expect to find teapots but no they were packed up safely in the studio snug in their cosies together with some of Margaret's fabulous quilts. Exploring Margaret's garden was like being in a maze and trying to find the centre then the way out, some of us found the ruins that are not as old as they appear.

Leaving Milang we travelled along the lake to Kindaruar (hope I have spelt this right), here Carol and her husband are trying the establish a garden on the top of a

windswept hill with lots of visiting wildlife hence barriers around many plants. There were many roses in bloom plus tall shady trees with seats under so one could sit and admire the view over the lake watching the swans etc.

From here on to Clayton Bay where the first stop was Jeff and Anne's garden where there were splashes of colour from the Banksia Rose, Climbing Roses and a Lilac, this is the smallest garden on the trip so did not take long to see, so after everyone had eaten their lunch we moved on to Marie's. This garden is on three blocks a lot of work for one person, but she gets help from her friends. It was a mixture of native and exotics and time here was cut short by a neighbour reporting that a large brown snake had been seen entering the garden, so we did a hasty retreat to the bus and the next stop.

The last but by nowhere the least was Peter and Ria's garden, which is amazing considering they are on restricted water and in an open exposed site which they have surrounded with native trees for wind breaks. They have a thriving vegetable patch and many natives ranging from straw flowers to many banksias and the bird life is amazing lots of blue wrens I am envious.

Next stop was the plant nursery at Finniss where some had to buy yet more plants for their already overflowing gardens then a coffee and the drawing of the Raffle which was won by Margaret. The next trip will be on 8th November and as nothing has been planned it will be a mystery trip which unfortunately Jeff and myself will have to miss as we have an appointment.

So, there will be spare seats on the bus which will leave the Institute at 9 am returning about 3 pm you will need lunch, hat, an item for the raffle box plus \$15 fare. Please ring Anne on 85370453 if you would like to join the bus.

Happy Gardening

Anne Feast



Milang Village Conversation 2023

We're back with the 2023 Village Conversations, ready to dive into what matters most to your community. Much has happened at both the state and local levels since our last Village Conversations in 2021.

We are excited to share what's new, what Council has done, what we have planned and to reconnect with you about your priorities.

The Draft Milang Master Plan will also be available for feedback.

About this year's Village Conversations event

We know not everyone is thrilled by the idea of a formal 'town hall meeting'. That's why we've put together sessions that are not only engaging but family- friendly.

Whether you have a few minutes to spare or you would like to immerse yourself in discussions and learn about key topics relating to Milang, we have a full program. The choice is yours.

These conversations with our communities help us to develop our:

- Annual budgets
- •Strategies (including the upcoming Draft Sport, Recreation and Open Space Strategy)
- Action and work plans
- •Place-based Village Innovation Plans for each township.

Event Details

- Wednesday 29 November 2023
- Milang Institute, 23 Coxe Street
- Drop in anytime between 3:30 pm and 7:30 pm
- Presentations commence at 4 pm
- Short Master Plan presentation 6:30pm
- Kids corner

Presentation Program

For those who want a deeper dive there will be scheduled presentations from on topics relevant to your town.

| 4 pm | A2040 - What we've done, what we have planned | | |
|---------|--|--|--|
| 4:30 pm | Heritage Code Amendment and Heritage Strategy | | |
| 5:45 pm | Draft Master Plan | | |
| 5:30 pm | Public transport advocacy and Housing Diversity update | | |
| 6 pm | Heritage Code Amendment and Heritage Strategy | | |
| 6:30 pm | pm Draft Master Plan | | |
| 7:15 pm | A2040 - What we've done, what we have planned | | |





Can't make it or want to stay updated?

If you are unable to attend, activities and information provided at the event will be reflected on the following webpage.

https://mysay.alexandrina.sa.gov.au/milang2023

Here you can enter your email to stay informed.





Red Cross News November 2023

The opening times for The Cheer Up Hut when our Flag is flying: -

Wednesday and Saturday 9am until Midday These times may change depending on volunteer availability.

Funds raised at our Open Garden afternoon tea will go towards the Big Cake Bake. Thank you to those who attended.

We have also had a new bench erected at the Milang Cemetery.

We have a large array of Men's, Women's and Children's clothes, Bedlinen, Children's Books and Assorted Toys, all are welcome to come and browse. If anyone is in need of clothing at any time, please Contact Bec on 0402244804 or Tracy on 0417299391. Discretion is assured.

The small trading stall by the oval entrance has a selection of Books, DVD's, Plants & Toys etc. A donation Box is available at the stall.

Thanks to everyone for your support for the Red Cross. **We would love to have more volunteers.** If interested, please Contact Bec or Tracy on the above No's.

Next meeting will be on the 1st November at the Railway Museum at 12:30

Doris & Chris Lambert

Publicity Officers

Mental Health Support

Lifeline: 13 11 14

Beyondblue: 1300 22 4636

Suicide call back: 1300 659 467

Living beyond Suicide: 1300 761 193

Men's Health Line: 1300 789 978
Parent Helpline: 1300 364 100
Kids Helpline: 1800 55 1800



WHY MENTAL HEALTH FIRST AID?

MENTAL HEALTH FIRST AID (MHFA) TRAINING

REALLY MAKES A DIFFERENCE

Approximately 20% of Australian adults experience a common mental illness each year. Completing a MHFA Course will help you to develop the skills to support a friend, family member or co-worker.

Having mental health first aid skills means that you can assist someone developing a mental health problem or experiencing a mental health crisis and make a real difference to your community.

MHFA courses are based on evidence of what is best practice mental health first aid to support someone who has a mental health problem or is experiencing a mental health crisis.

RESEARCH HAS SHOWN THAT MHFA TRAINING IS ASSOCIATED WITH:

- KNOWLEDGE
 Improved knowledge of mental illnesses, their treatments and appropriate first aid strategies.
- CONFIDENCE
 Confidence in providing first aid to a person experiencing a mental health problem.
- DE-STIGMATISING
 Decreases in stigmatising attitudes.
- INCREASED SUPPORT Increases in the amount and type of support provided to others.

MOSHCC will be offering MHFA to anyone in the community that would like to do it in the near future. Keep an eye on our newsletter and Facebook pages.

Contact Vivienne at MOSHCC for further details

PH: (08) 8537 0687 MOBILE: 0483 897 220

vivienne@growinglifeconnections.com.au

Everyday things you didn't realise are harming your mental health.



Doomscrolling - Scrolling for hours through injustice, pain, and chaos on social media, especially with so little positive counterpart is harmful to our Mental Health.

Looking at the mirror every morning - When you start your day with how you look instead of giving yourself time to figure out how you feel and what makes you happy, your entire mood can change. Acting how you feel instead of how you look can make a world of difference, you'll forget to be self-conscious, and you'll become kinder to yourself.

Keeping your phone volume on or buzzing -

Notifications have been shown to trigger a release of dopamine, and excessive phone use can cause a form of addiction, as users constantly check for updates and fear missing out.

Scheduling too much - Overwhelming your days has become linked with a "productive" lifestyle, but it can actually harm your productivity.

Eating lunch at your desk - Work can be stressful and eating lunch at your desk might seem like the only option, but it can actually worsen the stress. Without taking a distinct break, your body and mind don't have time to replenish themselves, leading to higher levels of burnout and fatigue, and reducing your productivity.



Eating in front of the TV - When you eat without focusing on your food, your mind struggles to appreciate the taste or recognise your fullness, and studies have shown it leads to overeating.

Being indoors too much - A lack of sunlight and vitamin D have been directly linked to depressive symptoms, so make sure you're getting outside to soak in the mood-boosting rays.

Unhealthy snacking - Eating better can boost your mood, as your gut health has been scientifically linked to your mental health. Plus, avoiding things like too much sugar, caffeine, or processed foods will reduce your irritability and brain-fog.

Comparing yourself to friends and followers - Social media depends upon comparison, which is bad for you in almost every way. Feelings of inadequacy, jealousy, and loneliness arise when you might have just been enjoying yourself and the constant comparison has been shown to increase depression and anxiety.

It's crucial to be aware of the everyday habits that may be silently affecting your mental health.

Making small changes in your daily routine and prioritizing self-care, physical health, and emotional well-being can have a profound positive impact on your mental health over time.



Murray Darling Basin Authority

Join the 2023 Great Australian Wildlife Search

Published: 24 October 2023

Have you ever wondered what species live in the creek at the bottom of your garden or in the river that flows through your community?

A unique project funded by the Australian Government and delivered by Odonata Foundation could provide the answers.

Spring sampling for the Great Australian Wildlife Search (GAWS) is now underway using innovative environmental DNA (eDNA) technology to gain insights into where threatened species are found at select sites across the Basin's waterways.

As a financial and project partner of the GAWS, the Murray–Darling Basin Authority (MDBA) hopes to understand more about the types of wildlife in our river system, and to help manage them for future generations.



MDBA Chief Executive, Andrew McConville collecting a sample at Casuarina Sands Reserve located on the banks of the Murrumbidgee River in the Australian Capital Territory.

With grant funding of \$400,000 provided by the MDBA under the Basin Condition Monitoring Program, the search for wildlife has kick-started with free testing kits provided for the first 420 sites.



An example of the water testing kits and information that is delivered to participants following their site selection.

Community members across the Basin can participate and help us to build a clearer picture of their region – where animals live, how many there are, and general population health.

Invitations are now open to join the search by reserving a testing location. Once reserved a testing kit will be mailed out to participants and include all the equipment needed and easy-to-follow instructions.

Sign up and reserve your site on the Great Australian Wildlife Search website.

The GAWS is being delivered with support of the Basin Condition Monitoring Program – an Australian Government commitment to develop and deliver new monitoring and reporting of economic, social, cultural and environmental conditions in the Basin.

Information sourced from the MDBA website

Southern Districts Flying Club

The country continues to dry off as the weather warms and we head towards summer. Whilst a green tinge still exists around the airfield and further south one doesn't have to fly very far north of the airfield to see just how dry the ground has already become.

Our club flight to Marion Bay saw six members fly their aircraft to Kelvin's private strip (Marion Bay) on the Saturday, enjoying local flying on the Yorke Peninsular on Sunday before a return flight to Strathalbyn on the holiday Monday. The following weekend saw us hold our October Sausage Sizzle on Saturday with 12 members getting some great morning flying before we got the hot plate sizzling with a variety of sausages to keep everyone happy, even Vegan sausages!

We have a working bee scheduled for Saturday 4th November to replace a few sheets of roofing iron on the clubrooms. Spraying of weeds around the clubrooms, flight office and hangars, plus a number of small jobs to keep the airfield looking good. Come on out early for a flight then do your bit to help with the working bee and stay on for a BBQ lunch.

Come Fly With Us!



What better way to experience the thrill of flight than to have a Trial Flight with one of our qualified instructors in a Gyroplane? Experience first hand the freedom of flight as you take the controls under the guidance of your instructor.

Gift Vouchers Available

For bookings or further information contact Larry: 0408 815 094



www.airsports.com.au

We will be running an OzRunways workshop during November but yet to set the date, keep an eye on the club web site for further information. Sunday 19th of November is our next general meeting and then on Sunday 3rd of December we will hold our annual Christmas Lunch to celebrate another successful year of operation.



The photo above shows a number of our members gathered at Brooklands Airpark (Wellington) after a group flight there. It shows the diversity of aircraft types we operate including rotary wing Gyroplanes, fixed wing Ultralights and flex wing Microlights.

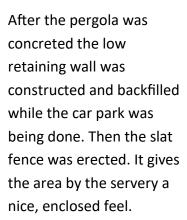
Membership to Southern Districts Flying Club is open to anyone with an interest in aviation. If you would like to be involved you can find information and membership details on our web site: www.sdfc.org.au

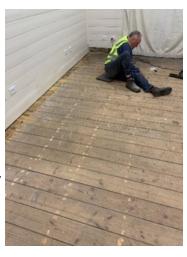
BUTTER FACTORY REPORT October 2023

Wow, another extremely busy month at the Butter Factory. We had our final concrete laid, the kerbing finished, pathways and ramp down to the pergola and then the pergola itself were all completed, and what a difference it makes.

Dave Garwood came in and completed the car park and it looks great. The MOSHCC cars and bus are already using it. The vinyl has been laid in the kitchen, fridge room, store room and toilets as well as the carpet in the front rooms and the side room.

As of the last few days, Dave Elliot with the help of volunteers has been sanding the floors in the lounge and hallway, removing untold tacks and nails punching the joist nails filling with putty then sanding. He had some trouble with the sanders, but he persevered and the result after the first coat of finish is nothing short of brilliant. Thanks Dave and crew.





Wayne puttying nail holes



Floor in lounge and hallway



While on the pergola, the gas has now been connected to the Cottage, tested and the large bottles were delivered last Friday.

Our bull nose verandah

Grant has now completed all electrical work on the Cottage. Exit lights and emergency lights, some of the lights in the Cottage are on a sensor, so they come on as you enter that space.

In the side office because we could not have a window on the roadside a solar light has been put in to supply ambient light to the room. As you might have noticed the front and side bull nosed verandas have been erected, with just two more sheets to go on the portico to finish the job. Daves next job the front door and windows when the polished floor has had its three coats of satin finish.

The old bar we were donated from Clayton Bay is in the process of being re-purposed for use as a reception desk in the Butter Factory. A sanded clear coated Oregon top will match with other fittings recycled in the Factory. The paddler seat has had its seating boards cut and primed to be completed next working bee along with a big clean up in the main area now we have finished painting all the necessary mouldings architraves and skirting boards.

I hope Norm and Glenys had a great holiday and have come back nice and refreshed we missed you mate. With the Cottage all but finished next month will be exciting, that's all for now.

Cheers

John Bradford, Site Manager



The slat wall

All Aboard—October 2023

The Milang Model Railway Show

Every two years the Railway Museum runs a model railway show. The last one was in 2021 and attracted about 1000 visitors over the weekend. So it's now time for another model railway show and it will occur on the 25th and 26th of November. The show has two venues, the Milang Institute and the railway station. This year we have twelve model railway layouts booked plus three traders.

The railway layouts include Wellingford and Bakewell Bridge by master modeller Gavin Thrum. It is a wonderful example of detailed modelling. You can watch it running for half an hour and still see new things.



Local modeller Alan Beaumont will be showing his new large layout which will be seen for the first time in South Australia.

The show will be open from 10:00 to 4:00 each day and admission will be ten dollars for adults with children twelve and under free. Eight of the layouts will be in the Institute and the remaining four in the Light Railway Centre at the western end of the station.

Free train rides will also be available and there will be demonstration runs of a diesel locomotive at 1:00pm and 3:00pm each day.

The Community Craft Shop will be open and also the cafeteria car at the railway station will be open for meals and light refreshments.

The Red Cross will be serving refreshments in the Institute. All proceeds will go to the Red Cross and to the Railway Museum who will use it to improve access for disabled and elderly visitors.

So, if you have grandkids then it's a great time to invite them down to Milang for the weekend.



Church Services—Milang and surrounding areas

Church Of Christ, corner of Watson & Coxe Streets, Milang

Enquiries—Peter Wilson 0407 607 638

Sunday Service 9:30am

Friendship & Craft at the Church Hall—Wednesday 10:00am—12:00 Noon

Uniting Church, corner McDonald & Orana Streets, Milang

Enquiries—Nola Deer 8536 4429

Sunday Service 10.00am

Anglican Church—St Marys, corner Luard & Maroo Streets, Milang

Enquiries—Rev. Alex Stone 0405 084 794

Sunday Service—8.15am (1st and 3rd Sundays of the month)

Lutheran Church

Cnr Commercial Road & North Parade, Strathalbyn Pastor Matthew Edgecomb 8536 3322

Catholic Church—Good Shepherd, East Terrace, Strathalbyn Father Richard Morris 8391 1053





The season is underway, and all bowlers are getting back into the swing of things.

Firstly though, special congratulations to Lee Robinson, a Milang Division 3 player, who recently competed for SA in the Australian Nationals in Perth. Along with her teammates in the Triples, they made the Final against NSW, finishing 2nd and achieving a silver medal. A fantastic effort. Well done Lee (and Sue and Jackie)!!

This year we have a Division 3 team and a Division 5 team. We had hoped to field a Division 6 team as well but unfortunately we fell short of players and had to withdraw from Div 6. The way the draw has been made we are either both home or both away.

Friday night Dinners have returned after a short break. October 6th saw a massive crowd turn out, catching us by surprise. Thank you to everyone for your patience that night. It was good to see so many there. Well done to the hard workers for a great job done.

Dinners for November are 3rd and 17th. Please book in before the night and order if you want specials which will be posted on our Milang Bowling Club Facebook page, Milang Community Pride site and Milang Buy sell Swap sites.

Social Bowls is underway again also. What is Social Bowls you might ask? Well, it's a night for people to get together for fun and laughter. It's not competitive, all games are friendly and relaxed and soon the way you learn to bowl. When we've had enough, we retire to the Club house to enjoy the food we've all brought.

\$5 to play, please bring a plate of food to share.













5.30pm for 6.00 start. We have bowls available and please wear flat shoes.

Bowls is a great sport for everyone, young and older. Recently I saw a match on TV between 2 teams of vision impaired bowlers. They were amazing, having "directors" standing in front of them for direction. Brilliant!!

Good luck to our teams in their Pennants rounds, also Club Championship players in matches being held over the next couple of months.

Hopefully we will see you on the greens (they are magnificent!) soon.

Bev Spicer.





Milang Environmental Centre Serving our community

The Milang Environmental Centre is a community run organisation and an asset to the residents of Milang.

Ph Don 0423 105 261 or Chris 0411 474 529



Services:

- Recycling depot for glass, plastics, metal and garden organics.
- Bottles and cans deposit paid.
- Recycled items for sale.
- Electronics, household and garden wastes incur a fee.

Hours: Wednesday and Saturday 10am - 4pm

Corner of Weeroona Drive and Jupiter Street MILANG

Lakeside Men's Shed at the oval

BBQ every Thursday (donation)
From 12:00 oon

Come and experience our relaxed atmosphere and share yarns with other like-minded people.

Take the opportunity to check out the Men's Shed facilities and current projects.

The Lakeside Men's Shed is working to assist in men's metal health issues and is supported by SA Health and the local community.



Page 28 - November 2023

MEC NEWS - November 2023

MILANG ENVIRONMENT CENTRE
corner of Weeroona Drive and Jupiter Street Milang.
P O Box 338 Milang SA 5256 Ph:85370201
Email: mecinc@adam.com.au

OPEN: 10 AM - 4 PM WEDNESDAY & SATURDAY

M. E. C. MULCH

The Milang Environment Centre (MEC) is not only a deposit container recycling facility for the local community but in addition, offers a green garden waste recycling service with a beneficial endproduct of rich, organic garden MULCH.

Have you wondered what happens to your garden waste after you off load it at MEC?

GARDEN WASTE RECYCLE SERVICE

Spring is a busy season for many residents across the region as they tidy up their blocks in prudent preparation for the hot, dry, fire season and bring their garden green waste to the Milang Environment Centre. MEC fees for acceptance of green garden waste are low and MEC does not charge to accept lawn clippings. The fees for various size loads are clearly shown on the new sign at the front gate. Spring season involves a steady flow of trailers entering MEC so that residents can off-load green garden waste onto a huge accumulating pile located in the back section of the MEC grounds.



The accumulated green garden waste pile at MEC

MULCH MOUNTAIN

Not far from the green garden waste off-load site is a mountain of rich organic MULCH which residents may purchase at a very reasonable low price to use in their gardens or even in vegetable beds as a healthy source of nutrients, an effective way to retain soil moisture and reduce weed growth. A trailer load of MEC Mulch costs only \$25. MEC will deliver a truck load of more than 4 cubic metres of nutrient rich mulch for only \$90 plus a modest delivery charge depending on your location.



Garden waste pile in foreground and MEC Mulch Mountain in background

Converting the accumulated green garden waste pile into useful organic mulch is quite an expensive task for MEC. The large, heavy mulching machinery required for the job must be hired at considerable cost. MEC only slowly recovers that significant expense by gradually selling the mulch to residents for use in their gardens. Putting a layer of organic mulch on the surface of your garden is a very simple, inexpensive, and extremely long-term beneficial thing to do. Organic or natural mulch such as that available from MEC helps to retain soil moisture, reduces weed growth and, as it breaks down or decomposes over time, it releases nutrients. If you would like to know more about the benefits of organic mulch refer to: https://themicrogardener.com/20-reasons-why-you



-should-mulch-your-garden/

MEC tractor driven by volunteer Chris Lambert collecting mulch

MEC DONATIONS

In line with their generous support for other local community service organisations, MEC regularly supplies loads of mulch free of charge for both the Milang and Clayton Bay Community Gardens.

Anyone interested in being a MEC volunteer, actively learning about recycling, operating machinery, driving tractors, trucks, or forklifts, enjoying delicious cakes during long tea breaks, meeting and chatting with residents from across the region, please contact MEC by phone or email or call in personally Wednesday or Saturday.



MEC mulch being loaded for local delivery by truck

MEC truck with full mulch load ready for delivery





Mulching machinery at MEC

Garden waste loaded into mulching machine at MEC





Letho Kostoglou Piano Recital



Works by

Mozart, Beethoven, Chopin & Grieg
Clayton Bay Community Hall
6 Alexandrina Drive, Clayton Bay
Saturday 9 December 4pm
Adult \$30:00
Concession \$ 25:00

Bookings: www.trybooking.com

TRIVIA ANSWERS

From Page 8

By Jude Aquilina



- 1. Peaches were the first fruit eaten on the moon
- 2. The frilled-neck lizard was on the two-cent coin
- Strawberries are the only fruit with seeds on the outside
- 4. Eros was the Greek god of love
- 5. Colleen McCullough wrote *The Thorn Birds?*
- 6. Each NRL team has 13 players on the field
- 7. Aqua is the Latin word for water
- 8. Yellow and red are said to increase hunger
- 9. Phar Lap won the Melbourne Cup once in 1930
- 10. A receptarist collects recipes

Milang Community Garden

Newsletter - November 2023

It's November already, with the silly season almost upon us! The local agricultural shows have been happening around the place along with open gardens and other outside activities to look at or get involved in. The Milang Community Garden is no exception. Our BIG BREAKING NEWS is that the garden brought in **First Prize** again at the **Strathalbyn Show Garden Competition!** Many thanks to our intrepid gardeners for getting in there and sprucing up the place for the judging. The garden was also open for the Moshcc 20th Birthday celebration. Visitors could have a wander through and chat to our members.



Business As Usual Down at The Garden.

The garden is looking good with plenty of fresh growth, new composting and mulching, and watering in readiness for the summer months which could be a challenge for all gardens this year. Members have been busy with building up our compost and adding plenty of sheep poo to the beds.

Bob has continued to produce lots of tomato seedlings, and we have been able to put them out on the cart. Many thanks to the person (or persons) who gave a generous donation to the cart!

Currently there is a large crop of rhubarb, spinach, silverbeet and mustard lettuce (nice and peppery!). The pea crop was good during October but has finished now. The purple broccolini has hung on for a long time.

The fruit trees are budding and we look forward to a good crop providing the birds don't get in first! The herb garden has some good stuff growing if you are into flavouring your culinary delights!

New plantings include carrots, tomatoes, onions and garlic, to name but a few!

Out And About

Our guys do enjoy a good day out and love to check out other gardens! Alvyn and Don visited the Brighton Community Garden Open Day again this month.









Photo's from the Brighton Community Garden

Gardening Goss: Tips n Bits n Pieces

From: John Lamb Newsletter Oct 2023

FRAGRANT HERBS WORTH CONSIDERING

Most home garden herbs are used in the kitchen. But there is increasing interest in the potential for growing fragrant herbs, to create a wonderful array of airfreshening aromas, as well as soothing and relaxing bathing oils.

Herbs with fragrance include, rosemary, lavender, thyme, sage, lemon verbena and chamomile.

Bath herbs could include chamomile, comfrey, lavender, lemon balm, mint pennyroyal, rosemary, sage, tansy, thyme and yarrow.

A collection of these placed in a large planter box or bowl not only looks attractive, they will also provide a year-round supply of fragrance.

BEAT THE HEAT: 10 WAYS TO MINIMISE HEAT STRESS IN THE YOUR POTTED PATCH.

Steve Falcioni: October 2021 Gardening Australia

- **1. GATHER YOUR POTS**: create a more favourable microclimate where neighbouring plants shade each other
- **2. SWAP YOUR POTS:** replace (crops) with heat tolerant ones
- **3.GO BIG**: upgrade to larger (containers) that can hold more mix and more moisture
- **4. SWAP THE TERRACOTTA:** switch to plastic or glazed pots, paint the inside of terracotta pots with a paint sealant before planting

5. USE SELF-WATERING POTS OR MINI WICKING TROUGHS

- **6.MAKE FRIENDS WITH SEAWEED:** apply seaweed solution every fortnight
- **7. GRAB SOME SHADE:** either move to a shaded spot or erect shade cloth
- **8.UP THE WATERING:** for potted edibles this often means daily top ups
- **9.USE WETTING AGENTS:** apply an organic wetting agent
- 10. MULCH AWAY: sugar cane, chunky bark or pebbles

MOSHCC is seeking Volunteers

Do you have you some spare time on your hands?



Would you like to assist in one of our many community projects?

In particular we are currently looking for people who would like to work in Reception and also we are in need of people who would like to drive clients to and from appointments (vehicles are provided).

You will find a very friendly bunch of people and make new friends very quickly. You will find it very rewarding to be involved with such a great group of people.

Call MOSHCC on 8537 0687 and ask for Vivienne





Milang CFS News

by Jude Aqualina



Have you noticed two red lights high up on the telephone tower on Weeroona Drive? They are not early Christmas lights or markers for Santa's sleigh. Rather, they are safety lights, recently installed at the request of Milang CFS, to assist with the landing of helicopters at night. These 60-metre-high tower lights will guide emergency helicopters to land on Milang Oval. It took around nine months to secure approval to instal the lights. Another asset for our town to assure the safety of residents and visitors in need of medical assistance.

After a relatively quiet winter, Milang CFS have been busy preparing for the fire season. On the 24th of September, Milang hosted a group training exercise, which involved three separate exercises. Brigades from Tailem Bend, Currency Creek, Mt Compass, Clayton, Langhorne Creek, Ashbourne, Blackfellows Creek, Woodchester, and Strathalbyn

joined our Milang brigade for an intensive session of training for responding to grassfires, rescue/casualty retrievals and electrical car fires.

At 7am on the 14th of October Milang CFS responded to three small fires in the trees near the boat ramp. One fire damaged a power supply box. The SAPOL Crime Scene team attended.



If you haven't already prepared your property for the fire season, please do so...clear around your house and structures to reduce, remove and anage vegetation within 20 metres of your home and within five metres of any sheds and garages. Also remove any other flammable materials close to structures, such as wood piles and ensure your gutters are clear of leaves and sticks.

It is important for you and your family to make a plan in case you are threatened by a bushfire. Check the CFS website for excellent information to assist in making a simple but effective five-minute bushfire plan.

Here are some things to consider:

Think about who your plan will protect:

- Me
- Other Adults
- Children
- People who need assistance
- Pets and livestock

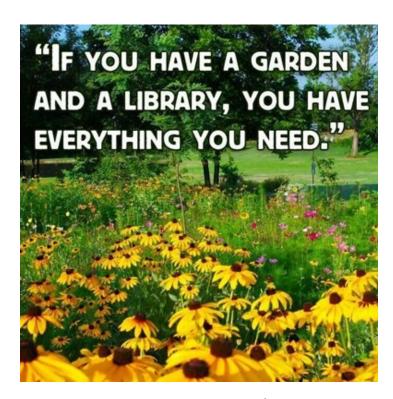
Consider what you'll do if:

- You're at work
- The pets run away
- The children are home alone
- You have guests over
- Your escape route is blocked

Discuss key decisions with your household:

- Is everyone going to leave early?
- Where will you go?
- What will you do with your pets?
- What will you take with you?
- Who do you need to keep informed of your movements?





No. 46 CREAM AND MILK SUPPLIERS TO MILANG BUTTER FACTORY JOCK CLEGHORN

by Alvyn Hopgood

Jock Cleghorn had a poultry and dairy farm, three miles north of the Milang township on the Strathalbyn Road. Jock was a tall man, polite and helpful. He had two daughters, May and Ruth.

Cleghorn's property was around 150 acres, which enabled Jock to grow some of his fodder for his dairy cows. The Cleghorns milked about 20 Jersey cows and delivered good quality milk and cream to the Milang Butter Factory.

As with most small dairy farms in the district, to maintain affordability, the men pursued seasonal work: shearing, hay stooking, bag sewing and general farm work when required. This was the case for the Cleghorns.

Although only small, the Cleghorn's farm provided a living and was quite productive. A stone and brick poultry building, built by Jock, is still being used for chicken rearing – and is now owned by the Watts family.

Jock's hens were white leghorns, average size fowls, which are very good egg producers in most conditions. The other local poultry farmers in Milang all had this breed – including the Parnell, Stoner, Dolling and Burgess families.

I knew Mr Cleghorn quite well – he used to see my father Whinham Hopgood for repairs to his milking machine, and for soldering milk claws. My father also supplied fowl feeders in two sizes – one bag or two bags, for pellets and for laying-fowl dry mash. The fowl feed bags were hessian or jute and held a 100 pounds.

Jock and his family were devout Christians and followed their beliefs in a very private and sincere way. The Cleghorns were extremely respected and reliable and supported the war effort of WWII. They also supported the Milang Primary School's fundraising efforts with willing help.





(Including the Port Milang Museum, Lakeside Men's Shed & the South Australian Fire Fighting Vehicles & Equipment Museum

One of the historical vehicles that the Society owns and has in our South Australian Fire Fighting Vehicles and Equipment Museum is the former Milang Fire Services 1959 ex-Army International 4x4 Fire Appliance.

This truck was purchased from the Department of Supply for the sum of \$1,300 in 1966. It had been in service at Woomera and was one of the 100 designed and manufactured at the international truck plant in Dandenong, Vic. Our truck chassis no. Is T.S.E. 35.





The photos show the truck as used by the army, being general service cargo trucks and our truck after it was decommissioned by the Milang fire service.

The next photo is a copy of a letter sent by Len Schubert, who was Secretary of the Milang Emergency Fire Service, to a magazine who published it in December, 1966.

We did not receive a result of the letter being published, but some years later, I purchased an Operator's manual in new condition from a book shop, which I still have.

Contributed by Allan McInnes. Phone 0437800811

Manuals For International **Ex-Army Truck**

HE Local Emergency Fire Service, of which I am the Honorary Secretary, recently took delivery of a TSE, 4 x 4, 1959 model International Army truck ex the Department of Supply but have been unable obtain an operator's manual and a spare parts catalogue covering it. We would therefore be grateful if you could name a source of supply. Schubert, Milang, SA



Above photo shows from left, standing, John McInnes, Terry Roberts, Graham Woodrow, Andrew Ross, John Woodrow. Don Fleetwood.

The Alexandrina Gun Club

The Alexandrina Gun Club was formed at Milang 70 years ago with the opening and first shoot held on Sunday 29th November, 1953. The site chosen was on the McInnes family property on section 556 hundred of Bremer.

John McInnes fired the first shot followed by Arthur Bridgeman Potts from Langhorne Creek. Clay targets called clay pigeons were sent into the air from a mechanical pre-loaded trap operated by a person standing behind the shooters.

In it's heyday up to 100 shooters including interstate visitors attended the weekend two day events. By the early 1990's Membership numbers fell to the point that only four shooters would turn up and the decision was made to amalgamate with the Monaro Gun Club and relocate the trap machines to that site.

Contributed by Allan McInnes. Phone 0437800811



Strathalbyn RECYCLING

15 Dry Plains Road, Strathalbyn. Ph 85363999

- Pays cash for all 10c deposit items
- Also accepting non deposit glass such as jars and wine bottles, paper, cardboard, scrap metal, non deposit plastics with no's 1,2 & 5 inside the

recycling triangle & clear soft plastic.

Trading hours

- Tuesday 9am-4pm
- Wednesday 9am-12pm
- Thursday 9am-4pm
- Saturday 9am-1pm
- Closed all public holidays





Murray Bridge RECYCLING

55 Thomas Street, Murray Bridge. Ph 85324551

Trading hours

- Monday to Friday 8am-5.30pm
- Saturday 8am-12.30pm
- Closed public holidays





Murray Bridge Recycling can provide Waste, Recycling and Document Destruction collections for home and business in the following areas:

Murray Bridge, Mannum, Tailem Bend, Mt Barker, Strathalbyn, Milang and Langhorne Creek.

Call Todd on 0419 829 050 for more information or to organise a quote for a bin to suit your needs.

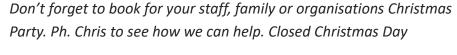


726 Langhorne Creek Road Belvedere 5255 8536 4815

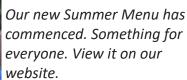
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So very proud to be a finalist in the Restaurant and Catering Awards. We didn't win on the night but had a fantastic time all the same.

Michael's on a mission! Make sure you visit to see the end result.















Rebekha Sharkie MP

Federal Member for Mayo

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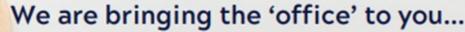












Clayton Bay Community Hall

Wednesday 8 November 12.30-1.30pm

Milang Mini Mart Friday 17 November 10.30am-11.30am

Finniss General Store

Friday 24 November 10:30 - 11:30am

Join David Basham MP to ask a question or discuss what matters to you and your community.

To book an alternative time, please contact the Finniss Electorate Office 08 8552 2152 or finniss@parliament.sa.gov.au



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Tuesday:

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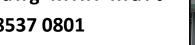
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Milang Mini Mart PH 8537 0801



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Colouring In FUN - Spring Flowers





What's on in our region for November 2023



| | | Stationmasters Gallery's latest exhibition, featuring the works of Kathleen Cain and Catherine Pallin as well as other gallery members – all welcome. This exhibition will run until 30 November. | |
|-----------|----|---|--|
| Wednesday | 1 | Strathalbyn Race Day - Contact 8536 2248. | |
| Friday | 3 | Milang Bowling Club - Dinner at 6.00pm | |
| Saturday | | From 11am-1pm grab some friends and head to Vineyard Road Wines for "Blooms and Bubbles". \$65pp includes all supplies and a welcome glass of bubbles or barista coffee, with a Fleurieu Chocolates sample. Wines, coffee, food and chocolates available for purchase. Capacity limited, bookings essential - https://vineyardroad.com.au/pages/experiences or contact 8536 8334. | |
| | | Already Read Books at Milang - open 10am to 3pm | |
| | 4 | U3A Strathalbyn is hosting a "Community Bush Dance" at the Strathalbyn Show Hall from 7.30 to 10.30pm. Wear something green and join in the fun for all ages with music by the "Wild Matildas", with called dances and spot prizes. BYO supper and drinks. Adults \$25, concession \$20, Children 5yrs+ \$5, Family 2+2 \$60 – tickets from The Book Keeper or www.trybooking.com/CMDMM Enquiries U3A 0423 138 311. | |
| | | "Rodeo" is coming to Strath! Langhorne Creek Road from 6pm-midnight, gates open 3pm. Bull and Bronc Riding, Barrel Racing, evening entertainment – fully catered and licensed bar (no BYO alcohol please). Action will start at 5pm with live music from 8.30pm. info@lakeschallenge.com.au | |
| | | Angas Go Kart Club will hold their Club Championships during the weekend of Saturday & Sunday 4 & 5 November. From 2pm at 96 Nine Mile Road, Strathalbyn - entry \$5pp, U14 free. | |
| Sunday | 5 | Already Read Books at Milang - open 10am to 3pm | |
| Tuesday | 7 | Bremerton Wines are holding a Melbourne Cup Lunch – fun, bubbles and fillies! \$60pp includes platter and pizza lunch and glass of bubbles. Limited numbers, bookings essential – www.bremerton.com.au/buy-wine/events or contact Peta 8537 3093. | |
| | | The Victoria Hotel are also holding a Melbourne Cup Lunch – dust off your fascinators, frock up and rock up – a la carte menu, with sweeps on offer up until the big race! Book your spot now – 8536 2202. | |
| Friday | | "Paint & Sip" at Hammer 'n" Tongs on Friday evening from 6.30-9.00pm. Join artist Kathy Smith as she works with you to create your own painting – all canvases, paints and brushes supplied. \$65pp – pizza, tapas and drinks available. Contact Kathy 0487 275 180 | |
| | 10 | The Strathalbyn Players present "Bullshot Crummond" at the Chapel Theatre in November on Fridays & Saturdays 10&11, 17&18, 24&25 at 7.30pm with 2pm matinee on Sunday 19 November. Book a table for a night of drama, thrills and nonstop fun Tickets \$15 from The Book Keeper or www.trybooking.com/CLCB. | |
| Wednesday | 15 | Cafe Ruffino, 15 High Street, Strathalbyn will present Antonio & Kate Villano in "Christmas at Ruffino's". Christmas Dinner and Show \$65 per head, dinner from 6.30pm, show starts 7.15pm. Limited seating, bookings essential – contact 8536 2355. | |
| Friday | 17 | Milang Bowling Club - Dinner at 6.00pm | |
| Saturday | 18 | Already Read Books at Milang - open 10am to 3pm | |
| Sunday | | The Rotary "Great Duck Race" and a visit from Shannon's Adelaide Rally. With many hundreds of spectators for both events, this is going to be a very big day in Strathalbyn! The Steamranger will be running a special "Duck Train" to/from Mt Barker for the occasion. | |
| | | The Strathalbyn CWA is holding their Christmas Market at the Soldiers Memorial Gardens to coincide with the Shannon's Adelaide Rally and Rotary Duck Race (of course there will be a CWA duck!). | |
| | 19 | The Langhorne Creek Vignerons Race Day will be held at the Strath Racecourse from 11am-5pm. A family event showcasing the best local wines and food the region has to offer – check out Strathalbyn Racing Club's Facebook page for more details. Contact Kristy 0427 195 439. Admission \$20, concession \$10, U16 free. | |
| | | The Strathalbyn High Street Market next to Gilberts Motor Museum. Fabulous stalls, music, and great Sausage Sizzle cooked up by the volunteers next door at Gilberts. | |
| | | Already Read Books at Milang - open 10am to 3pm | |
| Saturday | 25 | The Milang Model Railway Show will be held on Saturday & Sunday 25 & 26 November from 10am to 4pm each day. A fun family day out with twelve layouts, traders, free train rides, refreshments, craft shop, diesel demonstrations and lots more! Entrance \$10, U12 free. | |
| Sunday | 26 | The Milang Model Railway Show (see above) | |
| | | 1 | |