

Milang Community News

September 2023

\$2.50

A journal of the Milang & District
Community Association

Servicing the communities of Milang, Ashbourne,
Clayton Bay, Finniss, Strathalbyn and Langhorne Creek



*The Milang Community News is supporting your community.
Please support us by purchasing a copy.*



First Colours of Spring by Christine Danton

FROM THE EDITOR

Welcome to the September 2023 edition of the Milang Community News.

What a special time Spring is, the sun starts shining just a bit more, flowers are starting to bloom and the countryside starts looking 'alive' again after Winter. Our front cover is a beautiful collage of images taken by Christine Danton titled 'First Colours of Spring', thank you Christine.

The MADCA AGM is coming up on Tuesday 5th September (see advert on page 6), everyone is encouraged to attend and it would be great to see a good turn out for this important meeting. Also, MOSHCC is turning 20 years old and there will be a big celebration happening in October (see page 13), we will have more on that next month.

The Adelaide Symphony Orchestra came to Milang and some of the school attended, there is a lovely shot of Hudson Steele being taught how to play the violin after a quick three-minute instruction session (see page 8). Well done Hudson.

Have a great month...stay safe and enjoy the sunshine!!

Cathy Fish

Email: editor@milang.org.au

Contributions to the Milang Community News

The Editor eagerly looks forward to receiving articles and welcomes suggestions from community members for stories and photographs.

Email: editor@milang.org.au

Mail: PO Box 416 MILANG SA 5256

Copy should reach the editor by the **21st of each month** and must include the contributor's name, address and contact details. **Articles of fewer than 500 words are encouraged.**

Milang Community News reserves the right to refuse advertisements and other submissions. The editor reserves the right to change content for accuracy or where space is limited.

If you would like the Milang Community News photographer to attend an event to photograph subjects of local interest, please contact the Editor, Cathy Fish Phone: 0416 077 584 (leave a message) or Email: editor@milang.org.au

ADVERTISING RATES

Eighth page	\$19.00
Quarter page	\$35.00
Half page	\$60.00
Full page	\$105.00
Art work	\$40.00
Ad set up	\$35.00

For all advertising contact

John Whyte

Email: john.whyte.milang@gmail.com
0431 601 850

Where to buy the Milang Community News available at \$2.50 per copy

- Milang Mini Mart
- Milang Community Centre (MOSHCC)
- Milang Post Office
- Milang Bakery
- Port Milang Café
- Milang Caravan Park
- Strathalbyn Information Centre
- Strathalbyn News Agency
- Corner Bakery—Strathalbyn
- Finnis Café
- Langhorne Creek General Store
- Oasis Garden Function Centre

DISCLAIMER

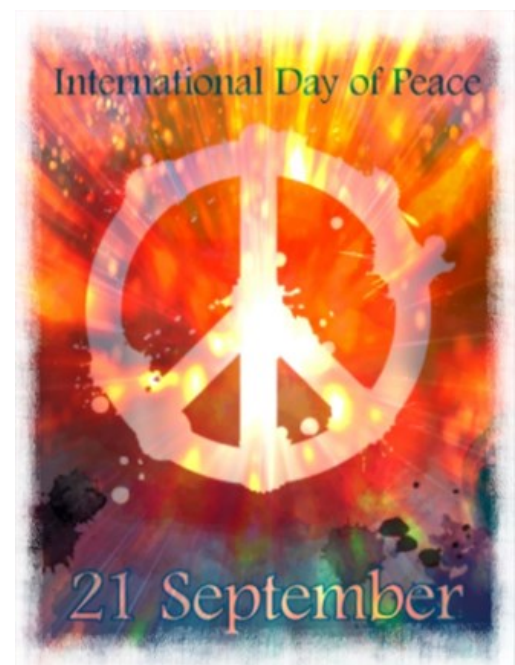
The Milang Community News is produced on behalf of the Milang and District Community Association Inc (MADCA).

The committee of the Association accepts no responsibility for damage of any form which may occur as a result of the contents of this publication.

The opinions expressed in the Milang Community News are not necessarily those of MADCA.

Front Cover - First Colours of Spring
Photo courtesy of Christine Danton

Milang Community News is online
Download a pdf version at <http://milang.org.au>



From the Manager's desk

This month I would like to give a special welcome to Cheryl Norton, who comes to us as our new Finance Officer. Cheryl brings a wealth of knowledge and expertise to our organisation with her background in banking as well as her work in schools, local businesses and community organisations. Already Cheryl is making a great difference and is proving to be a great support to all staff and volunteers.



I spoke about changes in funding last month, and we said farewell to Colleen White who has worked with MOSHCC for 7 years in the role of Growing Life Connections program manager. While we cannot provide 1 to 1 support in the capacity that Colleen was able to, we are funded to provide activities and programs based on community need and strengths with a view to improve wellbeing and reduce loneliness and isolation in our community.

Already the Community Centre provides a number of programs that fit the bill, however we have a bit more scope now to initiate some new programs.

For a start this month we are running two series of workshops which you will find advertised here in the Community News: Dare to Dream and the Grief and Loss support group.

Each of these will run for 5 weeks, there is a small cost, with the majority covered by the grant from the Department. We may be able to run a number of one-off workshops such as this, where we have

a paid facilitator, or we can also look at other programs run by volunteers, that are more self-sustaining and utilise the space and facilities supported by the grant that way.

Some Community Centres also run full cost recovery workshops, where the centre would source a skilled artist or facilitator to run something such as a day workshop.

The possibilities are quite endless but do require ideas and expressions of interest from the community. So please don't hesitate to have a chat to myself or another staff member or drop into reception with your ideas. We have so many great spaces to use in the community for activity, the Community Centre itself, the Institute, the Youth Hub (Old Regatta Clubhouse) the Community Garden, and of course the exciting opportunities that may arise at the Butter Factory for even more activity, as that beautiful historic building comes alive again.

Finally, last but by no means least, the Milang Old School House Community Centre is turning 20!!! Save the Date, Saturday the 7th October 2023, we will be hosting an open day with lots of fun activities and things to eat.. and .. I do believe we are planning the return of the great Scone Bake-off... a traditional part of any of our big birthday celebrations!

Planning is well underway, but make sure to put that date on your calendar, the plan is to start things off at 10am. Keep an eye on the MOSHCC Facebook for more info, here in the news early next month, emails and posters etc.

TTFN
Stuart Jones
MADCA Manager



Card Afternoons

This is an open invitation to anyone who may be interested in coming to our card afternoons every Tuesday at the Community Centre.

Time is from 1pm to 4 pm with a cuppa and cake included at a cost of \$2.50. The games played are Crib, Canasta and Jonola, but could include Euchre and Rummy.

Those wishing to learn will be given free tuition. Come along for a fun couple of hours.

For more information, phone Pauline on 0427 370 050.

Calling all Knitters/Crocheters,

ex & wannabe

Knitters /Crocheters!!

Or



Anyone who would like to be part of the 'Just Yarning Group' group, please call Lyn on 0407 370 079.

We meet at 10.30 on Thursday mornings at the

Milang Mini Mart Café and Providore

to knit squares to be sewn together to make rugs that will be distributed locally to those in need.

Donations of 8ply wool would be greatly appreciated and can be left at (MOSHCC) Milang Community Centre.

If you are interested or have any queries,

Please contact Lyn - 0407 370 079



Friday Feast in the

Ace Space

Thanks to our marvelous volunteers

Next feast—1st September

**Please call 8537 0687 to book by the previous
Wednesday**

Cost \$9.00 for a 2 course meal

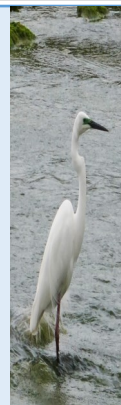
Tai Chi

As the coolness comes we need to move and release tightness so that our joints keep mobile. Continue gently each day - start with your feet, ankles, knees, legs , hips , spine, neck, arms, fingers, head...

Gently loosen, lightly stretch, open and let the body relax. The more we relax the more the systems in the body work well. Remember to stop, loosen, breathe, create your own little movements to ward off tension and tightness.

Wednesdays at 1pm in the Milang Institute Supper Room.

Stay warm - shake out tension - move to keep the circulation going!



Website of the Milang & District Community Association Inc.

We produce videos with voice overs to promote your business in our region. Call John today for a demonstration on how we can help you promote your business at an affordable price on 0431 601 850

Your local Community Centre working for your business. www.youfindit.com.au



Meals on Wheels

We deliver smilessm

Please call 1800 854 453—for information on how to order

Not Done Yet
Virgil Goncalves

Alone and abandoned, it stands
erect, motionless on soggy grass.

Expiry date long gone, it's forced
to endure environs unfamiliar.

Markedly special,
it cradles forever memories.

I've missed the spoils:

stains
left behind by doodled paints,

nicks
left behind by flailing spoons,

scratches
left behind by jagged gadgets.

I can't let it go.

Under cover of midnight sky
I tippy-toe to its rescue,

squirrel it into my man cave
with other keepsakes.

Having saved its skin,
with a dotting touch,
I trace the curves

of my grandson's high chair.



POETS CORNER

Dawn Song
Gabrielle Morgan

Leafless branches silhouetted
against the pale dawn light,
A smudge of black and white
reveals a magpie at the window.
Tap, tap, tap, a demanding beak
against the glass.
Alert, with piercing eyes,
it sees my form and watches.
I ignore, but its plea
for food gets stronger.
Quickly it struts
the window's length, lifts its head,
and in full performance mode
serenades me. A clever bird!
With seed in hand, I do its bidding.

Shout
William Anthony

I got him a beer
and another.

No, he said I'll get you one.

And another, then we'll be even.

True blues will
never be even.

They will owe each other for ever.



*Poets are encouraged to submit their poems for Poets Corner to:
PO Box 251 Milang 5256 or jude_poet@yahoo.com.au*

Live Music in Milang

WISKY JAK

On Saturday 9th September, Wisky Jak will be making a return appearance and will be playing at the Milang Bowling Club after a great show earlier in the year.

They play 60's, 70's 80's and 90's great music and vocals together with brilliant guitar playing. See the advert for more details.

This show is not to be missed and is a fundraiser for the community. So please support them, a lot of effort goes into bringing live music to Milang.

Norm and the Entertainment Committee of the Bowling Club.



GREAT NIGHT OF DANCING WITH LIVE MUSIC BY
WISKY JAK
TICKETS \$20
SATURDAY 9TH SEPTEMBER 2023
MILANG BOWLS CLUB
4PM - 8PM
BYO NIBBLES
ALCOHOL / SOFT DRINKS AVAILABLE AT THE BAR FROM 3:30PM
NO BYO ALCOHOL / SOFT DRINKS
FOR TICKETS CONTACT:
PAUL PRICE - 0432 601 482
GEOFF WILLIAMS - 0419 865 894

MILANG & DISTRICT COMMUNITY ASSOCIATION INC.

Notice of the AGM of Milang & District Community Association Inc.

This is to advise you of the upcoming Annual General Meeting of the members of Milang & District Community Association Inc.

Everyone Welcome

followed by tea, coffee & nibbles.

The details of this meeting are as follows:

Tuesday 5th September 2023 at 6:30pm

**At the Milang Institute, Supper Room,
Cnr Ameroo Ave & Coxe St Milang.**

Nomination Forms for Committee and Office Bearers are available from Milang Old School House Community centre or on the website, or by contacting the Secretary Ray Perry at the MOSHCC on 85370687

www.madca.org.au

ALREADY READ BOOKS



Due to overwhelming lack of storage space, we are unable to accept any donations of books just now.

However, if you can hold on to them until mid-October



THANK YOU... we appreciate your support.

ALREADY READ BOOKS

Milang Lakeside

Butter Factory

Open Dates: **SEPTEMBER 2023**

Saturday 9th	10am to 3pm
Sunday 10th	10am to 3pm
Saturday 23rd	10am to 3pm
Sunday 24th	10am to 3pm





FUNDRAISING ALREADY READ BOOKS

Donations of all sorts are pouring in to the ARR Book shop making it a home from home. We had a generous donation of books and a huge, lovely carpet square for the shop which will keep dust down and toes warmer. At this time, we are short of space to store any more books and would ask that if you are thinking of donating books to ARR to hold onto them for a few more weeks. Hopefully after that time we will have space to store them.

I hope we've had our coldest of weather and look forward to Spring which will be here by the time you read this.

Now that Spring is on the doorstep, we hope that people will venture out and visit us and the Butter Factory to see the amazing progress that has been going on behind the 'White House' and the Arched Iron roof...

August was a slow month for ARR but we had over \$291 donated in the first 3 weeks. Luckily BOOK WEEK happened on the 19th of August and we took advantage and opened on the Saturday (an extra day) which made our total, and we still have next week to go.

Recently Lyn had arranged for the Milang School students to come and visit ARR during Book Week. They arrived on Wednesday of Book Week dressed as their favourite fairytale character. So, we had several Harry Potters, a fairy, a princess, a cat, a bear, a package/robot and possibly a dinosaur visiting us. (ARR raised over \$315 during August)



Ros, one of our ARR volunteers offered to read the youngest students a story and she had them sitting spellbound whilst reading the story of Possum Magic. *Well done, Ros.*



The Middle School Students preferred to browse rather than listen to a story reading. All students left ARR smiling with either a book, a DVD, Jigsaw puzzle or some Book Week memento of their choice.

Below Lyn with ARR volunteers and 'Polly Esta' the furry possum who delighted all the students, with her cuddly shyness!



Milang Campus - Adelaide Symphony Orchestra

The Adelaide Symphony Orchestra string section delivered a concert to The Milang Eastern Fleurieu School, parents and visitors. It was a great performance at the Institute Hall of light-hearted tunes with the audience tapping their toes and humming along.

The audience were taken by the conductor Martin Butler, who gave an in-depth explanation of the history of each piece played. His knowledge of composers was extremely interesting, and all enjoyed his explanations. The school children were made to feel part of performance, with star pupil Hudson Steele being taught by Martin on how to play the violin after a quick three-minute instruction session.



Hudson gave a fantastic performance joining in the orchestra during a performance of a number by being promoted by Martin with a tap on his shoulder on when to play. Hudson did a fantastic job and I think he might really make a great performer in the future.

A big thankyou to all performers for a great demonstration of their music.

Dare to Dream

A 5-week wellbeing group program for women

This wellbeing series supports women and is facilitated by an experienced counsellor. Topics will be determined according to group needs and interest and may include:

- Developing a self-care plan
- Assertiveness skills
- Empowering self
- Managing anxiety
- Managing depression
- Well-being after trauma
- The power of positive thinking
- Reaching goals
- Less stress and more energy
- Being your authentic self
- Great communication matters

Dates: Wednesdays 6, 13, 20, 27 September & 4 October

Time: 2:30pm - 4:30pm

\$5 per session

**Location: Milang Old School House Community Centre,
24-25 Daranda Tce, Milang SA 5256**

08 8537 0687 or reception@moshcc.com.au

Facilitated by Kathryn from www.akomcounselling.com.au



WOW Group Update

Hans Heyson House

Hans Heyson House was this month's WOW outing, with new ladies joining in the fun. After collecting a couple of ladies from Strath, we headed to our next WOW adventure, enjoying great conversation on the way.

We arrived at Hans Heyson House and were immediately impressed with the beautiful gardens surrounding the house. The staff were then kind enough to offer the ladies the guided tour in their own group. The guide led the ladies through the house, giving its history and that of the Heyson family. What an extraordinary house. The tour then headed to Nora Heyson's studio, with all her art on display, with the guide telling the ladies about her amazing accomplishments.

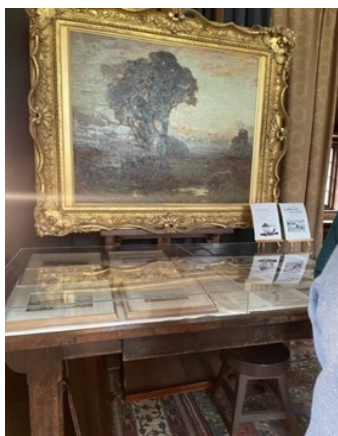
Hans' studio was the last building on the tour, sitting adjacent to the house, on top of a hill. Denise was adamant the studio was a must for me to see, as I am an artist and would really appreciate the space Hans had created and she was absolutely correct. A massive window allowing natural light, this room was truly awe inspiring.

After our tour, the ladies and I had worked up quite the appetite, so we were off to the German Arms for a feast. Once all our belly's were full, the ladies were keen to go for a walk down the main street of Hahndorf. Having found a dress shop with some dresses out the front, all the ladies convinced me to purchase a 70s inspired dress. I was not sure at first, but ladies, good call!!! Great dress!!

What a great day ladies! A big WELCOME to the new ladies, Rose, Margaret and Rosemary, that joined us for the day. I hope to see you at future WOW activities.

September 20th will be an in-house activity at the institute. We will be screening the movie that was filmed in Milang, *Shadows of the Heart*. Any ladies interested in joining us, please contact MOSCHCC for further information.

See you at our next adventure ladies!!!



WOW WONDERFUL WOMEN'S GROUP



September 20th
Movie—*Shadows of the Heart*
(filmed in Milang) @ Institute

Information and WOW pamphlet is at MOSHCC should anyone be interested in joining the group.

Contact Reception at MOSHCC on
8537 0687 for bookings or email
lakeshomecare@moshcc.com.au

PLANNING FOR OUR FUTURE, TODAY

Southern Fleurieu Health Forum

Tuesday 19 September 2023



10am to 11:30am

Victor Harbor Convention Centre
McCracken Drive, Victor Harbor
Morning Tea Provided

You are invited to join the conversation with medical and health policy experts, speaking to the current strengths and opportunities of our Health Services and how we might prepare for the future.

SCAN TO REGISTER OR GO TO:
davidbasham.com.au/future-of-finniss-health-forum



Registrations close 15/9/23

Guest speakers include:

Dr Andrew Benson
Retired in 2022 after 33 years as a local GP at Victor Medical Centre.

Ashton Hurn MP
Shadow Minister for Health
Member for Schubert

Penny Pratt MP
Shadow Minister for Regional Health
Member for Frome

Finniss Electorate Office
08 8552 2152
finniss@parliament.sa.gov.au
www.davidbasham.com.au

DAVID BASHAM MP
Delivering for the Community



TRIVIA



Answers Page 22

By Jude Aquilina

1. What gift does a male penguin give a female in courtship?
2. What is the most consumed vegetable in Australia?
3. What kind of creature is a slippery dick?
4. What is the Chinese gooseberry fruit commonly known as?
5. What is the only English word with the last letters 'mt'?
6. Referring to a baby carriage, what is the word pram an abbreviation of?
7. What colour is the cross on the Swiss flag?
8. What is a male swan called?
9. What was Elvis Presley's natural hair colour?
10. What is the only mammal capable of true flight?



'Stepping On'

Keep Active ... Stay Strong
Strength and Balance

Tuesdays from 10—11am at
The ACE SPACE at the MOSHCC

A weekly one-hour exercise class using gentle and controlled movements to improve strength, balance, flexibility and coordination in a fun and supportive environment.

Small group, suitable for all abilities, (priority given to CHSP clients), EMAA (Easy Moves for Active Ageing) Trained Instructor.

Good balance is needed to keep us moving about confidently and safely.

Please speak to Sue at the Milang Community Centre

Phone: 8537 0687

Cost: Gold Coin Donation



MEDIA RELEASE

David Basham MP Member for Finniss



Butter Factory

Wednesday 30 August 2023

“The formidable power of volunteers is just one reason why I am so grateful to live and work in the Southern Fleurieu region.” Mr Basham shared with members of the Butter Factory Project in June.

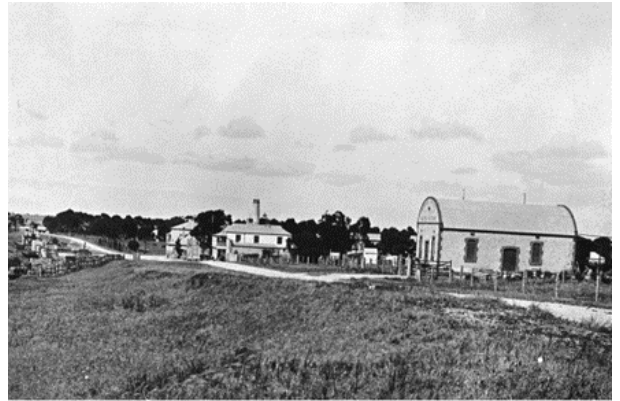
As part of his Engage program, Mr Basham has found it a privilege to visit all centres in the Electorate of Finniss on a rotation of ‘coffee catchups’ .

In June, Mr Basham and staff enjoyed a delicious coffee at the Milang Mini Mart Café and Providore, followed by a most engaging tour of the Community “Butter Factory project”.

Milang is becoming known for restoring historical machinery, interpretive signs and useful historical buildings and these attract a growing number of visitors to enliven the peaceful community.

In 2016, the Milang and District Community Association and the community became the proud owners of the old Butter Factory. Mr Basham commented that on his recent visit, the site was a hub of activity, clearly used by locals and has an exciting vision for the future with projects continuing.

“I love to see progress and community projects take shape, so it was an honour after my visit to provide letters of support for recent project submissions” said Mr Basham.



If you have any projects that you would like supported by the Local Member, or places, events and businesses of interest to visit, please contact the office of David Basham MP.



Over 50's Keep Fit Class

Milang Institute Hall
Thursday 10am-11am
All Welcome

For info call MOSHCC 8537 0687

We won't let our body succumb to old age.

Therefore, we try to prevent that by strength and stretch movements (and laughs and giggles)

Every Thursday between 10 and 11 o'clock.

So do your body a favour and join us.



MILANG MERMAIDS WOMEN SUPPORTING WOMEN

**On our journey as women we are often called upon to support others.
This group will endeavor to support you.**

As women we learn so much from all generations and there is always so much more to learn. Within this group we provide a safe place where we can share and care for each other along this journey called life.

CONTACT DETAILS

Sylvia - 0428 884 586
Gill - 0459 808 294



September 4th - 2pm to 4pm Ace space Milang - Card Making please bring along something to share tea and coffee provided.

September 20th - 5.30pm weather permitting is our annual Bonfire night. Meeting at Milang Ace Space if you need a lift we can carpool there. This is a night where we sit around the bonfire telling yarns for all to share or not and we have so much fun.

Food wise we eat and share vegetarian food so bring a plate to share.

Toe Nail Cutting & Grooming



Are you finding it hard to cut your own toe-nails??

Let us help!!

Our Enrolled Nurse Valerie is willing to assist.

All you do is make a booking on 85370687, we will have a list of dates and times available.

So just register, the fee will be \$10.00 and you will need to bring along a small hand towel.

Justices of the Peace

Please ring for an appointment

Mr L.F. O'Driscoll 8537 0051

Karyn Bradford 8537 0067

Alcoholics Anonymous

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Meetings every Sunday at 5pm
Reg Sissons Day Care Centre, High St Strathalbyn
Contact 24 hours (08) 8221 6999





MILANG

OLD SCHOOL HOUSE
COMMUNITY CENTRE

20th

BIRTHDAY

2003 - 2023

COME AND CELEBRATE

SATURDAY 7TH OCTOBER
FROM 10AM

For more information visit www.moshcc.com.au

or call 08 8537 0687

24-25 Daranda Tce, Milang SA 5256



September 2023

5 th	Ryan Hopgood
6 th	Joan Rodgers
9 th	Ray Johnson
10 th	Natalie Falzon
11 th	Inge Barthel
12 th	Thomas McLean
14 th	Dean Wakefield
18 th	Kylie Greening
20 th	Trevor McLean
21 st	Nichola Ross
22 nd	Karyn Bradford
23 rd	Raymond Perry
26 th	Raelene Wakefield Alex Stone



Happy Anniversary!

18 th	Pat & Adrian Ross
20 th	Anne & Peter Wilson

Rainfall for August 2023



Tue 01/08/2023	0.6
Fri 04/08/2023	2.8
Sat 05/08/2023	0.8
Tue 08/08/2023	0.4
Thu 10/08/2023	4.4
Sat 12/08/2023	4.2
Sun 13/08/2023	9.4
Fri 18/08/2023	1.6
Sat 19/08/2023	0.2
Tue 22/08/2023	14.8
Wed 23/08/2023	0.2
Sat 26/08/2023	0.2
Tue 29/08/2023	0.2
August Total	39.8 mm



Eastern Fleurieu
R-12 School

Milang & Langhorne Creek R-6 Campuses

Our Playgroups cater to families with children from birth to 5 years. Attendance is FREE.

Milang Playgroup is run every Tuesday morning during the school term from 9-11am.

Langhorne Creek Playgroup is run every Friday morning during the school term from 9-11am.

Milang Campus:

Head of Campus—Susannah Cook
(08) 8537 0223

Langhorne Creek Campus:

Head of Campus—Les Cameron
(08) 8537 3145



BUTTER FACTORY REPORT

August 2023

What a month! So much going on and it seems every Thursday it rained, so much so we cancelled one of our concrete pours. But with deadlines looming its full steam ahead. The Working Bee crew have decided to have a bit longer day to get a little more done, THANKS SO MUCH guys every little bit helps at this stage of the game. So to update on last month's report, all the stainless steel bench tops and splash backs have been installed in the kitchen, all the cabinetry is done with some really great storage in the kitchen and the store room, which is accessible from a separate door in the pergola.

On the concrete front, we did get a good pour in front of the new toilets at the back, it was under the cover of the veranda and only light drizzle so we got away with that Thursdays pour, Ray and Wayne got a little damp but we got it done. Last week we laid the first section of the extended pergola area, one more to go then Norm can concentrate on the crazy paving. The extended area of the pergola will be a great space to have a sip of something out of the wind, north facing with some landscaping, it will be the place to go when the breeze comes off the Lake.

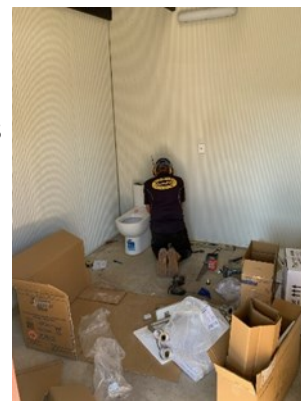
We have now transformed The White House as of last month to the bright new shiny silver one, the last sheet went onto the back of the kitchen, with heaps of cut out sections to



Dave fixing the last sheet in place.

incorporate windows, doors and a myriad of fittings. It took six of us under guidance from Dave, to fit the piece, it went without a hitch, thanks all, and what a brilliant job of measurements, well done Dave. Don't be worried, with sun, wind and rain it will dull down to the very durable and pleasing hues of yesteryears galv. The Butter factory cladding is already starting to lose its shine, weathering to an eye-pleasing level.

During the week the toilet bowls and hand-washing sinks were fitted to the outside toilets and are now in use all be it the sink water connection has not been completed but hopefully will be next week.



Michael Lewis, our plumber installing the bowl in the disabled toilet

Grant Holiday our electrician has been busy preparing the Cottage and Butter Factory for the Wi-Fi fit out data cables running everywhere, this will mean anywhere between the MOSHCC and the Butter Factory you will be connected to the Wi-Fi network. The network specialists are coming next week to install the main control boxes and repeaters.



Primer on the wall ready for the Wi-Fi control box.

Late last week our pergola arrived from Stratco so will be going up this coming week then the gas lines can be put in and the concrete poured, to finish off the back of the Cottage. Another job being done in the Cottage is the preparation for painting, gap and nail hole filling, sanding and priming ready for the finishing coat of paint. A time-consuming job but will all come together quickly when the spray gun comes out. The signwriting is slowly progressing dependant on other jobs and the weather of late. Plans are also in the pipeline regarding the landscaping but more on that later.

Last week was Book Week and the ladies at Already Read Books hosted the Milang Primary School children for a story telling morning, more on that in this publication. So that's all from me this month I'm off to give the toilet floor its second coat of paint, see you soon.

Cheers

John Bradford, Site Manager

LAKES HOME CARE

Lakes Home Care can help you with your daily activities to make life easier and give you more time for you. Call us today on 85370687

- Gardening
- Housework
- Shopping
- Transport
- Medical Appointments
- Equipment



LAKES
HOME CARE
your community
your choice

Grief and Loss Support Group

(Running for an initial 5 weeks)

This support group is facilitated by an experienced counsellor. Topics will be determined according to group needs and may include:

- Understanding the grief cycle
- Coping skills and self-empowerment
- Developing a self-care plan
- Wellbeing after trauma and the Window of Tolerance
- Managing anxiety & depression
- Understanding your values, boundaries, and assertive communication
- Better sleep for more energy
- Tapping into spirituality for finding meaning & purpose and inner peace
- Understanding personal strengths and developing resilience

Dates: Fridays 8, 15, 22, 29 September & 6 October

Time: 10:00am - 12:00noon

\$5 per session

**Location: Milang Old School House Community Centre,
24-25 Daranda Tce, Milang SA 5256**

08 8537 0687 or reception@moshcc.com.au

Facilitated by Kathryn from www.akomcounselling.com.au

MILANG
OLD SCHOOL HOUSE
COMMUNITY CENTRE



It's Time for Spring Cleaning: **Let Us Help You!**

Dear Community Members,

As the weather warms up and the days get longer, it's a perfect time to welcome the new season with a fresh start. And what better way to embrace spring than by giving our homes a thorough cleaning? It's time to open our doors, let the sunlight in, and rejuvenate our living spaces.

At Lakes Home Care we understand that keeping up with household tasks can sometimes be challenging, especially for our HCP (Lakes Home Care Community) clients. That's why we're here to lend a helping hand and make your spring-cleaning experience a breeze. Our team of dedicated professionals is ready to assist you with all your cleaning needs, ensuring a clean and organized home for the season ahead.

Why Spring Cleaning?

Spring cleaning goes beyond just tidying up the physical space. It carries numerous benefits for our mental and emotional well-being. Here are a few reasons why spring cleaning is an essential part of preparing for the new season:

1. **Declutter:** Over time, our homes tend to accumulate unnecessary items. Spring cleaning provides an opportunity to declutter our living spaces, creating a more organized and stress-free environment.
2. **Fresh Start:** Just as nature goes through a rejuvenation process, spring cleaning allows us to start afresh. By tidying up and removing dirt and dust, we enhance the overall cleanliness and hygiene of our homes.
3. **Improved Indoor Air Quality:** Regular cleaning helps eliminate allergens, dust mites, and other pollutants that accumulate during the winter months. This can lead to improved indoor air quality, reducing the risk of allergies and respiratory issues.
4. **Mental Health Boost:** Cleaning and organizing can have a positive impact on our mental well-being. It provides a sense of accomplishment, reduces stress, and promotes a calm and serene living environment.
5. **Productivity and Focus:** A clutter-free space can foster increased productivity and better focus. When our surroundings are clean and organized, it's easier to concentrate on tasks and achieve our goals.

How Can Lakes Home Care Assist You?

Lakes Home Care is dedicated to assisting our HCP clients in various ways, and spring cleaning is no exception. We offer professional cleaning services tailored to your specific needs, ensuring your home is sparkling clean and ready for the season. Our team of experienced cleaners will handle all the tasks you require, leaving you with more time to enjoy the beauty of spring.

Simply reach out to our Lakes Home Care customer support team either on 08 85370687 or the mobile 0488 435050 and they will help schedule your spring cleaning appointment.

You can book a specific date and time that suits your schedule, making the process convenient and hassle-free.

Let us handle the heavy lifting, while you experience the joy of a refreshed and organized home. We are here to support you every step of the way.

Conclusion

As the flowers bloom and nature awakens, let's leverage this time to refresh our living spaces and embrace the energy of spring. Lakes Home Care is here to lend a helping hand and make your spring cleaning an effortless, enjoyable experience. Take the opportunity to declutter, improve indoor air quality, and boost your overall well-being.

Contact us now to schedule your spring-cleaning appointment and let us help you create a home you'll love coming back to.

If you are not a HCP client but one of our valuable CHSP Clients, your not forgotten either call us for a small nominal fee to also spring clean your homes...

Wishing you a clean and vibrant spring season!
Customer Support Team

Lakes Home Care



LAKES
HOME CARE
your community
your choice

SALA 2023

@ The Clayton Bay Community Hall

The annual SALA event at the Clayton Bay Community Hall was held over the last 2 weekends in August and was again a great success.

There were twenty two artists who exhibited their work and the range of arts were amazing and included paintings, photography, fused glass, lampwork glass, books, a broad range of textile arts, funky pots, blacksmithing and much more.

The event was officially opened on Saturday 19th August and the wonderful Max Pook-Kathriner, a young Saxophonist played for the audience.

There was also a display of 15 Echidna's that had been created by a group of Clayton Bay artists using mosaic techniques with a broad range of materials and there was also an Alice in Wonderland 'Mad Hatters Photo Booth' which proved very popular. A HUGE thank you to all of the people who worked so hard to make this event such a success.



This article aims to provide an overview of the aged care services available in your area and through our community centre. Focusing on assisting and supporting all our community members and the elderly.

Aged care services are crucial in ensuring senior citizens' well-being and quality of life, encompassing a wide range of support mechanisms tailored to individual needs.

The government offers various programs to support aged care, including the following:

Government-funded Programs

CHSP – Commonwealth Home Support Program, entry-level into aged care

Home Care Packages – Provides a range of services provided at home, such as personal care, housekeeping, and nursing support. These packages are assigned based on individual needs and are reviewed periodically.

Respite Care: Temporary caregiver support, giving them a break or providing care during emergencies. Respite care can be provided in residential care facilities or at home.

In-home Support Services for HCP

Government-funded programs provide.

- 1. Personal Care:** Assistance with bathing, dressing, grooming, and medication management.
- 2. Domestic Assistance:** Help with household tasks like cleaning, cooking, and laundry.
- 3. Transport: Services** providing transportation for appointments, grocery shopping, or social outings.
- 4. Social Support:** Volunteer services that include companionship, social activities, and assistance with community engagement.
- 5. Allied Health Services:** Access to healthcare professionals such as physiotherapists, occupational therapists, and speech therapists for specialized care needs.

6. Home Garden Maintenance and Minor Maintenance team to help fix those little matters that arise around the home.

Support for Caregivers

Recognizing the important role of caregivers, various support mechanisms are available, including.

Counselling and Emotional Support, Counselling services help caregivers or consumers cope with stress, grief, and mental health matters through our Community Centre.

Access to information on Education and Training: Workshops and sessions to enhance caregivers' knowledge and skills in providing care.

Support Groups: Forums for caregivers to connect, share experiences, and seek advice from others in similar situations.

Financial Assistance: Programs that provide financial support to caregivers, such as carer allowances or subsidies.

Aged care services orchestrate a comprehensive support system for elderly individuals, offering a range of options to cater to their specific needs. The government-funded programs, private providers, and community organizations ensure senior citizens receive appropriate care at home or in residential care facilities. Additionally, caregiver support services are pivotal in assisting and alleviating the burden on individuals caring for elderly loved ones.

It is recommended that individuals seeking aged care services thoroughly research the available options and consult with professionals or agencies to determine the most suitable support mechanism for their specific needs.

If you need help on your aged care journey or support navigating the Aged Care System, give us a call and speak with one of our friendly customer care team members to book an appointment, whether your HCP recipient or CHSP on 08 85370687 or Mobile 0488 435050.

Disclaimer: This provides a general overview of aged care services and is not a substitute for professional advice. It is important to consult with relevant authorities or professionals for personalized recommendations.



WHY MENTAL HEALTH FIRST AID?

MENTAL HEALTH FIRST AID (MHFA) TRAINING

REALLY MAKES A DIFFERENCE

Approximately 20% of Australian adults experience a common mental illness each year. Completing a MHFA Course will help you to develop the skills to support a friend, family member or co-worker.

Having mental health first aid skills means that you can assist someone developing a mental health problem or experiencing a mental health crisis and make a real difference to your community.

MHFA courses are based on evidence of what is best practice mental health first aid to support someone who has a mental health problem or is experiencing a mental health crisis.

RESEARCH HAS SHOWN THAT MHFA TRAINING IS ASSOCIATED WITH:

- ◇ KNOWLEDGE
Improved knowledge of mental illnesses, their treatments and appropriate first aid strategies.
- ◇ CONFIDENCE
Confidence in providing first aid to a person experiencing a mental health problem.
- ◇ DE-STIGMATISING
Decreases in stigmatising attitudes.
- ◇ INCREASED SUPPORT
Increases in the amount and type of support provided to others.

MOSHCC will be offering MHFA to anyone in the community that would like to do it in the near future. Keep an eye on our newsletter and Facebook pages.

Contact Vivienne at MOSHCC for further details
PH: (08) 8537 0687
MOBILE: 0483 897 220
vivienne@growinglifeconnections.com.au

The "R U OK?" logo, where the letter 'O' is replaced by a simple smiley face with a yellow mouth, set against a bright yellow background.

R U OK? Day

Thursday, 14th September 2023.

The day is a reminder to all Australians that every day is the day to ask,
"Are you ok?"

By Vivienne Maher

R U OK Day is an important initiative to promote Mental Health awareness and encourage people to check in on their friends, family, and people in their community. It is a reminder that a simple question like "Are You Okay? Can make a significant difference in a person's life, potentially opening up a conversation about their struggles and offering support. It is vitally important to look out for signs that someone might be struggling and to create a safe space for them to talk about their feelings. **R U OK? Day** fosters a more compassionate and understanding community.

Mental Health Support

Lifeline: 13 11 14

Beyondblue: 1300 22 4636

Suicide call back: 1300 659 467

Living beyond Suicide: 1300 761 193

Men's Health Line: 1300 789 978

Parent Helpline: 1300 364 100

Kids Helpline: 1800 55 1800



1. Ask

- Be relaxed and friendly when you ask R U OK?
- Help them open up by asking questions like “What’s been happening?”
- Mention specific things that you have noticed, such as “you are less talkative than usual” or “I’ve noticed you haven’t been going out as much”
- If they don’t want to talk, don’t criticise them – Tell them that you’re still concerned, and you care about them.
- Ask them if there is someone else that they would rather talk to.



3. Encourage action

- Ask what have you done in the past when you have been feeling like this.
- Ask How would you like me to support you.
- Ask what is something that you could do right now that you enjoy doing.
- You could say something like – When I was going through a rough time, I tried (Mention something that you or a friend has tried) You might find it useful too.
- If these feelings have lasted more than two weeks, encourage them to see their doctor and offer to help them make an appointment etc.



2. Listen

- Take what the person is saying seriously and don’t rush or interrupt the conversation.
- Don’t judge but acknowledge that things seem tough for them.
- If they are having trouble speaking or need time, sit patiently with the silence.
- Encourage them to explain how they’re feeling about what is happening to them and how long they have been feeling this way.



4. Check in

- Stay in touch with them and be there for them. Having someone that shows they care about you can make a real difference.
- Ask them if they have a way to manage their situation – if they haven’t don’t judge, just listen.
- Send a simple text message saying something like “I’ve been thinking about you and wondering how you are going?”

These steps create a structured and compassionate way to approach someone who might be going through a tough time, providing them with a listening ear and avenues for support.

MOSHCC is seeking Volunteers

Do you have you some spare time on your hands ?



Would you like to assist in one of our many community projects?

In particular we are currently looking for people who would like to work in Reception and also we are in need of people who would like to drive clients to and from appointments (vehicles are provided).

You will find a very friendly bunch of people and make new friends very quickly. You will find it very rewarding to be involved with such a great group of people.

Call MOSHCC on 8537 0687 and ask for Vivienne

TRIVIA ANSWERS

From Page 10

By Jude Aquilina



1. A pebble is gifted to female penguins
2. The tomato is Australia's most consumed vegetable
3. A slippery dick is a fish
4. The kiwifruit is a Chinese gooseberry
5. Dreamt is the only word ending in 'mt'
6. Pram: perambulator
7. The cross is white on the Swiss flag
8. A cob is a male swan
9. Elvis was blonde
10. The bat is the only mammal that can fly

the power of humanity



Red Cross News September 2023

The opening times for The Cheer Up Hut when our Flag is flying: -

Wednesday and Saturday

9am until Midday

We have a large array of Men's, Women's and Children's clothes, Bedlinen, Children's Books and Assorted Toys, all are welcome to come and browse.

If anyone is in need of clothing at any time, please Contact Bec on 0402244804 or Tracy on 0417299391. Discretion is assured.

The small stall by the oval entrance has a selection of Books, DVD's, Plants & Toys etc. A donation Box is available at the stall.

Thanks to everyone for your support for the Red Cross.

We are having an Open Garden visit to Marchismick Gardens, 33 Stirling Street, Milang on the 27th September at 1:30pm. Devonshire Tea is included in the cost of \$10.

We would love to have more volunteers. If interested, please Contact Bec or Tracy on the above No's.

Next meeting will be on the 6th September at the Railway Museum at 12:30

Doris & Chris Lambert
Publicity Officers



Milang Cottage Garden Club monthly outing report

It seems like the off season has been forever this year. Some members have enjoyed holidays away while others have had health issues. We hope the latter have a speedy recovery.

Those who "kept the home fires burning " are taking a well-earned break in September. Therefore, there will be NO FRIDAY NIGHT DINNERS IN SEPTEMBER!!! The workers need some time off to recuperate before bowling season starts.

However, that does not mean there's nothing on!

SEPTEMBER 9TH - Wisky Jak are back. \$20pp
Contact Paul on 0432601482 or Geoff on 0419865894 for information and tickets.

SEPTEMBER 23RD - Club opening day. All players welcome 12.30pm at the Club

SEPTEMBER 29TH - QUIZ NIGHT - \$10pp make up a table of 8 or come as a pair, triple, whatever.

Bowls season begins in October.
SOCIAL BOWLS begins on October 10th 6.00 pm start. Everybody welcome. Experienced, new players, curious players or anyone just wanting a social evening, relaxed and fun with others. You are all welcome.

Sorry this is a short one but there is a lot happening. Hope to see you soon at the Club.

Bev Spicer



Hi all gardeners

Once again our yearly marathon trip happened and 5 centres were the programme for the day. Starting at Portrush Road and ending at Yatala Vale each centre offered many specials and diverse selections, especially Golden Grove where the café serves a great lunch and warranted cuppa.

At Yatala Vale – cheap plants on previous visits and a very friendly cat gave us a welcome and checked all of our purchases. Alas puss is no more, but his replacement has yet to learn the routine and I'm sure in time he will.

Our drive home through the hills was very relaxing, except for some of the tricky bends which Peter negotiated well. Time for another cuppa, oh no, Wistow Café not open, so onto Strathalbyn and yes found our last rest stop.

Unfortunately, Anne & Jeff could not make this trip due to other commitments but back to usual next month on our visit to the Mt. Barker nurseries. There will be a spare seat if anybody wishes to join us on our fun day out.

To book please ring Anne on 8537 0453 or June on 8537 0432.

PS all of the spring seedlings should be available on our next trip.

June

Sundays at Milang Station 12 to 4



Devonshire Teas \$6
Hamburgers \$8
Steak Sandwich \$8
Cappuchino \$4
Iced Coffee \$5
Cheese Dog \$4
And lots more ...



Plus Craft Shop
& Free Train Rides

Open on Saturdays
12 - 4 Displays Only



Volunteers needed for maintenance, train driving, guides, cafeteria staff, etc.

www.milangrailway.org.au or 0414 232 060

VOLUNTEERS NEEDED

We need volunteers to help out with social, recreation and sports activities for young people in Milang and surrounds

Would you, or someone you know, like to:

- Make a difference to young people in your community
- Volunteer in a fun, friendly and well-supported environment
- Gain skills and experience relevant to sport and recreation, community, or youth services
- Flexible roster.

This is an exciting opportunity to support a local youth program co-funded by Milang and District Community Association, Reclink Australia, Alexandrina Council and the Alcohol and Drug Foundation. Young people encouraged to apply.

For more info or to apply, contact MOSHCC on 8537 0687 or visit moshcc.com.au/2023/01/10/youth-volunteers



Friday Youth Hang Out

Fridays, 4:30-6pm during school term

At the Milang Youth Hub, Paddlesteamer Drive

A FREE social program for youth

Activities Hang Out Have Fun Make Friends JOIN US!

Follow us...



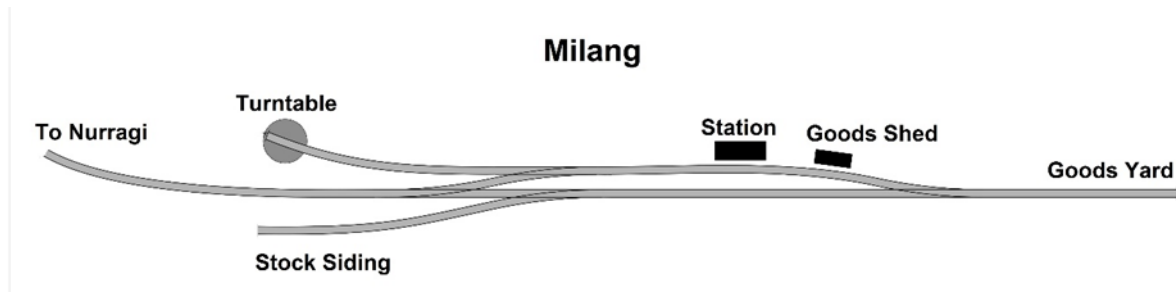
For more info contact the Reclink Youth Activities Coordinator
0432 304 166
lyall.willis@reclink.org



All Aboard—August 2023

The Railway at Milang

We all know what the Milang railway station looks like now but how did it used to look when the railway was running? East of the station it was pretty much the same with a small goods yard a few wagons parked and the crane which is there now. Adjacent to the crane was the weigh bridge, which is also there now but out of use. But the western end of the station was quite different.



Approaching Milang, the railway swung right down the western edge of the town and then left into the station. The line crossed the Clayton Road and entered the station area passing railway cottages and the stock siding to the south and the turntable to the north.



The Barwell Bull railcars normally travelled forwards only and therefore had to be turned on the sixty foot turntable before returning to Strathalbyn. When the railway closed, the turntable was scrapped and the one which is there was brought from Truro soon after the Railway Museum was opened.



The station building had three rooms for parcels, the station master's office and the ticket office. A waiting room was built on the side of the ticket office with the ladies toilet within. Gentlemen went behind a bush.

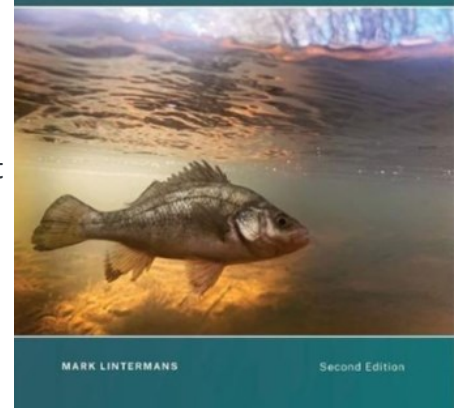
The water tank was provided for steam locos although, after 1942, the only ones to be seen were those operating the rare railway enthusiasts' tour trains.

The goods shed was used to store freight awaiting transit and a stack of fish boxes can be seen in the photograph above. Also in the photo, there are distant views overall carving turned on the turntable end, to the left, the cottages which railway workers shared with a lot of snakes.

A fresh look at the Basin's native fish

Fishes OF THE Murray-Darling Basin

The original text, written by Mark Lintermans and published by the Murray–Darling Basin Authority in 2007, was the first book of its kind, exclusively documenting the fishes of Australia’s largest river system. Mark Lintermans is a freshwater fisheries ecologist with over 40 years of experience in fish research, management and policy development. His research focuses on the management and ecology of threatened freshwater fish and crayfish, and strategic intervention and mitigation to deal with aquatic threats.



Lintermans’ second edition of *Fishes of the Murray–Darling Basin*, published by the Australian River Restoration Centre, has been fully revised, incorporating new ecological information on existing and additional species accounts. The number of freshwater fish now known to occur in the Basin has increased from 57 species in the first edition to 63 species in the second edition.

One of these new species, the critically endangered stocky galaxias, was found to only occur in approximately 3 km of stream in Kosciuszko National Park. Since the release of the second edition of the book, the species has taken part in a successful captive breeding program which has seen a new population of more than 120 stocky galaxias released back into the Snowy Mountains.

The text contains detailed information on the identification, habitats, biology, and distribution of the Murray–Darling Basin’s native fish, and the current issues threatening the Basin’s fish and aquatic ecosystems. The book is a guide for anyone interested or involved in the native life within our rivers and is a great resource to learn about the many unique species that inhabit the Basin’s waterways – from the iconic Murray cod to smaller species such as the galaxias, gudgeon, hardyhead and pygmy perch.

To complement the new edition of the book, a *Fishes of the Murray–Darling Basin* companion website has been developed. Immerse yourself in the world of the Murray–Darling Basin through this new resource and learn about key topics such as threats to native fish, native fish recovery, First Nations’ connections, and fish identification.

We supported this project with funds from the Native Fish Recovery Strategy, and also provided data mapping and scientific observations of native species.

The Native Fish Recovery Strategy is an Australian Government initiative developed in partnership with Basin state governments, First Nations, scientists and the wider community to complement water recovery and contribute to the environmental objectives of the Basin Plan, by providing greater benefits for native fish than water recovery alone. While the Strategy does not have regulatory or legislative power, it influences and contributes to a range of processes to aid native fish recovery – for example, supporting objectives set out under the Water Act 2007, threatened species legislation, the Basin Plan and State policies and laws.

Native fish education and awareness is one of many key actions of the Strategy, and the revision of *Fishes of the Murray–Darling* and development of its companion website is a great example of the kind of projects being undertaken to build community knowledge and contribute to the vital legacy of the Basin’s native fish.

(Information sourced from the MDBA website) Published: 18 August 2023

Southern Districts Flying Club

We now put winter behind us for another year and move into our spring season. Spring is the start of warmer weather, clearer skies and with luck some lovely flying conditions.

For those of us that enjoy whale watching from above it was an incredibly disappointing season with but a few whales transiting the area. It is usual to see mother and calf combinations sitting off Bashams Beach, Port Elliot, Goolwa area for a couple months but sadly none were spotted this year. Lets hope for a better whale season next year.

Some 25 of our members enjoyed our mid-year luncheon at the Bridge hotel, Langhorne Creek. As usual the food was good and with a few drinks casual conversation flowed late into the afternoon.



The airfield all set up & ready for the "Hangout at the Hangar" party.

This past weekend Langhorne Creek Grape & Wine Incorporated held their "Hangout at the Hangar" show in our long hangar and a closed off section of the airfield. The day started with low cloud and a little drizzle but by starting time the weather cleared to a fantastic day. Over 200 people enjoyed the event with relaxed acoustic music in the hangar while a DJ kept feet moving with some dance tunes in the big tent.

Mr. Fill-it kept the fish-n-chips coming while next door the pizza van was pumping out hot tasty pizzas.

Cheese platters, coffee, hot chocolate all proving popular. Local wineries were showcasing their wines and of course my favorite Little Pete offering some magnificent Ale and their wonderful Stout. Adelaide Airsports were on hand to take people for a short flight around the local area in their range of gyroplanes. It was a great day and good to see so many local businesses' working together to promote the Langhorne Creek, Milang area and what it has to offer.

Our next events include Sausage Saturday coming up at the airfield on Saturday 2nd September, then a Pizza night and club meeting on Saturday 23rd September. September 30th is scheduled for our annual flight to Marion Bay and with luck the weather will cooperate allowing a relaxed flight there and back over the long weekend.

Membership to Southern Districts Flying Club is open to anyone with an interest in aviation. If you would like to be involved you can find information and membership details on our web site:

www.sdfc.org.au

Come Fly With Us!



What better way to experience the thrill of flight than to have a Trial Flight with one of our qualified instructors in a Gyroplane?

Experience first hand the freedom of flight as you take the controls under the guidance of your instructor.

Gift Vouchers Available

For bookings or further information contact Larry:

0408 815 094



www.airsports.com.au

MEC NEWS - August 2023

MILANG ENVIRONMENT CENTRE

corner of Weeroona Drive and Jupiter Street Milang.

P O Box 338 Milang SA 5256 Ph:85370201

Email: mecinc@adam.com.au

OPEN: 10 AM – 4 PM WEDNESDAY & SATURDAY

WHAT HAPPENS TO YOUR PLASTIC BOTTLES, ALUMINUM CANS & CARDBOARD CARTONS?

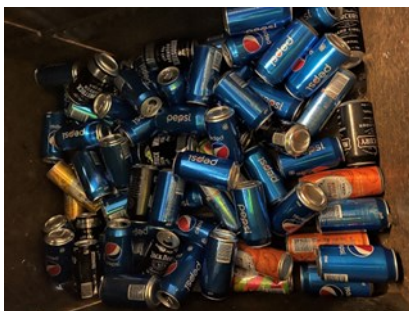
The Milang Environment Centre (MEC) recycles a considerable number of plastic bottles, aluminium cans, and cardboard drink containers for the local community. This volunteer run service helps to keep the region's parks, streets, public areas clean and litter free as well as reducing the waste going into landfill. The MEC receives plastic bottles, beverage cans and cartons from residents who are paid in cash the required deposit on each container.

But have you ever wondered what happens to your plastic bottles, aluminium cans, and cardboard containers after MEC pays you the deposit?

CRUSHED IN THE DEPRESSOR

All in-coming plastic bottles, aluminium cans and cardboard drink containers delivered by customers or collected from major consumption sites such as the Pier Hotel and Milang Caravan Park are efficiently counted by the MEC volunteers (aka "dinosaurs").

Plastic bottles of varied sizes and types are then placed into the MEC crushing machine known as 'The Depressor' and first reduced in volume then packed into bales holding a maximum 500 crushed plastic bottles.



Aluminium soft drink & 'other' cans in 'The Depressor'

The aluminium cans are sorted into beer and other/soft drink types then crushed and packed into separate bales of 800 crushed beer cans, and 1500 crushed soft drink

cans. Cardboard drink containers such as ice coffee are crushed and packed into bales of 500.

Aluminium soft drink cans crushed and dropped into storage bale



The completed bales containing crushed plastic bottles, or soft drink cans, or cardboard drink containers are stacked and stored in the MEC operations shed until there are enough bales to fill a MEC truck delivery to the Statewide Recycling facility located a long trip north-west of Milang in the industrial suburb of Ottaway.



Bales of crushed plastic bottles and crushed soft drink cans

Volunteers Dave and Chris load bales of crushed plastic bottles onto MEC truck



MEC bale for 500 crushed plastic bottles storage

SUPER COLLECTOR

Statewide Recycling is an example of what is known under the SA Container Deposit Scheme as a 'Super Collector' which is an entity that physically receives, processes, and compacts containers for recycling from authorised collection depots such as MEC.

Statewide Recycling have been providing this important 'Super Collector' role since 1977 when the SA Government introduced Australia's first Container Deposit Scheme which guaranteed consumers 10 cents deposit refund on every recyclable drink container. Statewide sort and process all types of deposit scheme containers and distribute them to other companies which complete the regeneration process for reuse or recycling the different materials.

'Super Collectors' such as Statewide Recycling work closely with the SA Environmental Protection Agency and importantly, facilitate compiling up-to-date statistical records of the amount and type of materials collected and recycled. Now THAT'S RECYCLING! So, this is what happens with your used deposit plastic bottles, aluminium cans, and cardboard containers. Further information may be obtained at:

<https://www.statewiderecycling.com.au>

MEC DONATIONS

The Milang Environment Centre is a volunteer run organisation that provides a valuable community service by paying for deposit aluminium, glass, plastic, and cardboard drink containers, accepting green garden organics, and metal waste for modest fees. Funds earned by MEC are used to pay operating expenses, and importantly to sponsor and support local community projects and other service organisations. MEC recently donated \$500 to the local Milang CFS.



MEC boss Don Boyce presenting a donation to Milang CFS Brigade Captain Alistaire McInnes (right)

Anyone interested in being a MEC volunteer, actively learning about recycling, operating machinery, driving tractors, trucks or forklifts, enjoying delicious cakes during long tea breaks, meeting and chatting with local residents, please contact MEC by phone or email or call in personally Wednesday or Saturday.

Milang Environmental Centre Serving our community

The Milang Environmental Centre is a community run organisation and an asset to the residents of Milang.

Ph **Don 0423 105 261 or Chris 0411 474 529**



Services:

- Recycling depot for glass, plastics, metal and garden organics.
- Bottles and cans deposit paid.
- Recycled items for sale.
- Electronics, household and garden wastes incur a fee.

Hours: Wednesday and Saturday 10am - 4pm

Corner of Weeroona Drive and Jupiter Street MILANG

Lakeside Men's Shed at the oval

**BBQ every Thursday (donation)
From 12:00 oon**

Come and experience our relaxed atmosphere and share yarns with other like-minded people.

Take the opportunity to check out the Men's Shed facilities and current projects.

The Lakeside Men's Shed is working to assist in men's metal health issues and is supported by SA Health and the local community.



Milang Community Garden

Newsletter - December 2023

Business As Usual Down at The Garden

A sense of Spring is in the air and the garden is slowly waking up! We look forward to more veggies and colourful flowers as the season moves on. Our gardeners have been busy cleaning up and setting up the beds for new plantings. The fruit trees are all pruned and the new buds are beginning to form. Preparation for the hotter weather is well under way with refining the irrigation system, composting and mulching.

The last of the carrots & parsnips have been harvested.



Onions seedlings have been planted in newly prepared beds, silver beet & beetroot is nearly ready to pick. Some of our members have planted specific insect attracting plants throughout the garden, to attract the bees and other good critters to help with pollination.



Out and About

A group of our gardeners had a most excellent excursion to *Pine Park* at Tungkillio. Joyce Fendler and her daughter Marie, have created a splendid garden around their family homestead. Marie exhibits plants at the country shows. Joyce, who celebrated her 90th birthday in April, taught cookery in schools and was a volunteer steward & judge at the Adelaide Show for fifty years. We were treated to a lovely country kitchen morning tea as well as a detailed tour around the gardens. We then enjoyed lunch at the Palmer Hotel and finished the day with a visit to the State Flora and Serenity Nurseries at Murray Bridge.



Mrs.Fendler & the garden group

Gardening Goss: Tips n Bits n Pieces

"The Magic Of Mulch"

Adding Mulch on top of the soil is one of the most effective ways to slow weeds, retain moisture and keep gardens healthy.

They range from bark and wood chip, grass clippings, hay straw, lucerne, sugar cane, newspaper, packing materials, pine needles, sawdust, seaweed, pebbles and shells/husks. Natural jute fibre and coir are often used to control erosion.

Ref: Helen McKerral. ABC Organic Gardener; October 2022 pp 45,46

Take a walk on the wild side!

Most people are aware that walking has multiple health benefits, but did you know walking outside supercharges them? Studies show that walking outdoors can have a positive effect on not only our physical health but also on our mood and cognition.

It turns out 'getting some fresh air' is a smart idea. Walking in the great outdoors gently increases the heart rate, delivering more oxygen to the brain and other tissues in the body. In addition, exercise such as walking releases neurotransmitters called endorphins, which act like the body's own pain relief. The list of benefits goes on: walking can prevent memory loss, improve mood and even slow down the signs of aging by boosting collagen production.

However, the benefits of walking on our physical health should not be overlooked. Walking around 30 minutes a day has the following benefits:

- Strengthens bones and muscles which is an essential for managing osteoarthritis and managing age related deconditioning.
- Prevention of conditions such as heart disease, stroke, high blood pressure, osteoporosis and type 2 diabetes.
- Maintaining a healthy weight and building muscle while losing body fat.
- Improves cardiovascular health.

Walking has many benefits. It's free, assists with a healthy mind and body and can be a social outlet when walking with other people.

Why not start a walking group with friends and family? If you can't walk for 30 minutes, focus on how much you're able to walk and go from there.



Goolwa Health Co

10 Dawson St, Goolwa SA 5214

Ph 85287650



Website: www.goolwahealthco.com.au

Services:-

- * Rehab
- * Physio
- * Ageing Solutions for a healthier life
- * Onsite Pilates Studio
- * Rehab Gym

Spring is on the way, so remember to slip, slop, slap. Or rug up if it's chilly. Regardless of the weather, get out there and get a breath of fresh air.

Come and talk to the team at Goolwa Physio if you would like to discuss how walking can help you.

Tam Dandridge of The Good Health Co. Goolwa.

MEDIA RELEASE

Beacon 19 Boat Ramp opening Saturday! 29 August 2023

Following a \$1.9 million upgrade by the Alexandrina Council, the Beacon 19 Boat Ramp near the Goolwa Barrage will be open to the public this weekend (Saturday, 2 September 2023).

The Beacon 19 Boat Ramp is one of the main access points to the Coorong National Park and has recently been renovated to provide modern boating facilities and safer access to the Coorong and Lower Lakes for water users.

The upgrade was funded by Alexandrina Council with support from the Government of South Australia through a \$650,000 grant from the Economic Stimulus funding program.

The project involved dredging, the replacement of the 40-year-old, existing wooden jetties and the installation of a new pontoon structure and beacons to make it easier and safer for boat users to launch and retrieve their vessels.

Alexandrina Mayor Keith Parkes said the new facilities would enhance the reputation of Goolwa and surrounding areas as a premier boating destination.

"The new, improved ramp will also encourage opportunities to link Beacon 19 with the natural attractions of the Coorong such as bird watching, bushwalking, kayaking and other water sports," Mr Parkes said.

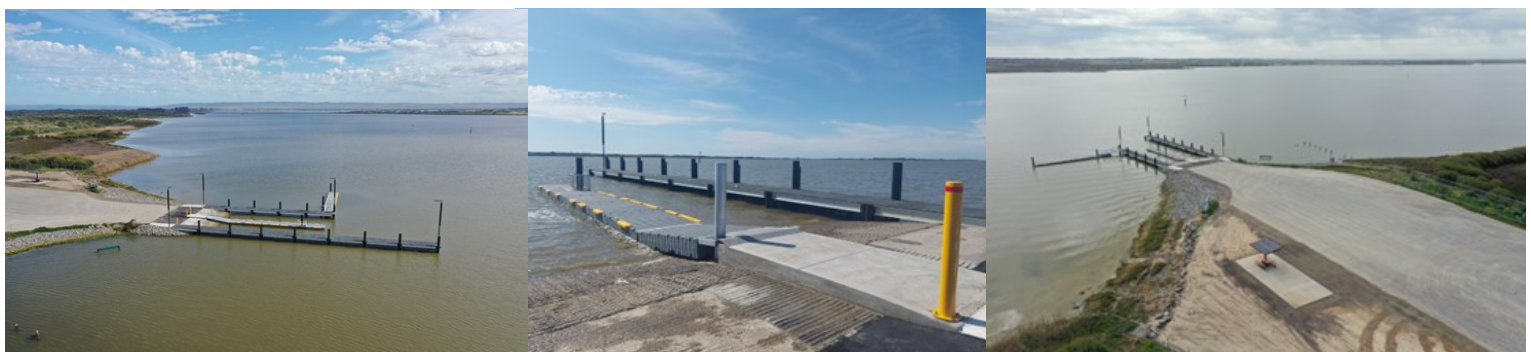
"The facilities give visitors another reason to explore the Alexandrina region, and it assists our community to capitalise on regional tourism opportunities, such as leveraging educational and tourism tours associated with the Storm Boy feature film, South Australian Wooden Boat Festival, and boating events in the Lower Lakes."

Alexandrina Council's Chief Executive, Nigel Morris, said upgrading the infrastructure was critical for community safety.

"One of the main aims of this project was to make it easier for boat users to launch and retrieve their vessels in Goolwa," Mr Morris said.

"The project involved the replacement of the existing wooden jetties with modern, longer structures and it includes the installation of beacons to improve safety and navigation.

"The lighting and signage will make the boating experience safer and more enjoyable for locals and visitors alike."



No. 1 - CREAM AND MILK SUPPLIERS TO MILANG BUTTER FACTORY

BILL BAGLEY

by Alwyn Hopgood

Patrick Bagley (b 1790) from Country Armagh and his wife Rossanna (b 1795) from Country Monaghan left Liverpool on 4th October 1852 for Port Adelaide on the ship *Shackamaxon*

The vessel was built in Philadelphia USA in 1851 and was fitted for passengers in 1852. Captain West was in charge of the new ship and the cost of the voyage was around 16 pounds.

Patrick and Rossanna had seven children: Patrick, James, Dennis, Sussanah, Charles, Peter and Catherine. They moved to Milang between 1859 and 1865; and the first land they took up was section 744, Hundred of Bremer, bought by their third son, Dennis in 1875.

The bridge over the River Angas was built in 1875 and was known as Bagley's Bridge. A sign has recently been installed officially naming this bridge that crosses the river beside the original Bagley home and property, known as *Lakeside*.



Several dairymen in the Milang district had Australian Illawarra shorthorn (AIS) milking cows. These cows were dark red in colour and large framed. Mr Bill Bagley, whose property was situated next to the first bridge on the east side of Milang on the Lake Road, had a large milking herd for those days, of 30 to 40 cows. Mr Bagley built a stone milking shed, still standing today, which facilitated his milking for many years. Living on a flood plain with some cold and wet nights to contend with, the AIS breed of cow was adaptable to conditions and served Mr Bagley well for a long time. Mr and Mrs Bagley were good town people and, with their children Nancy, Maree and Bill junior, were highly respected in the Milang area.



Some Bagley family members were active in the Milang Cricket Club, most notably Jim Bagley the first child of Peter and Catherine. At an early age, Jim had an accident involving a horse drawn dray which injured his hand. Despite this, he was an outstanding bowler and was still playing cricket in 1927 at the age of forty-seven.

Mr Bagley had a lake frontage property, which he used in summer months when it was necessary to drive his cows across the Lake Road once a day. During some wet years, his property became flooded by the Angas River. At these times, a lot of extra work was required in moving his stock to higher ground until the level of water subsided. This eventually had its advantages, as later, the flooding improved the pasture. The Bagley family supplied both cream and milk to the Milang Butter Factory for some time.



HISTORIC GRAVES IN THE MILANG CEMETERY

No. 29 - Goldsworthy

By Mervyn Hopgood

John Goldsworthy married Helen Mann on the 25th March 1857. John died in 1892 aged 63 years and Helen died in 1917 aged 78 years. Twelve children were born to the marriage, Margaret Ann the eldest married Henry Shipway and the couple had seven children. John Mann the second eldest married Elizabeth Warren and the couple had four children.

Maria Jane was the third eldest child and she married Richard Blackwell. James the youngest child of the couple was born a few months after his father's sudden early death thus he never knew his father. He left school at an early age and helped his mother in her shop next to her house in Milang.

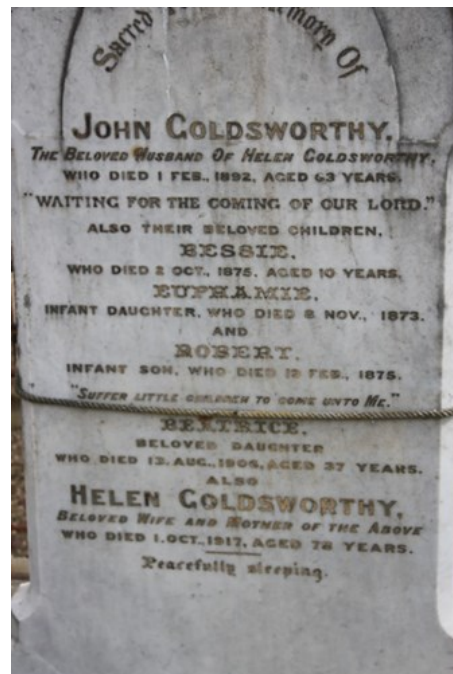
He then moved to Adelaide and was apprenticed to the Waymouth Motor Company. While he was in Adelaide he met his first wife Edith Ellen Holloway, they married on the 22nd August 1923. Daughter Eula was born in 1924, but Edith sadly and very suddenly died four years later. James then took his four year old daughter back to Milang where he began a service station and repair shop in the vicinity of his mothers' shop. His garage was at the very end of Watson Street opposite the Motel and very close to the old railway line. He was a good mechanic and kept very busy. In 1931 he married his second wife Dorothy Ellen Howard and a few months later the couple moved back to Adelaide where he was employed at Cornell Ltd. for several years and then Perry Engineering as a Fitter and Turner. He was still working there when he died in 1965 aged 65.

The fourth child of John and Helen Goldsworthy was Helen Isobel who was born in 1862 and in later years was known as Auntie Belle. She was brought up on her father's farm in Milang and served most of her life in the home for she never married. She was a great reader and student of the Christian word. She always had a cheerful nature and was known to be a good listener to others points of view. She was devoted to the Church of Christ in Milang. In later life she lived with her sister Annie in Milang near the Anglican Church. She died in 1943 aged 81 years and is buried in the Milang Cemetery.

David Mann Goldsworthy was the fifth child of John and Helen Goldsworthy, born in 1864 he was educated at the Milang Primary School and lived in the district all of his life. He farmed a property known as "Heavitree" on the Point Sturt Road. Beside his usual work and attention to his farm he was an active worker within the township of Milang and District. As a citizen he was esteemed for his wisdom on business matters and integrity of character. He married Hannah Jane Blackwell in 1902, but the couple were not blessed with children. Hannah was known to be generous, patient and very capable in practical works, she was a good ginger and had a strong and true contralto voice. She lived on past her husband's death and died while residing at Grange aged 83 years.

The sixth child of John and Helen was Betsy Begg, but she only lived to be 10 years old. Her gravestone in the Milang Cemetery refers to as being called Bessie.

The seventh child of John and Helen was William Edward. After working for a short time on his father's farm, William left for Victoria and worked for a local contractor building homes. He did this for about 10 years before forming a business partnership with Jim Coles, known as Goldsworthy Coles and Company with the claim to be universal providers in Nhill. It proved to be a very profitable business venture. It is thought that William died in 1951.



The eighth child of John and Helen was Beatrice, she was brought up on her father's farm "Fairview" at Milang. She was baptised into the Church of Christ at Milang and was a foundation member of the Sunday School and her influence left a power of good in the school. It is believed she suffered a painful illness for the last three years of her life and died on the 13th August 1906 aged 37 years.

The ninth child of John and Helen was Annie Selina who was born in 1871, she supported all Church of Christ activities in Milang, she was an organist in the church and was very capable of handling children in the Sunday School classes. She possessed a sweet and amiable spirit and was always kindly and gracious towards others. She lived with her sister Beatrice in their home built for them in 1922, however as Beatrice had died in 1906 she would not have lived in that house. I think it is meant to be Helen who remained single and died in 1943 aged 81 years. My Auntie May and Harry Woodrow lived next to them. I well remember Annie living in the house and going to church on a Sunday morning. Annie was the last member of the Goldsworthy family to die, at a rest home and hospital in Unley. She is buried in the Milang Cemetery.



Herb Goldsworthy and his wife in front of their home about 1915

The tenth child of John and Helen was Euphemia, born in 1873 but she lived only seven days. Two years later her younger brother Robert died aged but two hours. Both are buried in the Milang Cemetery.

The twelfth child of John and Helen was Samuel Herbert known as (Herb). He was born 3rd April 1877 on his parent's farm at "Fairview" on the shores of Lake Alexandrina. He farmed all his life, he was a very loyal member of the Milang Church of Christ, having been the Secretary for 52 years, a state record, he was also superintendent of the Sunday School. He married Elizabeth Rose Manning and although the couple had no children, Lizzie as she was known loved children. She had a Sunday School class, was involved in the Band of Hope and supported children's activities whenever she could.



On the occasion of the Point Sturt Church of Christ's 80th anniversary. Back: Herb Goldsworthy, Lin Mann, T. E. Yelland, W. S. Yelland, Jack Pearce, Ern Newell. Front: David Goldsworthy, John P. Yelland, Jim Oakley, A. H. Wilson (preacher).

Herb was an excellent horseman and loved to race horses around the district. I remember Herb attending the Church of Christ morning services when I attended there as a teenager a very tall man and seemed reasonably fit for his age. He died on the 9th February 1956 aged 78 years and is buried in the Milang Cemetery.





asis

Gardens Function Centre



Our award winning tropical garden



726 Langhorne Creek Road

Belvedere 5255

8536 4815

www.ogfc.com.au

Email: info@ogfc.com.au



It's time to book
Your
Christmas Function

Book your Christmas Function for your club, organisation now.

(Closed Christmas Day)



Oasis High Tea

Beautiful Traditional High Teas.
Bookings essential

Breakfast is served from
9am, Thursday to Sunday



2 course \$26.90 menu every
Friday and Saturday night



\$16.90 Thursday and Friday lunch
specials

Our full menu is available on our
Website for everyone to view.

Lots of tasty meals to enjoy.



Tuesday:
Bar opens 4pm to 8.30pm
Meals 5.30pm to 7.30pm

Wednesday to Saturday:
Bar opens 11.30am to 9.00pm
Meals 11.30 am to 2pm and
5.30pm to 8pm

Sunday:
Bar opens 11.30am to 8.30pm
Meals 11.30am to 2pm and
5.30pm to 7.30pm

**Schnitzel night Thursday nights
5.30pm - 8pm**

Bookings 8537 3010

Fine Beer



Great Food

Great Wines



Open

Monday to Friday 6:00am – 4:00pm

Saturday 8:00am – 2:00pm

Freshly cooked meals, sandwiches, salads and pies, locally roasted coffee and cold drinks, general grocery items and local produce. Catering for events available (24 hours notice)

P 8537 3023 E gday@langhornecreekstore.com.au
www.langhorncreekstore.com.au

Milang Bakery

29 Luard Street Milang

Open Mon-Fri 6:30am-4:30pm / Sat 6:30-3pm / Sun 8:45am-3pm

Pies, Pasties, Cakes, Bread, Rolls, Pastries

Party Orders Welcome Ph 08 8537 0086



Milang Mini Mart

PH 8537 0801



Open 8am to 8pm Mon – Sunday

Shop 9, 10-17 Daranda Terrace, MILANG

Groceries	Hamburgers	Sandwiches & Rolls
Fresh Meat	Hot Dogs	Pies & Pasties
Fruit & Veg	Mahalia Coffee	Cakes & Pastries
Fresh Fish	Fleurieu Milk	Ice

'Friendly Staff'

Sandy and Michael Moar

Port Milang Café

Shop 1 Daranda Tce MILANG



- * Hot chicken
- * Fish & chips
- * Burgers
- * Espresso coffee
- * Newspapers
- * Dine in and take away
- * Range of drinks
- * Milk

Monday –Saturday 8am-7pm
Sunday and Public Holidays 8am-7pm
Phone orders welcome!

8537 0146

**Tess & Paddy are always there
to welcome you**

Strath Corner Bakery

8536 3570

Mon-Fri - 6am-5pm

Sat & Sun- 7am-5pm



3/1 Dawson St, Strathalbyn



Baked daily, a full rang of pies, pasties, sausage rolls, quiches, cakes , fresh rolls and sandwiches. Coffee, tea, hot chocolate and a full range of cold drinks and juices.

A great place to enjoy a snack or lunch.





Recycling for the future

Strathalbyn RECYCLING

15 Dry Plains Road, Strathalbyn. Ph 85363999

- **Pays cash for all 10c deposit items**
- **Also accepting – non deposit glass such as jars and wine bottles, paper, cardboard, scrap metal, non deposit plastics with no's 1,2 & 5 inside the recycling triangle & clear soft plastic.**



Trading hours

- Tuesday 9am-4pm
- Wednesday 9am-12pm
- Thursday 9am-4pm
- Saturday 9am-1pm
- Closed all public holidays



Recycling for the future

Murray Bridge RECYCLING

55 Thomas Street, Murray Bridge. Ph 85324551

Trading hours

- Monday to Friday 8am-5.30pm
- Saturday 8am-12.30pm
- Closed public holidays



Murray Bridge Recycling can provide Waste, Recycling and Document Destruction collections for home and business in the following areas:

Murray Bridge, Mannum, Tailem Bend, Mt Barker, Strathalbyn, Milang and Langhorne Creek.

Call Todd on 0419 829 050 for more information or to organise a quote for a bin to suit your needs.



Rebekha Sharkie MP
Federal Member for Mayo

South Coast office

26 Hindmarsh Road, McCracken
Tuesday and Thursday, 9.30am to 4.30pm
08 8398 5566



**SOUTH COAST OFFICE
NOW OPEN
TUESDAY & THURSDAY
9.30AM TO 4.30PM**

Authorised by Rebekha Sharkie, Unit 3, Barker Plaza, 22-28 Hutchinson St, Mount Barker, SA, 5251

Expert advice on health issues



More competitive prices

- * Medical certificates
- * Vaccinations

- * Sleep Apnoea management
- * Diabetes management

21 High Street, Strathalbyn

T: 08 8536 2266

10 Dawson Street, Strathalbyn

T: 08 8536 2266

Shop 5 10-17 Daranda Tce, Milang

T: 08 8537 0785

Open Mon-Fri / 1pm—5pm



Art Classes

Clayton Bay & Strathalbyn

- Beginners
- Intermediate
- General

Book Your Spot
online: maearts.com.au
email: melkin@adam.com.au
mobile: 0401 839 592
(local artist: Madeleine Elkin)

ROB WHEATLEY CONSTRUCTIONAL STONEMASON

0438 584 586

Over 25 YEARS EXPERIENCE
 SPECIALISE IN MATCHING
 EXISTING STONEMASK

**RUINS RESTORATION • REPOINTING
 RETAINING WALLS • SLATE PAVING
 CRACK REPAIR • UNDER SETTING
 FEATURE WALLS • FIREPLACES**

WE WILL TRAVEL

Church Services—Milang and surrounding areas

Church Of Christ, corner of Watson & Coxe Streets , Milang

Enquiries—Peter Wilson 0407 607 638

Sunday Service 9:30am

Friendship & Craft at the Church Hall—Wednesday 10:00am—12:00 Noon

Uniting Church, corner McDonald & Orana Streets, Milang

Enquiries—Nola Deer 8536 4429

Sunday Service 10.00am

Anglican Church—St Marys, corner Luard & Maroo Streets , Milang

Enquiries—Rev. Alex Stone 0405 084 794

Sunday Service—8.15am (1st and 3rd Sundays of the month)

Lutheran Church

Cnr Commercial Road & North Parade, Strathalbyn

Pastor Matthew Edgecomb 8536 3322

Catholic Church—Good Shepherd, East Terrace, Strathalbyn

Father Richard Morris 8391 1053



Milang Lakeside Caravan Park

National Tourism Industry

Accredited Park

PARK FACILITIES

- ◆ Pet friendly
- ◆ Boom gate
- ◆ Kiosk
- ◆ BBQ undercover area
- ◆ Ensuite cabins
- ◆ Standard cabins
- ◆ On-site vans
- ◆ Powered sites with sullage
- ◆ Unpowered sites
- ◆ Van storage
- ◆ Dump point
- ◆ Full tourist information
- ◆ Happy friendly service

Owners—Bob & Betty

PH 08 8537 0282

1 Woodrow Drive, Milang SA 5256

Email milangpark@bigpond.com

<https://www.milangcaravanpark.com.au>



'Life is Good at the Lake'

Local Plumbing & Gas Fitting

Reliable - Friendly - Affordable

*After Hours Emergency

*All domestic plumbing repairs

*Hot water *Repair/Replace

*Gas Fitting *New/Existing

*Rain water & pumps

*All marine & mobile homes

*Gas catering equipment

Call Andy or Jay:

0408 807 212



Milang Post Office
18 Luard St,
Milang SA 5256
Ph (08) 8537 0061



- * Banking Agents
- * International Currency
- * Cash and Master Cards
- * Inter flora Agent
- * Western Union Agent
- * Full Range of Stationary & Gifts
- * Parcel Service

- Mobility Scooters
- Wheelchairs
- Batteries
- LED Lighting
- Camping Accessories
- Health Care Products
- Solar Panels
- Servicing and Repairs



12 Volt Sales

6a Rankine Street Strathalbyn

Phone: 8536 2144

www.12VoltSales.com.au



FEEL HEALTHIER NATURALLY

Louise Armitage qualified Bowen Therapist and Homeopath
Bowen Technique-gentle bodywork for all muscle pain

Homoeopathy-for all common health conditions

Around 20 years experience; health fund rebates may apply

14 Albyn Tce Strathalbyn and also Milang

Ph (Bus) 8536 8070 for more info

www.lahomeopathy.com.au

Stratton Earth Movers & Drainage

Jon Stratton
0417 801 138

PO Box 340

Milang SA 5256

jstratton68@gmail.com



Josh Harris Painting

Phone: 0401 295 528

email: josh1992harris@gmail.com

No job too BIG or too small



JHP
PAINTING
AND
DECORATING

Builders Licence: BLD2895080

BN: 71216907419

White card: 40161-GP-00000302-0

EWP: YC112064



Julie's Hair About Town

Hair care for all the family

By appointment only

Cutting | Colouring | Perming

Ph 0413 318 663



May and Co

Hair and Beauty

Shop 5, 10-17 Daranda Tce. Milang

Call for an appointment 0439 177 151

- Male and female haircuts
- Hair colouring
- Hair styling
- Eyelash extensions



LAKESIDE CURTAINS

CARAVAN CURTAINS & SOFT FURNISHING

Unit 3, 10-17 Daranda Terrace, Milang
0413 803 797

Call Ivy for a made to measure to replace those nasty old curtains
and cushions / seating for your caravan.



Milang Auto Repairs

- ⇒ Fuels / Lubricants
- ⇒ Logbook Servicing / All Mechanical Repairs
- ⇒ All Models / Cars / Diesels / Commercial / Bikes
- ⇒ Tyres / Electronic Tune-Ups
- ⇒ Large range of hardware and fittings

27 Watson Street

Milang

8537 0005



**The
OFFICE
Shop**

Locally owned since 1989,
old fashioned face to face
friendly service

14 Coral Street Victor Harbor 5211

t: 08 8552 2177

e: sales@theofficeshopvh.com.au

w: www.officeshopvictor.com.au



- * Mobile Device Centre - Sales - Helpdesk - Accessories & Repairs
- * Phone Bill Health Checks * Stationary Supplies * Toners & Inks
- * Business cards * Office furniture and much much more

Would you like to advertise in this space?

If so, please contact

John Whyte

Email: john.whyte.milang@gmail.com

0431 601 850





What's on in our region for September 2023



All of September		The SALA Exhibition at the Stationmaster's Gallery features Judy Garrard and Glen Howlett. Open daily from 10am-4pm, the exhibition will run right through until 28 September.
During September		The Strathalbyn Youth Theatre will present its new production "Merry Men" at the Chapel Theatre on Friday & Saturday evenings 8 & 9 and 15 & 16 September at 7pm , with matinee performances on Sundays 10 & 17 September at 2pm . "When Maid Marian learns that she has to marry the evil and incompetent Sheriff of Nottingham, she and her ladies-in-waiting hatch a scheme to hold him at bay ..." Tickets \$15 adults and \$10 children are available from The Bookkeeper or online at www.trybooking.com/CKHVH
Saturday	2	Angas Go Kart Club will hold their Outlaw Classic Blue Ribbon event. From 2pm at 96 Nine Mile Road, Strathalbyn - entry \$5pp, U14 free.
Sunday	3	Spoil Dad on Fathers' Day with lunch at the Victoria Hotel – Best Dad Joke competition, live music, win a Fathers' Day hamper. Bookings https://vichotelstrath.com.au/events/fathers-day/ Oasis Gardens Restaurant and Function Centre is holding a special Fathers' Day Luncheon – bookings 8536 4815
Wednesday	6	Red Cross - Meeting at the Railway Museum at 12:30
Friday	8	The Strathalbyn Auto Collectors Club's Weekend Away to Mildura will take leave from 8-11 September – visit their website for details - https://www.strathalbynautocollectors.com/events/weekend-away-at-mildura or contact Kate on 0429 671 685.
Saturday	9	"Whisky Jak" are back at the Milang Bowls Club from 4pm-8pm. BYO nibbles - alcohol and soft drinks from the bar from 3.30pm (no BYO alcohol or soft drinks please). Tickets \$20 from Paul 0432 601 482 or Geoff 0419 865 894. The Supreme Australian Working Sheepdog Challenge will be held at Strathalbyn Oval from 9-17 September. Novice section Saturday & Sunday 9 & 10 , with Championships commencing Monday 11 September. Free entry, refreshments available
Sunday	10	From 11am til 2pm is "Come & Try Day" at Strathalbyn Tennis Club. All ages and abilities are welcome to register! Free sausage sizzle from 12pm. Contact 0428 497 989
Saturday	16	"Addicted to Love" , the Ultimate Tina Turner Tribute Show - Oasis Gardens Restaurant & Function Centre at 6pm, featuring the one and only Vicki Vegas. Hear all the fabulous hits of this wonderful performer – simply the best! Two course meal and show \$69.90pp, bookings 8536 4815
Sunday	17	The Strathalbyn High Street Market next to Gilberts Motor Museum. Fabulous stalls, music, and great Sausage Sizzle cooked up by the volunteers next door at Gilberts.
		The Metropolitan Male Choir of SA will be giving a concert at St Andrews Church at 2pm in support of their Restoration Fund. Tickets \$30, concession \$25 from www.trybooking.com/CIEWU
Friday	22	The Strath Business & Careers Expo - from 12pm til 7pm at the Strathalbyn Show Hall. Check out what businesses or careers available in town. Food vans on site. For stall enquiries or other info contact christie.thornton@alexandrina.sa.gov.au
Saturday	23	Milang Bowls Club - Club opening day. All players welcome 12.30pm at the Club
Sunday	24	At midday Lake Breeze Wines are going head to head with two local craft beers! Dougal McFuzzlebutt will host our "Grapes vs Hops" Luncheon, with commentary from "Meechi" and Little Pete's" craft breweries. Chef Ben McRae has curated a delicious four course, modern Japanese and Australian menu, using our fabulous SA produce, paired with both a wine and a beer – we can then fuzzle it out to see which of the beer or wine pairings works best! Come and join us, to see who wins. Tickets \$140pp – contact 8537 3017.
Wednesday	27	Red Cross - We are having an Open Garden visit to Marchismick Gardens, 33 Stirling Street, Milang at 1:30pm. Devonshire Tea is included in the cost of \$10.
Friday	29	Milang Bowls Club - QUIZ NIGHT - \$10pp make up a table of 8 or come as a pair, triple, whatever.
Saturday	30	AFL Grand Final Day - the place to be is the Victoria Hotel! Siren to Siren package \$79pp includes tap beer, house wine, selected ciders and Half Time snacks. Or make a day of it and have lunch before the first bounce. Bookings https://vichotelstrath.com.au/events/afl-grand-final/

If you have an event that you would like to see listed here, please send the details to editor@milang.org.au