

Milang Community News

July 2023

\$2.50

A journal of the Milang & District
Community Association

Servicing the communities of Milang, Ashbourne,
Clayton Bay, Finniss, Strathalbyn and Langhorne Creek



The Milang Community News is supporting your community.

Please support us by purchasing a copy.



FROM THE EDITOR

Welcome to the July 2023 edition of the Milang Community News. Well winter is well and truly here and I hope that everyone is keeping warm. If you or anyone that you know are in need of any blankets, gloves, scarfs or beanies then please see the 'Just Yarning' story on page 7 for details of who to contact.

The 'Earth, Wind & Fibre Fair' was a great success, please see the story on page 9.

As you will see on the next page, the Already Read Books fundraising for the Butter Factory Restoration is going along leaps and bounds and there is a lovely story about Peter Charlesworth who is fundraising for the Heart Foundation by paddling his stand-up paddle board and who called into the book shop.

I am a bit excited that SALA (South Australian Living Artists) festival is happening again around the state in August and I will try and put together a bit of an art trail map for the next edition.

I also participate in SALA and will be part of the exhibition at the Clayton Bay Hall on the last 2 weekends in August and I will have more on that next month.

Have a great month...stay safe and keep warm!!

Cathy Fish

Email: editor@milang.org.au

Contributions to the Milang Community News

The Editor eagerly looks forward to receiving articles and welcomes suggestions from community members for stories and photographs.

Email: editor@milang.org.au

Mail: PO Box 416 MILANG SA 5256

Copy should reach the editor by the **21st of each month** and must include the contributor's name, address and contact details. **Articles of fewer than 500 words are encouraged.**

Milang Community News reserves the right to refuse advertisements and other submissions. The editor reserves the right to change content for accuracy or where space is limited.

If you would like the Milang Community News photographer to attend an event to photograph subjects of local interest, please contact the Editor, Cathy Fish Phone: 0416 077 584 (leave a message) or Email: editor@milang.org.au

ADVERTISING RATES

Eighth page	\$19.00
Quarter page	\$35.00
Half page	\$60.00
Full page	\$105.00
Art work	\$40.00
Ad set up	\$35.00

For all advertising contact

John Whyte

Email: john.whyte.milang@gmail.com
0431 601 850

Where to buy the Milang Community News available at \$2.50 per copy

- Milang Mini Mart
- Milang Community Centre (MOSHCC)
- Milang Post Office
- Milang Bakery
- Port Milang Café
- Milang Caravan Park
- Strathalbyn Information Centre
- Strathalbyn News Agency
- Strath Chicken Shop
- Corner Bakery—Strathalbyn
- Finnis Café
- Langhorne Creek General Store
- Oasis Garden Function Centre

DISCLAIMER

The Milang Community News is produced on behalf of the Milang and District Community Association Inc (MADCA).

The committee of the Association accepts no responsibility for damage of any form which may occur as a result of the contents of this publication.

The opinions expressed in the Milang Community News are not necessarily those of MADCA.

30 July 2023 is designated by the United Nations as the International Day of Friendship



Front Cover

Photo courtesy of Richard Prusa

Milang Community News is online

Download a pdf version at <http://milang.org.au>



ALREADY READ BOOKS



Above we had Izaak from Woodcroft and Abby & Tobias from Clapham who visited over the June long weekend and found a quiet spot in Already Read and a couple of interesting books that took their fancy. They went home happy. Thanks, guys, for supporting the Butter Factory.

NOT ONLY... BUT ALSO...



Peter Charlesworth (from Albury) who is Fundraising for the HEART FOUNDATION stopped paddling his stand-up paddle board to pop into Milang and Already Read Books to check us out and say hello. (Pictured with ARRB volunteers, Penny and Glenis) It wasn't convenient for him to take a book as he didn't have a dry spot to keep it on his paddleboard.!! Peter was featured in the Southern Argus when he arrived in Milang (early June) after paddling over

2600kms on his board since early March on the River Murray. He paddles approximately 42kms a day (depending on weather) solo, with no support and has raised over \$6000 for the Heart Foundation.

When he was 47 Peter had an emergency triple bi-pass, so this fundraising venture has a special meaning to him. He hopes to break the world record of 2643.3kms travelled on a stand-up paddle board by the time he arrives in Goolwa. Good Luck Peter...To find out more about Peter and the results of his trip check out www.sup4health2023.org or find him on Facebook.



In a similar vein, to Peter, standing behind on his left in the photo (no connection at all) another visitor to Already Read from the SE of SA is Vicki who is planning to travel sometime in the near future in her kayak via the water ways of S.A. A brave lady!

So watch out for Vicki also paddling, but in her kayak. Good luck Vicki!.

What an amazing and interesting group of people we have, not only passing through Milang but popping into Already Read Books and donating to The Butter Factory Restoration Funds. Thanks Guys.

We had more and more donations of books which kept us busy sorting and looking for places to stack and store them.

The first weekend of June 3rd/4th ARRB raised \$131.50 and we were open again on the Easter weekend 10th 11th & 12th which presented another boost of \$316.90 to the coffers.

A cold, wet and windy Saturday and Sunday on the weekend of the 17th and 18th and a welcome \$129.05 to make a grand total of \$577.45. It put a big smile on ARRB volunteers faces. We are grateful for all your generous support.

JM



Card Afternoons

This is an open invitation to anyone who may be interested in coming to our card afternoons every Tuesday at the Community Centre.

Time is from 1pm to 4 pm with a cuppa and cake included at a cost of \$2.50. The games played are Crib, Canasta and Jonola, but could include Euchre and Rummy.

Those wishing to learn will be given free tuition. Come along for a fun couple of hours.

For more information, phone Pauline on 0427 370 050.

Calling all Knitters/Crocheters,

ex & wannabe

Knitters /Crocheters!!

Or



Anyone who would like to be part of the 'Just Yarning Group' group, please call Lyn on 0407 370 079.

We meet at 10.30 on Thursday mornings at the

Milang Mini Mart Café and Providore

to knit squares to be sewn together to make rugs that will be distributed locally to those in need.

Donations of 8ply wool would be greatly appreciated and can be left at (MOSHCC) Milang Community Centre.

If you are interested or have any queries,

Please contact Lyn - 0407 370 079



Friday Feast in the

Ace Space

Thanks to our marvelous volunteers

Next feast—Friday 7th July 2023

Please call 8537 0687 to book by the previous Wednesday

Cost \$9.00 for a 2 course meal

Tai Chi

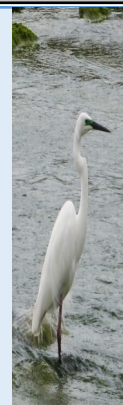
As the coolness comes we need to move and release tightness so that our joints keep mobile. Continue gently each day - start with your feet, ankles, knees, legs , hips , spine, neck, arms, fingers, head...

Gently loosen, lightly stretch, open and let the body relax. The more we relax the more the systems in the body work well.

Remember to stop, loosen, breathe, create your own little movements to ward off tension and tightness.

No Tai Chi sessions in school holidays (12th 19th July), we resume Wednesday 26th July at 1pm in the Milang Institute Supper Room.

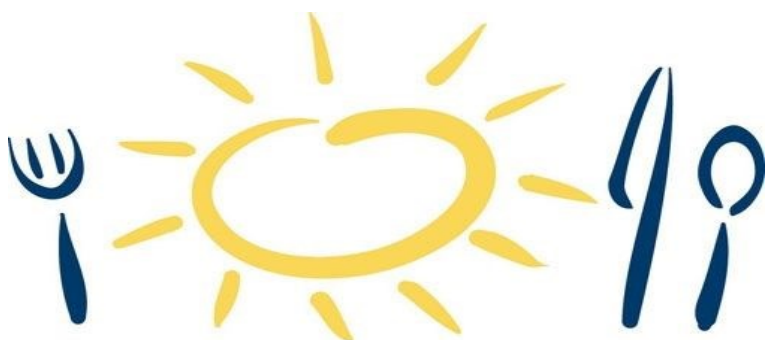
Stay warm - shake out tension - move to keep the circulation going!



Website of the Milang & District Community Association Inc.

We produce videos with voice overs to promote your business in our region. Call John today for a demonstration on how we can help you promote your business at an affordable price on 0431 601 850

Your local Community Centre working for your business. www.youfindit.com.au



Meals on Wheels

We deliver smilessm

Please call 1800 854 453—for information on how to order

POETS CORNER



Surf Sound
Roger Rees

In this coastal town, on a still night
of low clouds and murmuring, we open
the door – from over the dunes
a roaring fills the air.

We listen, discern the sound
of surf pounding sodden sand,
inspiring in the night those
of us privileged to hear as the

daylong rumble of the sea is muted.
But the day passes, receding
to reveal another picture, oceans' nightlife
fury, waves breaking with megaton fury.

Once again mid a sleepless hush
open your door, your windows, wider, wider,
listen to the sea, you are alone
below one enormous, still, starlit sky.

But it's not just the sea's tumult ...
on hushed nights we hear a different thunder:
our planet's great measured sound,
her pulsating, limitless energy.

Therein blends all nuances of voices,
some rich, some poor, some melodious
as night's surf traces fond and fervent memories,
like Byron's *cloudless climes and starry skies*.

In love and happiness at different times
I've enjoyed sunlit dunes on a sea's edge.
But the great surf's sound cannot be heard by
day,
drowned by our carbon emission cacophony.

Yet, in the compensating night,
in listening silence, we hear our ocean,
her murmuring, energy, power,
her calls, her whale songs, her surf.

Winter

Drumming fingers

Creep nearer and nearer

Drop by drop on the old tin roof.

And as each step beats clearer and clearer

The night draws in and there's hardly proof

Of the world outside in the inky gloom

Past the fire and the blankets and the cosy room.

So small and meek we cuddle and nestle

Warm as toast in our pod of heat

As the drumming fingers

tap step by step

From house to house

Down the winter street.

Amanda Solly

Eventide on the river

Jann Makepeace

Eventide changes everything:
water into mercury:
a swollen crack
in the earth's skin
washing out to sea
over and over,
grief of many endings
as I walk
hand in hand with ambiguity.
Water into mercury.

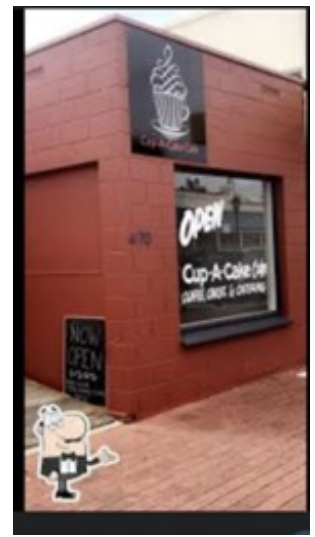


Poets are encouraged to submit

their poems for Poets Corner to:

WOW Group Update

This month saw the WOW ladies heading out for an Op Shop adventure. With temperatures dropping, a few ladies were brave enough to endure the chilly conditions and take part in this month's activity.



Having made our way to Victor Harbour, we all decided a cuppa was first thing on our list, with a quick detour into the Op Shop we were standing in front of.

We then headed to a little coffee shop called Cup-A-Cake Cafe, where we enjoyed coffees and cake. After stopping briefly at Rivers, we crossed the street to the Salvos where Lyn was pleased to find a colourful top that turned out to be half price. With the money she saved, she happily made a donation.

The ladies then headed into different shops, looking for bargains and buying needed items. One last Op Shop all together and we then made our way back to the Community van to drive to our next stop, Goolwa Hotel for some lunch, which might not have happened, had Denise not been my co driver and helped me navigate the teeny tiny car park I had parked the van in.



Lunch was a delight, with yummy food and great conversation. Goolwa Hotel had an all you can eat salad and vegetable bar and we all did just that and ate as much as we could.

With full belly's we had one more stop at the Op Shop in Goolwa. About this time the heavens began to open and our trip back was extremely wet. We all agreed that we had picked the perfect time to return back to MOSHCC.



All round, it was a great day and we all walked away with some bargains and full bellies. Thanks for an enjoyable day ladies!

The next WOW activity is the 19th of July and we will be hosting a Murder Mystery game at the Institute. Some lighthearted fun for the ladies, with coffee and snacks for a small cost of \$5.

I look forward to seeing those who can make it on the day and until then stay warm and safe.

Di



ALREADY READ BOOKS

Milang Lakeside

Butter Factory

Open Dates: JULY 2023

Saturday 1st	10 - 3pm
Sunday 2nd	10 - 3pm
Saturday 15th	10 - 3pm
Sunday 16th	10 - 3pm
Saturday 29th	10 - 3pm
Sunday 30th	10 - 3pm





JUST YARNING

Just Yarning has had a busy few weeks too...Recently the group donated much appreciated clothing, books and DVD's to a (Returned Soldiers) Veteran's Camp in the Riverland area. Within the next couple of weeks, we will be sending up 7 bags of warm goodies, each containing a blanket, fingerless gloves a scarf and beanie to help keep the cold Riverland weather at bay. *Thanks Joyce & Greg.*



We have also received donations of squares, wool and needles and Josie from Strath left us 30 squares and she has been added to the list of our home yarners. Thanks Josie, and many thanks to all of you who contribute so generously to the *Just Yarning* group.

If you or someone you know would benefit by a blanket or scarf, beanie or gloves, give Lyn a call on 0407370079. Or, if you are interested in Yarning at home the size of blanket squares are 25cms x 25cm, approx. 48 to 52 stitches (depending on a tight or loose knit) approx. size 4cm needles with 8 ply wool. If you need wool or needles contact Lyn, or pop into Milang Mini Mart on Thursdays between 10.30 and 12.30pm and have a coffee with us...

Libby from Blackwood and Peta from Myrtlebank (city slickers) also affected by the knitting bug, plied their knitting needles and donated a dozen squares (plus Libby) a number of *woolly jumpers* to keep orphaned lambs warm !! *Thank you ladies!*



The fits not good, but I like the blue rinse...Baaa!! I might wear the pink and purple tomorrow, keep my rear end warm.



NO FLYS OR MOZZIES ON THEM!!!

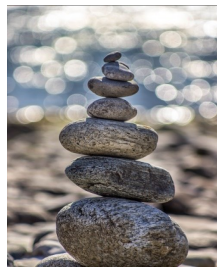


A BIG 'THANK YOU'



to volunteers David Rhodes, Norm Foster, Peter Williams and members of the Milang Fibre Art Group (and any others involved in the project.)

The Institute kitchen users have endured buzzing, annoying insects invading the kitchen through the 'holey' screen door, for some time. So, it's greatly appreciated that, this group recently (June long weekend) raised funds to buy and then install the new fly wire on the Institute kitchen back door. No fuss, no flys! **Well done & thanks...**



'Stepping On'

Keep Active ... Stay Strong

Strength and Balance

Tuesdays from 10—11am at
The ACE SPACE at the MOSHCC

A weekly one-hour exercise class using gentle and controlled movements to improve strength, balance, flexibility and coordination in a fun and supportive environment.

Small group, suitable for all abilities, (priority given to CHSP clients), EMAA (Easy Moves for Active Ageing) Trained Instructor.

Good balance is needed to keep us moving about confidently and safely.

Please speak to Sue at the Milang Community Centre

Phone: 8537 0687

Cost: Gold Coin Donation

Mental Health Support

- Lifeline: 13 11 14
- Beyondblue: 1300 22 4636
- Suicide call back: 1300 659 467
- Living beyond Suicide: 1300 761 193
- Men's Health Line: 1300 789 978
- Parent Helpline: 1300 364 100
- Kids Helpline: 1800 55 1800
- Rural & Remote Mental Health 1300 515 951

Toe Nail Cutting & Grooming



Are you finding it hard to cut your own toe-nails??

Let us help!!

Our Enrolled Nurse Valerie is willing to assist.

All you do is make a booking on 85370687, we will have a list of dates and times available.

So just register, the fee will be \$10.00 and you will need to bring along a small hand towel.



**MILANG
MERMAIDS
WOMEN
SUPPORTING
WOMEN**

On our journey as women we are often called upon to support others.

This group will endeavor to support you.

As women we learn so much from all generations and there is always so much more to learn. Within this group we provide a safe place where we can share and care for each other along this journey called life.

CONTACT DETAILS

Colleen on 0499 373 148

colleen@growinglifeconnections.com.au

Tuesday 4th July – a Winter Wonderland Walk – meet at the Milang Cemetery at 1pm. Please wear water proof shoes

Saturday 29th July –
outing to Aldinga beach to
celebrate a new phase of
life with Colleen

(call Colleen 0499373148
or Sylvia 0428884586)



Over 50's Keep Fit Class

Milang Institute Hall

Thursday 10am-11am

All Welcome

For info call MOSHCC 8537 0687

We won't let our body succumb to old age.

Therefore, we try to prevent that by strength and stretch movements (and laughs and giggles)

Every Thursday between 10 and 11 o'clock.

So do your body a favour and join us.

EARTH WIND & FIBRE FAIR

Another successful event by the Milang Fibre Art Group..

The Earth, Wind and Fibre Fair on the June Long Weekend drew a large attendance from near and far including Adelaide & suburbs, Port Lincoln, Mt Gambier, Fleurieu, Riverland and Adelaide Hills to take part, view demonstrations and purchase a wide range of fibre arts and artisan crafts.

Needle felting demonstrations and sales of felted beanies and sculptures created great interest. The historic craft of lacemaking was shown by the local lacemakers and the creative "Southern Basketcases" from Willunga displayed and demonstrated a range of natural material baskets and creative wares.



Locals Pat & Joyce had a variety of wares and featured paper making crafts and glass wares. Ngarrindjeri artist Cedric Varco ran a cultural workshop on Saturday telling participants about the importance of Ngatji (special friends) and participants created, with found and natural materials, a totem of their choosing. Weaving, Scrapbooking, Knitting, Crochet, Spinning, Heirloom quilts, Rag Rug Making were also featured at the event.

The Fibre Art Group also ran a Beanie Competition which was won by Yvonne Rhodes for her Medusa hat with its 50+ knitted vipers slithering all around. The runner up was Robyn Shearer for her felted beanie. Those of you who know Robyn will not be surprised that atop her hat was a hen, chicken and a nest of eggs.



Participants and visitors alike enjoyed the delicious warming soups and interesting luncheon fare provided by Karyn of Artisans at Heart.

Thanks to all members of the Fibre Art Group and volunteers for their contribution to this wonderful event which promoted the talent of local artisans and encouraged people to visit Milang.





Happy 35th Birthday Milang Community News

I was going through some older copies of the Milang Community News and found out that the first edition was published on the 24.07.1988



July 2023

- 1st John Evans
Caleb Barrett
- 2nd Shaneika Falzon
- 8th Christine Smith
- 13th Joanne Perry
- 15th June Platt
Janine Quinn
- 17th Michael Whyte
- 25th Amanda Vivian
Ellen Smith
- 26th Hayley Maidment
Bill Wait



Happy Anniversary!

30th Tracy & Michael Falzon

TRIVIA



Answers Page 18

By Jude Aquilina

1. By population, what is Australia's largest inland city?
2. What does the expression *hot under the collar* mean?
3. What is the heaviest organ in the human body?
4. Name the tallest grass in the world.
5. Name two of the rivers that feed into the Murray River.
6. Who sang about a bird on a wire?
7. What year was the wettest year on record in Australia?
8. What spirit is made from the blue agave plant?
9. Where will the next Olympic Games we held?
10. Name the seven deadly sins.

WOW WONDERFUL WOMEN'S GROUP



Next WOW meeting is the 19th July 2023 and we will be hosting a Murder Mystery game at the Institute.

Some light-hearted fun including coffee and snacks for a small cost of \$5.00

Contact Reception at MOSHCC on 8537 0687 for bookings or email lakeshomecare@moshcc.com.au

Justices of the Peace

Please ring for an appointment

Mr L.F. O'Driscoll 8537 0051

Karyn Bradford 8537 0067

Alcoholics Anonymous

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Meetings every Sunday at 5pm
Reg Sissons Day Care Centre, High St Strathalbyn
Contact 24 hours (08) 8221 6999

BUTTER FACTORY REPORT

June 2023

Things are still very busy at the Factory. Dave has been sorting out the cottage getting ready for the kitchen fit out next week, the cabinets will be sited then measurements for the stainless steel bench tops taken so they can be fabricated. Dave has also fitted two of the windows and will fit the servery window when the cabinets have been test fitted. The new floor in the back section of the fridge-freezer room has been laid on the new stumps and bearers. Grant has had a busy month wiring in preparation for the toilet lining and the kitchen fit out. On the way to the toilets at the rear of the complex he is setting up for the engine shed lighting and power points. Included in this is the outside power points and the lighting for the car park.

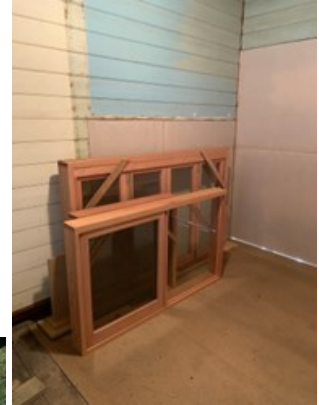
On our weekly working bees, we have been concentrating on the main section, with the painting all but finished apart from the office which we can't access while Grant is still working in there. The canopy has been rust treated, primed and top coated. The top of the deck in front of the cottage has been completed, just needing the side in-fills to be done. The stay in place formwork for the northern side of the Cottage worked a treat, now they are filled with concrete can be backfilled saving a lot of work. This can now be backfilled to our garden levels and will give Norm the chance to continue with his crazy paving. Speaking of Norm, our esteemed man of all things bricks and mortar had another birthday on our last working bee, so we celebrated this momentous occasion at morning tea with a cake and a song, happy birthday Norm.

Another section of concrete was laid under the pergola, a bit of a wet job given the weather but after covering with some left over insulation it turned out ok. Our plumber Michael Lewis has been popping in and out doing small jobs to keep the project up to date. The weather has not been kind to the painting of the frontage sign so again watch this space. The exterior cladding for the Cottage is expected to be delivered this week, so when this starts you will really notice the difference.

On the fund-raising front, Already Read Books is powering along, a little quieter on some of the more inclement days but you would be surprised who is around and interested in books and the Butter Factory. On my visits to the shop on weekends I quite often get to talk to people who have a family connection to Milang and even sometimes have been descendants of owners of the Factory. It's great to see how many visitors to Milang have been watching our progress on the Factory and can't wait to see the finished job.

The opening of the book shop has provided many with the first look inside, although still a work site and filled with sawhorses, worktables etc., they can see the potential, and as they say in the movies, "I'll be back." Many of them say Milang is a town on the move with all that is going on.

Cheers
John Bradford
Site Manager



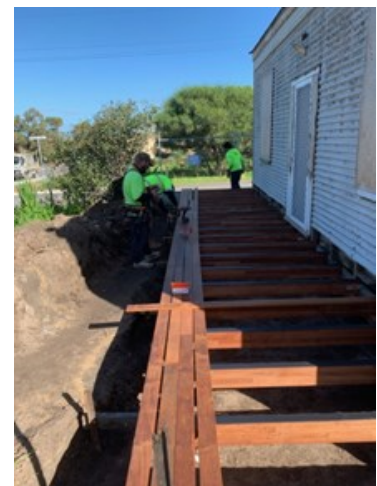
Our new windows



Norm the birthday boy bending his back



Phil treating the rust on the canopy



The new deck being laid

the power of humanity



Red Cross

The opening times for The Cheer Up Hut when our Flag is flying: -

Wednesday and Saturday 9am until Midday

We have a large array of Men's, Women's and Children's clothes, Bedlinen, Children's Books and Assorted Toys, all are welcome to come and browse.

If anyone in need of clothing at any time, please Contact Bec on 0402244804 or Tracy on 0417299391. Discretion is assured.

The small stall by the oval entrance has a selection of Books, DVD's, Plants & Toys etc. A donation Box is available at the stall.

Thanks to everyone for your support for the Red Cross. We are having "Xmas in July Sale" on the days we are open from the 8th July until the 29th July. There will be \$5 a bag and nothing over \$2 for individual items.

We would love to have more volunteers. If interested, please Contact Bec or Tracy on the above No's.

Next meeting will be on the 5th July. Volunteers to meet at the Cheer up Hut at 11.30 to meet with Head Office Delegates.

Doris Lambert

Publicity Officer

Rainfall for June 2023



Thursday	1st	0.3
Saturday	3rd	0.8
Tuesday	6th	0.2
Wednesday	7th	5.5
Friday	9th	4.5
Saturday	10th	0.2
Tuesday	13th	22
Wednesday	14th	3
Thursday	15th	0.5
Sunday	18th	3
Monday	19th	13
Tuesday	20th	0.5
Thursday	22nd	2.5
Friday	23rd	22
Saturday	24th	1
Sunday	25th	0.2
Wednesday	28th	0.5
Thursday	29th	2

June Total 81.7 mm

Rainfall figures kindly supplied by Ray Perry

CELEBRATING NAIDOC WEEK

FOR OUR ELDERS

2-9 JULY 2023

NAIDOC Week will be held from 2-9 July (National Aborigines and Islanders Day Observance Committee). "For our Elders" is the theme for 2023.

VOLUNTEERS NEEDED

We need volunteers to help out with social, recreation and sports activities for young people in Milang and surrounds



Would you, or someone you know, like to:

- Make a difference to young people in your community
- Volunteer in a fun, friendly and well-supported environment
- Gain skills and experience relevant to sport and recreation, community, or youth services
- Flexible roster.

This is an exciting opportunity to support a local youth program co-funded by Milang and District Community Association, Reclink Australia, Alexandrina Council and the Alcohol and Drug Foundation. Young people encouraged to apply.



For more info or to apply, contact MOSHCC on 8537 0687 or visit moshcc.com.au/2023/01/10/youth-volunteers



LOCAL DUMPING DISGRACE

Someone recently went to considerable trouble to illegally dump an old sofa chair and microwave hidden in bush on the side of Landseer Road. Such illegal dumping is sometimes referred to as “midnight dumping” as it is such a shameful act it is done under the cover of darkness.



Dumped sofa chair and microwave in bush at side of Landseer Road in Milang.

If any reader recognises the items, they might advise the owners that these could have been easily disposed of at either the local Milang Environment Centre or the Alexandrina Council depot at Strathalbyn FREE OF CHARGE.

Of course, it is illegal to dump rubbish or unwanted household items in a public place under the Local Nuisance and Litter Control Act 2016. People found dumping rubbish or goods can be fined between \$210 and \$500,000 or face four years in prison. Illegal dumping may be reported to the Environmental Protection Agency by:

1. Telephone: (08) 8204 2004 or 1800 623 445
2. Email: yourepa@sa.gov.au

People who illegally dump like this have no respect for either the local environment nor for the local community and should be ashamed of themselves. The owners are urged to collect the items and dispose of them legally and responsibly.

Anonymous Source

Friday Youth Hang Out

Fridays, 4:30-6pm during school term

At the Milang Youth Hub, Paddlesteamer Drive

For more info contact the Reclink Youth Activities Coordinator
0432 304 166
lyall.willis@reclink.org

A FREE social program for youth

Activities Hang Out Have Fun Make Friends JOIN US!

Follow us...

@milangyouthhub

MOSHCC

Meals for Mates

BRING YOUR FAMILY & FRIENDS

- ✓ Everyone is welcome
- ✓ Enjoy a hot 2 course meal
- ✓ Kids activity corner
- ✓ Gold coin donation

6.00PM - 8.00PM

Every 3rd Friday of the month

Dates: ~~19th May~~ | ~~16th June~~ | 21st July

VENUE: STRATHALBYN LUTHERAN CHURCH HALL
2 Commercial Road, Strathalbyn

To assist with catering please RSVP to
Penny 0417 885 687 or Di 0428 696 031



Ngarrindjeri Culture & Weaving Workshops 10-4pm

WITH CEDRIC VARCOE

MAY 20 - WEAVING WORKSHOP AT MILANG OLD SCHOOL HOUSE COMMUNITY CENTRE

JUNE 10 - NGARTJI (TOTEM) WORKSHOP - MILANG INSTITUTE AS PART OF THE EARTH WIND AND FIBRE FAIR USING RAFIA, WIRE AND PLANT MATERIALS - TO CONSTRUCT A TOTEM AT MILANG OLD SCHOOL HOUSE COMMUNITY CENTRE

JULY 21 - WEAVING WORKSHOP AT MILANG OLD SCHOOL HOUSE COMMUNITY CENTRE



Bookings call or text 0412036900 email artisansatheart@bigpond.com

Arts & Crafts

scrapbooking

Are you keen to join our group?

Whether you're a beginner or experienced, come join the group.

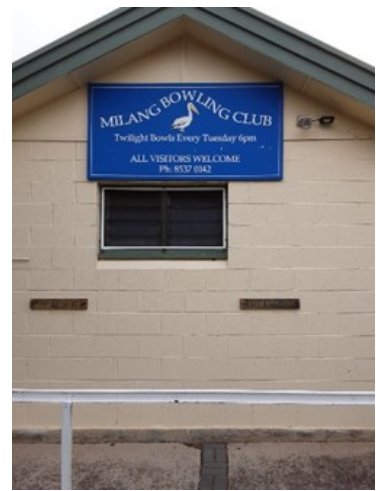
We would love to have you join us at our next session on the 8th June 2023
(10.30 to 1.00pm)

\$2.00 coin donation, and the ability to purchase supplies if you desire.

Wednesdays fortnightly

The Milang Institute Coxe Street, Milang

Bookings through the Milang & District Community Association 85370687



It's wintertime (in case you hadn't noticed!) and activity bowls wise around the Club has ground to a halt. But that doesn't mean there is nothing happening. Oh no, there's LOTS happening.

We are a small club, compared to the likes of Victor Harbor or Goolwa for instance, and cannot operate all year, and we do not have the membership base, so we need to keep active during winter.

We do that by keeping up with our Friday Night Dinners and Friday Bingo Nights. These nights are what keep our Club afloat. There are details of both nights on our Facebook site and Milang Community Pride and local events site. Look out for them each week.

We are also looking at holding some other events as well, not yet finalised, so keep an eye out for those as well.



Our Club has been going for about 80 years or more and is an established part of the town. There are many in the town who can say "I've bowled there". We are constantly in search of new bowlers, new social bowlers and new members to keep our Club strong. During daylight saving months we have social bowls for those curious about the game, who want a social night out, enjoy the company of others in a friendly relaxed atmosphere. All are welcome. Bowls are available to borrow.



BINGO BINGO BINGO

Fridays July 14th and 28th . Eyes down 7.00pm
All welcome

FRIDAY NIGHT DINNER FRIDAY NIGHT DINNER

Fridays July 7th and 21st. From 6.00pm

Come down to the Club and check us out.

Bev Spicer





WHY MENTAL HEALTH FIRST AID?

MENTAL HEALTH FIRST AID (MHFA) TRAINING REALLY MAKES A DIFFERENCE

Approximately 20% of Australian adults experience a common mental illness each year. Completing a MHFA Course will help you to develop the skills to support a friend, family member or co-worker.

Having mental health first aid skills means that you can assist someone developing a mental health problem or experiencing a mental health crisis and make a real difference to your community.

MHFA courses are based on evidence of what is best practice mental health first aid to support someone who has a mental health problem or is experiencing a mental health crisis.

RESEARCH HAS SHOWN THAT MHFA TRAINING IS ASSOCIATED WITH:

- ◇ KNOWLEDGE
Improved knowledge of mental illnesses, their treatments and appropriate first aid strategies.
- ◇ CONFIDENCE
Confidence in providing first aid to a person experiencing a mental health problem.
- ◇ DE-STIGMATISING
Decreases in stigmatising attitudes.
- ◇ INCREASED SUPPORT
Increases in the amount and type of support provided to others.

MOSHCC will be offering MHFA to anyone in the community that would like to do it in the near future. Keep an eye on our newsletter and Facebook pages.

Contact Vivienne at MOSHCC for further details
PH: (08) 8537 0687
MOBILE: 0483 897 220
vivienne@growinglifeconnections.com.au

MENTAL HEALTH CHECK UPS

By Vivienne Maher

Regular mental health check-ups are valuable and can help identify and

address potential mental health concerns before they become more severe. While routine physical and dental check-ups have long been established as important preventive measures, mental health has historically carried a stigma and has not received the same level of recognition and emphasis. However, the importance of mental health is increasingly being recognized, and efforts are being made to integrate mental health check-ups into routine healthcare.

Regular mental health check-ups can involve various assessments, such as questionnaires, interviews, or discussions with mental health professionals. These check-ups can help identify symptoms of mental health disorders, monitor existing conditions, and provide



MOSHCC is seeking Volunteers

Do you have you some spare time on your hands ?



Would you like to assist in one of our many community projects?

In particular we are currently looking for people who would like to work in Reception and also we are in need of people who would like to drive clients to and from appointments (vehicles are provided).

You will find a very friendly bunch of people and make new friends very quickly. You will find it very rewarding to be involved with such a great group of people.

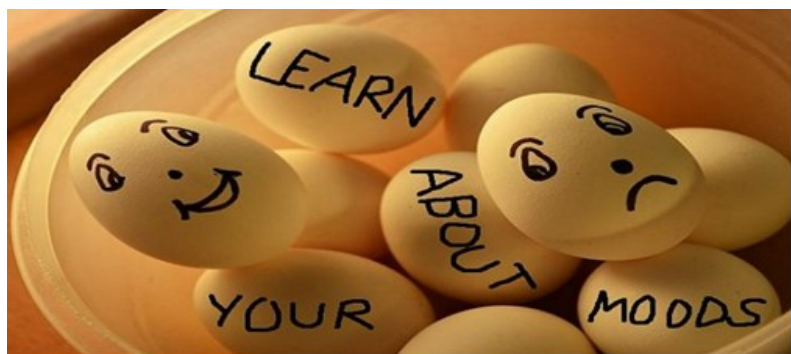
Call MOSHCC on 8537 0687 and ask for Vivienne

appropriate interventions or referrals for further treatment if needed. They can also help individuals develop strategies for maintaining good mental well-being and coping with stressors.

While it is important to check in with a health professional there is also things you can do to keep a check on your own Mental Health.

Taking proactive steps to prioritize your mental health, such as practicing self-care, seeking therapy or counselling, and engaging in stress reduction techniques, can contribute to overall well-being.

- **Reflect on your emotions:** Take some time to identify and acknowledge your emotions. Ask yourself how you're feeling and try to pinpoint any specific emotions you might be experiencing, such as sadness, stress, anxiety, or joy. Self-awareness is key to understanding your mental state.
- **Monitor your thoughts:** Pay attention to your thought patterns. Are you experiencing negative or intrusive thoughts? Are you excessively worrying or ruminating on certain issues? Monitoring your thoughts can help you identify any unhelpful thinking patterns and challenge them if necessary.
- **Assess your physical well-being:** Recognize the connection between your physical and mental health. Assess how you're taking care of your body by considering your sleep patterns, exercise routines, and nutrition. Physical well-being can significantly impact your mental well-being.
- **Engage in self-reflection:** Set aside time for introspection and self-reflection. Journaling, meditation, or mindfulness exercises can help you gain insights into your thoughts, emotions, and overall mental state. These practices can provide clarity and help you identify areas that require attention.
- **Reach out for support:** Don't hesitate to seek support from others. Talk to trusted friends, family members, or professionals, such as therapists or counsellors. They can offer valuable insights, and advice, or simply lend a listening ear when you need to express your feelings.
- **Take breaks and practice self-care:** Regularly assess if you're taking adequate breaks and engaging in self-care activities. Self-care can include activities you enjoy, such as reading, taking baths, spending time in nature, pursuing hobbies, or engaging in creative outlets. Prioritize time for relaxation and rejuvenation.



Remember that mental health is a dynamic process, and it can vary from day to day. If you notice persistent or worsening symptoms of mental distress, it's important to seek professional help from a qualified mental health practitioner.

Sundays at Milang Station 12 to 4



Devonshire Teas \$6
Hamburgers \$8
Steak Sandwich \$8
Cappuchino \$4
Iced Coffee \$5
Cheese Dog \$4
And lots more ...



Plus Craft Shop
& Free Train Rides

Open on Saturdays
12 - 4 Displays Only



Volunteers needed for maintenance, train driving, guides, cafeteria staff, etc.

www.milangrailway.org.au or 0414 232 060



Eastern Fleurieu
R-12 School

Milang & Langhorne Creek

R-6 Campuses

Our Playgroups cater to families with children from birth to 5 years.
Attendance is FREE.

Milang Playgroup is run every Tuesday morning during the school term from 9-11am.

Langhorne Creek Playgroup is run every Friday morning during the school term from 9-11am.

Milang Campus:

Head of Campus—Susannah Cook
(08) 8537 0223

Langhorne Creek Campus:

Head of Campus—Les Cameron
(08) 8537 3145



TRIVIA ANSWERS

From Page 10

By Jude Aquilina



1. Canberra is Australia's largest inland city
2. To be hot under the collar is to be angry or annoyed
3. The liver is the heaviest organ in the human body
4. Bamboo is the world's tallest grass
5. The Darling, Murrumbidgee, Mitta Mitta, Ovens, Goulburn, Campaspe, and Loddon rivers feed into the Murray River
6. Leonard Cohen sings about a bird on a wire
7. 2022 was the wettest year on record in Australia
8. Tequila is made from the blue agave plant
9. The next Olympic Games will be held in Paris in 2024
10. The Seven Deadly Sins are: pride, greed, lust, envy, gluttony, wrath, and sloth

All Aboard—June 2023

Arthur Creeper and the Barwell Bull

Back in the 1960s, the railway to Milang was still open. Just five trains a week came down to Milang, all of them driven by Arthur Creeper. The train consisted of a diesel railcar pulling one or two vans carrying freight and supplies. The railcar was made at Islington to an American design by the Brill company of Philadelphia. It was nicknamed the “Barwell Bull”, Barwell being the premier when it was introduced and the horn sounded like a bull horn.



On each trip, Arthur would drive the railcar from Strathalbyn down to Milang accompanied by his dog who would sit on the dashboard. On arrival they would go fishing for two hours and then back the railcar onto the turntable where Milang kids which would push it round. The railcar would then depart back to Strathalbyn but would then stop in the middle of the bush near Nurragi where Arthur would check his rabbit traps. Passengers needed to be patient in those days; not that there were many of them anyway. On one occasion Arthur’s dog went missing at Nurragi and turned up at his home in Strathalbyn three weeks later.



Back in those times, they did not suffer the safety regulations which we have today. We know several ex-residents who, as teenagers, were allowed to drive the railcar while Arthur put his feet up. On one occasion, Arthur was known to have put a brick on the controls so that the railcar drove itself while he socialised with the passengers.

In those days, some Milang residents commuted to Adelaide on a weekly basis. They would depart Milang on the Sunday evening train, work and board in Adelaide during the week and return to Milang on the Friday evening train. Apparently, those Friday evenings were party time with beers being brought onto the train at Adelaide and more being purchased Mount Barker station cafeteria if supplies ran low. The rail journey between Milang and Adelaide took three and a quarter hours.

Peter Lucas

Secretary Milang Railway Museum

Phone: 0414 232 060

Web site: www.milangrailway.org.au

Lakeside Men’s Shed

at the oval

BBQ every Thursday (donation)

From 12:00 noon

Come and experience our relaxed atmosphere and share yarns with other like-minded people.

Take the opportunity to check out the Men's Shed facilities and current projects.

The Lakeside Men's Shed is working to assist in men’s metal health issues and is supported by SA Health and the local community.





Milang Cottage Garden Club monthly outing report

Hi fellow gardeners

On the 14th June an almost full bus left Milang for a short trip to Murray Bridge to explore the nurseries in the area.

Firstly we wished Chris a Happy Birthday for the day, it is not often members birthdays fall on our outing day. The weather was cool but fine and we even managed to have our lunch outside next to the mighty river. I for one did not think I would buy much but some had a list.

Our first stop was State flora where the lists came into play, but they were not filled much to the disappointment of the list holders. Next stop was the new Bunnings where many gift cards were spent and I found a shallow pot to replace the two I had broken, better luck this time. I plan to make succulent gardens for Christmas presents so need to collect some more stock plants.

Next stop was Serenity Nursery and all their temptations that starts as soon as you drive through the gates, at all the statues lining the drive and here everyone separated for their favourite areas. I found a few plants but was disappointed that they did not have any Orchids as I need to buy one for a present for next month.

Next stop was lunch next to the river before we braved the continuing hold up over the river so that we could visit Notts nursery. By this time the bus is getting a little full so some purchases will have to come inside with us. The first thing that greeted us was a bargain trolley with

3 succulents for \$12 and more that one of the members purchased some of these. We had been hearing about another nursery near Wellington, I asked the very helpful assistant but she had heard there was one but did not know where it was, so from here we decided to go home via Wellington stopping at Taillem Bend for birthday coffees, then having a look to see if we could find this mystery nursery, but unfortunately no luck.

The next trip will be on the 12th July leaving at 9.00am, to Virginia followed by two knew nurseries to us one called Bali Pots at Gepps Cross and the Provenance Indigenous Plants at Salisbury should be interesting. We have one or two seats available on the bus so if you wish to join us please ring 85370453. You will need the bus fare of \$15 and an item for the raffle box and maybe your lunch but there is a very good cafe at Virginia.

Good gardening and keep warm
Anne Feast



Southern Districts Flying Club

The winter weather has played havoc with several of our recent flying events. Our group flight to Meningie was postponed due to particularly wet, windy conditions on the day. We have rescheduled and with luck will be blessed with better weather for our next attempt.

Likewise the weather over the Kings Birthday long weekend made it difficult for those of us wanting to fly to Robe. In the end most pulled out with just 4 of our members deciding to drive down instead of flying. It was fun weekend none-the-less but no flying to be had.

Our classic wings and wheels event went ahead in spite of poor weather and it was good to see so many locals turn up to share breakfast with us.

The breakfast was sponsored by Classic Cars of Strathalbyn and cooked to perfection by our club members. Some 22 classic cars drove in and presented well in front of our hangars. Having to negotiate the wet, muddy dirt road to get to the airfield stopped many of the car enthusiast from attending and a big thank you to all those that were willing to get their beautiful cars dirty and attend the day.



A few of the classic cars on display.



Breakfast in the SDFC clubrooms.



A visiting Tiger Moth in the main hangar, Strathalbyn.

Flying wise it was a bit of a washout with low cloud and rain preventing pilots from flying in. We had groups of pilots from Goolwa, Aldinga, Kangaroo Island, Robe, Callington and Hindmarsh Island all stuck on the ground unable to fly in to join the fun. One fixed wing plane

with 3 people on board managed to get over early from Goolwa. Late morning a Tiger moth with two people of board landed just as a squall was hitting the airfield.

It was great to get the car club and flying club together and something we can possibly do on an annual basis. We will look at a date in early autumn next year with the hope of better weather and try once again to get a good turnout of both classic cars and classic aircraft.

We have a Beer & Pizza night coming up, a working bee to complete a few repairs on our clubrooms and our mid-year luncheon to be held at the Bridge Hotel, Langhorne Creek in late July.

Membership to Southern Districts Flying Club is open to anyone with an interest in aviation. If you would like to be involved you can find information and membership details on our web site: www.sdfc.org.au

Come Fly With Us!



Operating from Strathalbyn Airfield

What better way to experience the thrill of flight than to have a Trial Flight with one of our qualified instructors in a Gyroplane? Experience first hand the freedom of flight as you take the controls under the guidance of your instructor.

Gift Vouchers Available

For bookings or further information contact Larry:
0408 815 094



www.airsports.com.au

MEC NEWS - July 2023

MILANG ENVIRONMENT CENTRE

corner of Weeroona Drive and Jupiter Street Milang.

P O Box 338 Milang SA 5256 Ph:85370201

Email: mecinc@adam.com.au

OPEN: 10 AM – 4 PM WEDNESDAY & SATURDAY

MEC SUPPORT FOR COMMUNITY & ENVIRONMENT

The real and prominent global impacts of Climate Change, especially prolonged drought periods, extreme weather events, catastrophic bushfires, and on-going pollution, have made most Australians increasingly aware that as individuals they can and should do practical things to help the environment. We can all **Reduce** waste, **Reuse** products and **Recycle** resources. These 3-R's are now the minimum contribution we can all make to protecting our environment and saving our planet.

The Milang Environment Centre plays an important role in helping individuals in our community to practice the 3-R's. MEC is an entirely volunteer run organisation providing a valuable community service paying cash for deposit drink containers, accepting green garden, glass, and metal waste for modest fees. MEC earns funds by on-selling bulk deposit containers for recycling and charging low fees for waste disposal and garden mulch.

But have you ever wondered what happens with the money MEC earns after it meets its ever-increasing operating expenses?

What many people do not know is that funds earned by MEC are used to sponsor and support local community projects, and not necessarily projects with environmental objectives. For example, in 2020 MEC helped fund new engines for the Regatta Club rescue boat. The most recent examples of community support include a free truck load of garden mulch donated to the Clayton Bay Community Garden, sponsorship for the Milang Bowling Club, a donation to the Friends of the Milang Cemetery, and a donation to the Milang CFS.

Over the years of its operation MEC has been appreciatively recognised for the on-going support of

many different local causes and organisations such as the Milang District Historical Society, Milang Vintage Machinery Club, and Butter Factory Restoration project. The walls of the MEC room where volunteers meet for coffee, tea and Lyla The Cake Lady's delightful treats, display many plaques and 'Certificates of Appreciation' as testimony to the important role MEC contributes to the community and to protecting the local environment. MEC has been formally recognised and thanked for long-term support of environmental projects including Alexandrina Council, KESAB, Greencorps, and the Lower Murray Waterwatch project on behalf of the SA Murray Darling Basin Natural Resources Management Board.

So MEC pays you to practise the 3-R's and uses money earned to support the local community and environmental projects.

Anyone interested in being a MEC volunteer, learning about recycling, using machinery at the centre, enjoying meeting local residents from the wider region, please contact MEC by phone or email or call in personally Wednesday or Saturday.



MEC Boss Dinosaur Don Boyce with a truck load of mulch donated to Clayton Bay Community Garden in May 2023.



A Certificate of Appreciation for outstanding on-going support by MEC for the local Red Cross Australia.



A Certificate of Appreciation to MEC as a patron supporter of the Milang Lakeside Butter Factory Restoration Project.



Certificate of Appreciation to MEC for environmental project support



Medal of Appreciation to MEC for continued support of the Vintage Machinery Club's annual Power Rally.

A 2020 Certificate of Appreciation from Milang Regatta Club for MEC funding towards new engines on the Rescue Boat "Etona"



Milang Environmental Centre Serving our community

The Milang Environmental Centre is a community run organisation and an asset to the residents of Milang.

Ph Don 0423 105 261 or Chris 0411 474 529



Services:

- Recycling depot for glass, plastics, metal and garden organics.
- Bottles and cans deposit paid.
- Recycled items for sale.
- Electronics, household and garden wastes incur a fee.

Hours: Wednesday and Saturday 10am - 4pm

Corner of Weeroona Drive and Jupiter Street MILANG

International Plastic Bag Free Day, celebrated on July 3, is a global initiative that aims to eliminate the use of plastic bags.



What has the Mobile Phone replaced or is in the process of making obsolete?

While many of us non Generation X,Y or Z people (please refer to the 'Generation' table below) may still use many of the following items and probably will for a long time, what will happen is that the younger generations will grow up knowing their mobile phone as the centre of the universe in regards to knowledge, information, music, communication, finance and much much more.

I had a bit of fun thinking about this and have put together some images of 'things' that a lot of people already use their mobile phone for and over the course of time will become more and more obsolete.

- The Builders (Born <1946)
- Baby Boomers (Born 1946-1964)
- Generation X (Born 1965-1979)
- Generation Y (Born 1980-1994)
- Generation Z (Born 1995-2009)



Calculator



Torches



Camera



Compass



Landline Phones



Radios



CD & DVD Players



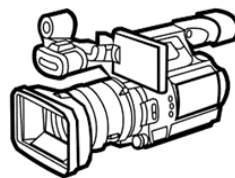
TV's



Stopwatch



Street Directory



Video Recorder



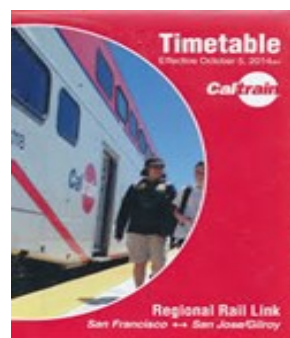
Alarm Clock



Novels, encyclopedia's, cookbooks etc.



Credit Cards



Timetables



Photo Albums



Diaries and Notebooks



Newspapers and Magazines (even the MCN!!!!!!)

Roadmap to the 2026 Basin Plan Review announced

The Roadmap to the 2026 Basin Plan Review was today launched by the Murray–Darling Basin Authority with a commitment to work with communities throughout the 3-year journey.

Unveiled in Narrabri at the MDBA's annual *River reflections* water conference, the Roadmap steps out the work needed to gather the science and build the knowledge, develop the policy, and undertake the engagement needed for sustainable water management across the Basin and its communities into the next decade.

MDBA Chair, Sir Angus Houston AK, AFC (Ret'd) said conversations on climate change, sustainable water limits, regulatory design and First Nations' connection to the Basin would be the focus of the first review of the Basin Plan since its inception in 2012.

"This will be an opportunity to shape the future of Basin water management into the 2030s, and everyone who wants to share their knowledge, views and ideas will have an opportunity to do so," said Sir Angus.

"This is about addressing one of the most complex questions facing Australia and the world – water for the future.

It will be a once in a decade opportunity to consider how we approach the future management of what is one of Australia's greatest natural assets.

"The Review will serve in the interests of all Australians and the environment we leave for future generations.

"There is a lot of work to do between now and 2026 to ensure the Review is supported by the latest and most robust science and with an understanding of our lived experience.

"Full implementation of the Basin Plan must enable all its moving parts to work together to full effect – this is crucial for giving our rivers the best chance for the future.

"The Roadmap includes points along the way to test the settings and to consider where change is needed. We will listen to what you say and learn from you as we look to the future.



You can't teach an old dog new tricks.

Or can you?

The aging process can be a confronting journey. As Bettie Davis stated: "getting old ain't for sissies!" Age related diseases such as osteo arthritis, dementia, cardiac and vascular diseases affect many older Australians. Older people are also more likely to have falls, with nearly 1 in 3 elderly Australians experiencing a fall in the last 12 months. To top it off, we begin to see a decline in our vision, hearing, balance and strength.

Whilst some aspects of this voyage into our twilight years are unavoidable, not all should be considered a normal part of getting older. We now know that it's never too late to improve many aspects of our health and wellbeing.

In recent years, neuroscientists have coined the phrase 'neuroplasticity'. This refers to the discovery that the human brain can change, adapt and create new neural pathways – at any age. This can involve functional changes due to damage in the brain or spinal cord or structural changes to the brain as a result of learning. For example, if someone experiences a stroke and the ability to walk becomes impaired, neuroplasticity principles can assist with the recovery of mobility. Or by learning a new language, instrument or another skill we can prevent age related brain shrinkage. This was considered only relevant to neurological conditions, but neuroplasticity can benefit us all.

Here's how it works: Neurons (the cells in our brains and spinal cord) that are used frequently develop stronger connections. Those that are infrequently or never used degrade and eventually die. We can develop new or stronger connections and therefore learn new skills or strengthen declining ones.

Some key points to remember:

Use it or lose it! Pathways in the brain that are not used, begin to degrade. This includes things like walking, the less we do, the less the brain will feed the muscles required to perform this activity.

Use it and improve it! The more we do something the better and easier it becomes. Like the old saying says:

Goolwa Health Co

10 Dawson St, Goolwa SA 5214

Ph 85287650



Website: www.goolwahealthco.com.au

Services:-

- * Rehab**
- * Physio**
- * Ageing Solutions for a healthier life**
- * Onsite Pilates Studio**
- * Rehab Gym**

practice makes perfect.

Repetition matters! And so does intensity. If you are working on a specific task, especially a challenging one such as balancing on one foot, you need to put in the time and effort to get the practice under your belt. Saliency matters! This refers to the task in question being of importance to you. If you're not interested in going for a long bike ride to improve fitness, cycling isn't going to be fun for you. It's crucial to train in a way that is enjoyable and works towards a goal that is important to you.

So how about you put this into practice? Pick something you would like to improve and apply the above principles. Perhaps you have a fitness or health goal you would like to improve. The Goolwa physio's at the Goolwa Health Co. love nothing more than assisting people on the path to reach their goals and we would be delighted to talk more about neuroplasticity and how it may be able to help you.

Tam Dandridge of The Good Health Co. Goolwa.

No 42 – CREAM AND MILK SUPPLIERS TO MILANG BUTTER FACTORY

Kath and Campbell Vivian

by Alwyn Hopgood

Kath (nee Hopgood) and Campbell Vivian had a small dairy on the north corner of the Milang township. Besides having a town *milk round* (bulk), they delivered their surplus milk to the Milang Butter Factory. Kath and Campbell had three children: Colleen, Dean, and Gary, who still lives in the original home. Approximately 12 milking cows of mixed breed made up their dairy herd. The dairy is still standing on the west corner of Gary's large workshop.

Kath was born on Christmas Day 1925, in Strathalbyn, to Stanley and Edith Hopgood. Her father Stanley went to Balaklava for a while but returned to *Hill View Farm*, Nurragi, to work for his father. Stanley was an expert with horses and could manage a horse team at 11 years old. The block at Nurragi was a virgin block of scrub mallee, and a lot of hard work had to be done to bring it to a level productive enough to carry dairy cattle, sheep and cropping.

Kath and Campbell acquired three four-acre town blocks on the west side of Milang as well as their two town blocks, where their home and dairy were, on Bulkeley Street in Milang. On one of the town blocks, a stand of lucerne was grown to help with the milk supply in the summer months.

Kath's father Stanley Hopgood married her mother Edith Dent when he was 25 years old and took up a virgin block at Point Sturt. He cleared this land and sold mallee stumps to the Milang Butter Factory. In those years, young children always had jobs to do, cows to milk, pigs to feed, fowls to attend to sheep and lambs, etc. And Kath was always in the forefront of this area at *Hill View Farm*, Nurragi, along with her two siblings.

In 1934, Kath, her mother and father and two siblings, moved to Currency Creek. They built a new dairy to get the farm going again. Later, a new house came along. Stanley also worked for the barrages, the woolshed and railway, while the whole family pulled its weight to eventually make a productive farm.

Campbell later worked at a Strathalbyn business where he was very skilled at lawn mower and small engine repairs. One of Kath's proud achievements was service in the Australian Women's Land Army in WWII.



Stan and Edith HOPGOOD at 'Hillview Farm', Nurragi with Brian, Kevin and Kathleen holding Janice.

HISTORIC GRAVES IN THE MILANG CEMETERY

No. 27— WARREN

By Mervyn Hopgood

Donald Warren came to Angus Plains in the 1850's and built the house "Belleville". Donald's son James married Lillian Pavy (7-10-1890) and the couple had six children, Mervyn James and Thomas James died in infancy.

The couple's 4th child was Ina Margaret who married Harvey Hurst, the couple are buried in the Milang Cemetery. The 5th child Madge Lillian married Richard Blackwell and the couple had two children Graham and Enid. Graham married the local district nurse Mary Martin while Enid married Brian Landseer. James who married Lillian Pavy developed a very painful illness and died on the 27th January 1917 aged but 57 years.



The deceased gentleman was one of the most popular residents of the district where he had resided all his life, being the son of the late Mr. Donald Warren who was a pioneer of Lake Plains. The deceased went to Milang to live when his father purchased the lakeside property from the executors of the late Mr D. McBain and took up residence there for life. He married a daughter of Mr. Ben Pavy of Milang and the young couple won the respect and esteem of all who came into contact with them, their popularity growing with the passing of time.

Some time back a serious and painful internal infection manifested itself with Mr Warren which defied both medical and surgical skill and he grew steadily worse till the end gave him relief from very great suffering borne with exemplary patience. His death leaves a gap in a wide circle, his kind nature having endeared him to a host of friends. The funeral took place at the Milang Cemetery, one of the largest processions ever seen there following his remains to their resting place. For the bereaved family very, sincere sympathy was felt right through the district.

Sometime ago it was decided to do something about James and Lillian's grave that had fallen into disrepair. The thin concrete floor of the grave had cracked, and water had accumulated near the front of the headstone causing it to tilt forward. The concrete border around the grave which was of very poor concrete mixed with rubble had crumbled and was beyond repair. It was decided to remove this border and the floor of the grave. Our two grandsons Brayden and Dylan took away many barrow loads of rubble and they also helped to make 12 sandstone blocks which will be to support metal fencing that will sit on the sandstone blocks. The sandstone blocks have been put in place ready to support the metal railings, James and his wife Lillian have their names inscribed on the headstone together with Mervyn James aged 5 months, Thomas James (infant) who lived only 13 hours is buried in the Milang Cemetery and quite a few others that are linked directly to the Warrens through marriage.

Donald Benjamin Warren who married Elle Cochrane in 1914 had 6 children, Gwen McKenzie born 1915, Kathleen Maude born 1916 served in the 2nd World War, Donald Cochrane born 1917, Joyce McDonald born 1920, Marjorie Harriett born 1921 and Angus Norman born 1923. Marjorie married John McInnes and lived in Milang all her life.

Donald Cochrane Warren I got to know quite well. He and his wife had 5 children, 4 boys Jamie, Lachlan, Geoff and Kym and 1 girl Lynley. When the boys were growing up they were turning into really good footballers. Their father who had a dairy (I think) used to come to the Milang home matches when Langhorne Creek were playing away. There was some talk that the boys might play for Milang but it was the only time I can remember that Milang had plenty of colts and the boys played for Langhorne Creek.

Donald Cochrane Warren saw service in the 2nd World War and Kenneth Harrold saw service in the 1st World War and is buried in the old section of the Milang Cemetery.



The floodwaters of January 1941 when the Angus and Bremer overflows became one single sheet of water. Angus Warren guiding the bath tub boat with sister Marjorie as crew



Angus Plains ladies tennis team in 1939. Lynette Dodd, Joyce Warren, Kathleen Warren, Kathleen Mour, Marjorie Warren.



'Belleville' portions of which were built by Donald Warren at Angus Plains in the 1850s. It has been a Warren family home ever since and is currently occupied by Robert and Cathy Warren. Robert is a great-grandson of the first occupant.



Milang CFS News

by Jude Aqualina

With the cold, wet start to winter, Milang CFS have been training indoors. Recently, Clayton and Milang Brigades undertook their annual helicopter landing zone training. Between the two brigades there is an average of four to five helicopter landings per year, so it is important for CFS volunteers to keep their skills sharp.

A big thanks to the Milang Environmental Centre for their generous donation to our brigade. The MEC is a great asset to our town and does a lot to support other not-for-profit organisations.

Milang CFS attended a two-car accident on the Milang - Strathalbyn Road, with one car rolling. Fortunately, there were no serious injuries.



The Milang Brigade now has a crewing app for each member on their phone – so at the time of a callout they can acknowledge weather they are able to attend or not.

This is broadcast live to a TV screen in the station and assists greatly as each crew member can see who is attending and how far away they are.

New members welcome.



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Church Services—Milang and surrounding areas

Church Of Christ, corner of Watson & Coxe Streets , Milang

Enquiries—Peter Wilson 0407 607 638

Sunday Service 9:30am

Friendship & Craft at the Church Hall—Wednesday 10:00am—12:00 Noon

Uniting Church, corner McDonald & Orana Streets, Milang

Enquiries—Nola Deer 8536 4429

Sunday Service 10.00am

Anglican Church—St Marys, corner Luard & Maroo Streets , Milang

Enquiries—Rev. Alex Stone 0405 084 794

Sunday Service—8.15am (1st and 3rd Sundays of the month)

Lutheran Church

Cnr Commercial Road & North Parade, Strathalbyn

Pastor Matthew Edgecomb 8536 3322

Catholic Church—Good Shepherd, East Terrace, Strathalbyn

Father Richard Morris 8391 1053



Milang Community Garden

Newsletter - July 2023

Life down at the garden continues to bubble along, despite the wet wintery conditions! The tomatoes are now at their end, having hung on way past their season.

The gardeners are experimenting with new crops as well as the old favourites such as carrots, spuds, brassicas, peas and various winter leafy greens like spinach, silver beet and lettuces. If you are into cooking, we have a good variety of herbs growing. The old fave's plus some more unusual flavours.

While we wait for our "babies" to grow, everybody is busy building bits of infrastructure, cleaning up old growth and planning for new plantings and new projects! Always something to do! Keeping an eagle eye on those critters that like to eat the plants and make a general nuisance of themselves is an ongoing job.

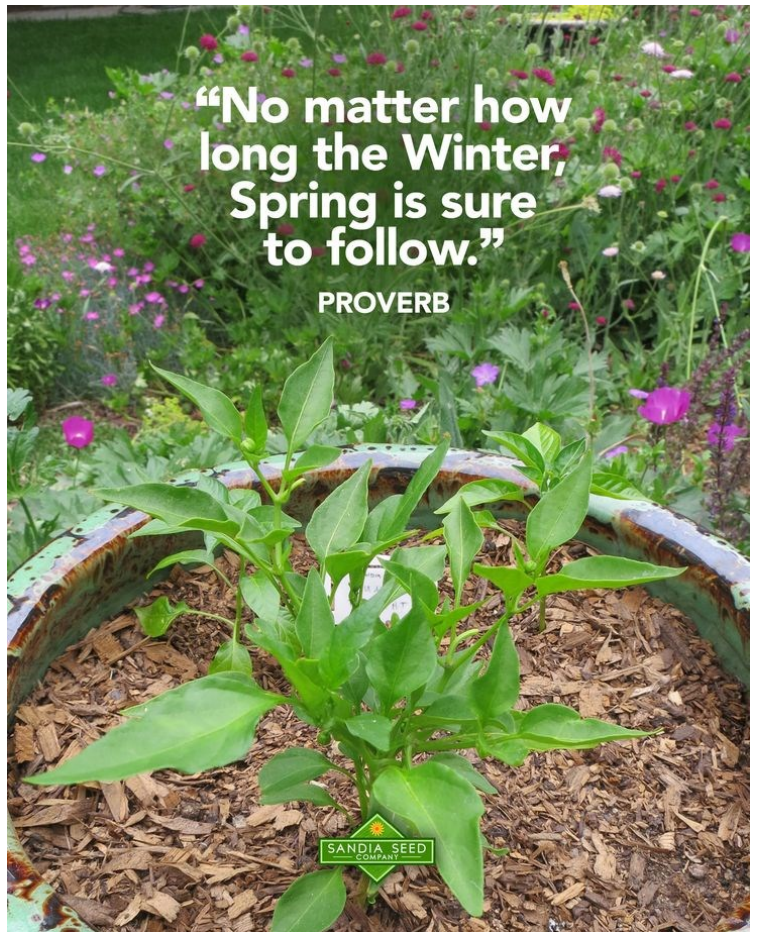
Sadly, the poor old lemon tree has suffered yet another attack of black sooty mould! We have been trying to clean it off, whilst controlling the ants, as well as feeding the tree to help it cope. The aphids also like to get the brassicas, cabbage and turnips. A peppermint oil and veg oil spray has proven to be helpful. Downy Mildew is also another constant threat to peas and other crops.

If you are looking for firewood, there is still plenty for sale at \$5.00 a bag. Please pop in and see us on Tuesday mornings. If you are unable to get there on a Tuesday morning you can contact us:

Milang Community Garden Info: email - gjacks15@gmail.com OR via MOSHCC who will direct you a member.

Unfortunately, there is still little produce to put on the cart. Hopefully that situation will improve as the season moves forward. If you are into potted plants there is a large array at the garden available for a donation. Keep an eye out on the cart or pop in on a Tuesday morning.

The gardeners always enjoy a good morning tea, and every once in a while, a good lunch together. This month we enjoyed a 'burger' lunch with delicious meat supplied from our local store and lots of creative salads and desserts! A jolly time was had by all!



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CLEAN THE HOUSE
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Email: info@ogfc.com.au



Our \$26.90 2 course Dinner is now available both Friday and Saturday nights, each week, plus our Full A la Carte menu as usual..



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Christmas in July, phone Chris to book your party for a fun day/night at Oasis.



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Meals 5.30pm to 7.30pm

Wednesday to Saturday:
Bar opens 11.30am to 9.00pm
Meals 11.30 am to 2pm and
5.30pm to 8pm

Sunday:
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Meals 11.30am to 2pm and
5.30pm to 7.30pm

Schnitzel night Thursday nights
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Bookings 8537 3010

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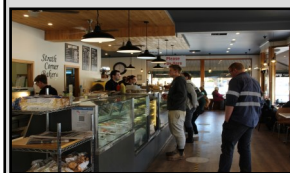
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- Closed all public holidays



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55 Thomas Street, Murray Bridge. Ph 85324551

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E: finniss@parliament.sa.gov.au



For updates go to: www.davidbasham.com.au or    



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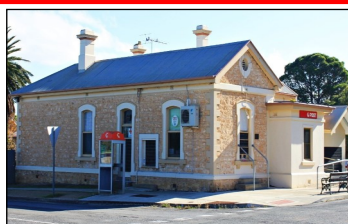
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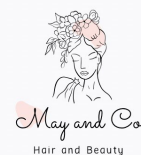
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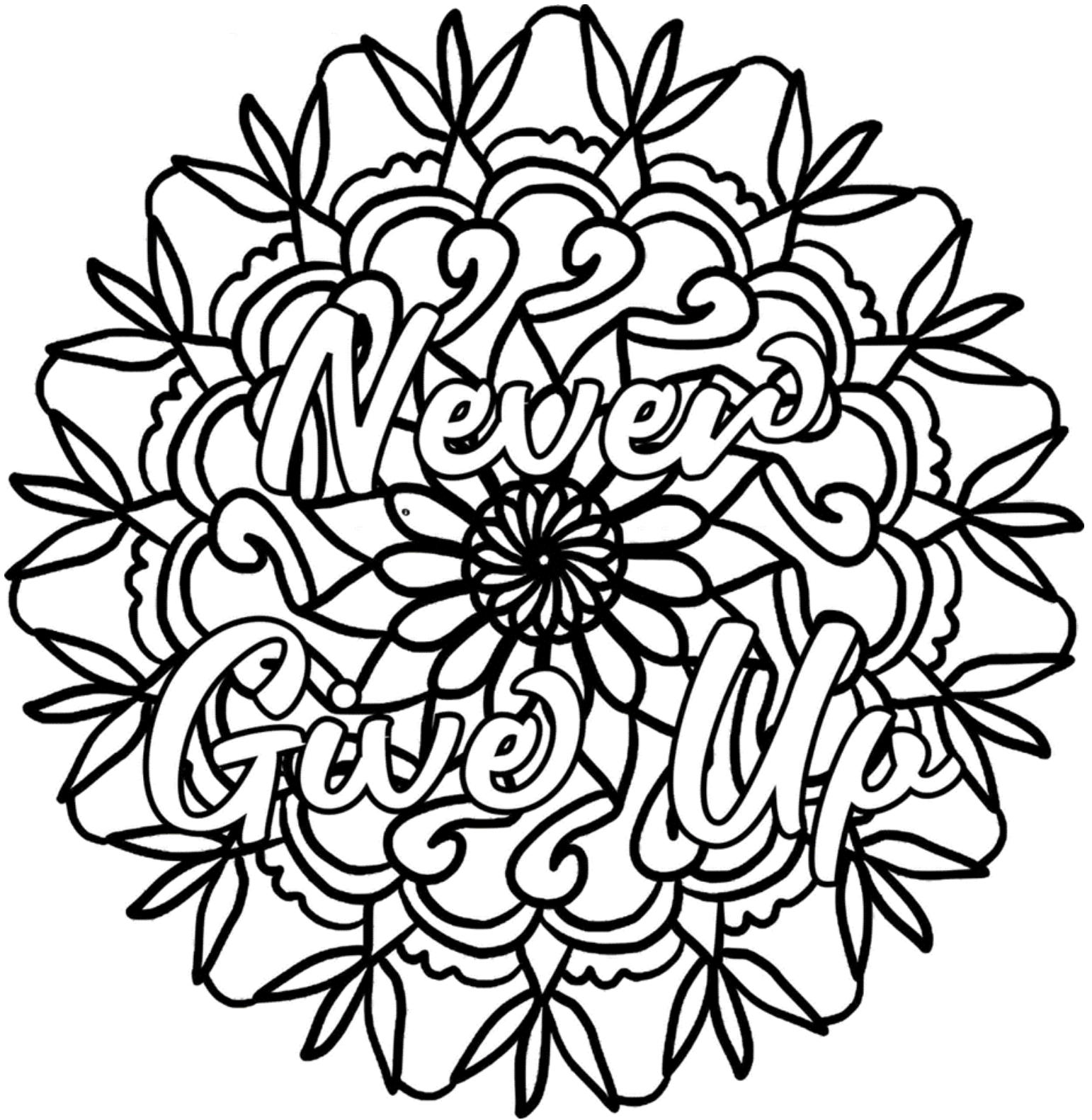
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What's on in our region for July 2023



All of July		The Members' Winter Exhibition "25 Years - Making Life Richer – With Art" is showing at the Stationmaster's Gallery until 26 July. Open 7 days, 10am-4pm
Saturday	1st	ALL READY READ BOOKS - Milang Lakeside Butter Factory - 10am to 3pm
Sunday	2nd	ALL READY READ BOOKS - Milang Lakeside Butter Factory - 10am to 3pm
		The Fleurieu Poultry Club are holding a Poultry Sale at the <u>Strathalbyn Polo Club</u> on Sunday 2 July from 8-11am. Bookings and enquiries to Trudy 0419 842 660. Renee Goulding Art and The Strath Collective are holding a "Wattle Paint & Sip" at the Strath Neighbourhood Centre on Sunday 2 July from 1-4pm. BYO drinks and snacks. Let your Da Vinci, Renoir or Van Gogh out as you paint and play! Contact 0431 337 044.
Friday	7th	Milang Bowling Club - Dinner at 6.00pm
Saturday	8th	" Christmas in July " will be held at St Andrews Hall on Saturday 8 July from 6pm. Don't miss this festive occasion - dinner, auction, entertainment. Tickets \$60 from The Book Keeper or via https://www.trybooking.com/events/landing/1076411 - no door sales. Please advise any dietary requirements to Geoff 0411 056 255. All proceeds to St Andrews Restoration.
Wednesday	12th	Cafe Ruffino, 15 High Street, Strathalbyn will present " Through the Years " - a musical tribute to the life of Elvis Presley - on Wednesday 12 July. Pizza and Show – dinner from 6.30pm, show starts 7.15pm. \$45pp – seating limited, bookings essential – 8536 2355.
Friday	14th	Bingo at Milang Bowling Club - Snacks, soup, etc available for purchase - kitchen open 5-6.30pm, bar open from 5pm. All welcome, 3 games for \$10, other games and prizes. Eyes down 7pm. EFTPOS (no cash) available. Enquiries to Pam 0418 844 775.
Saturday	15th	ALL READY READ BOOKS - Milang Lakeside Butter Factory - 10am to 3pm
Sunday	16th	The Strathalbyn High Street Market sponsored by the <u>Strathalbyn Tourism Association</u> will be held on Sunday (third Sunday of each month) next to <u>Gilberts Motor Museum</u> . Fabulous stalls, music, and great Sausage Sizzle cooked up by the volunteers next door at Gilberts.
		ALL READY READ BOOKS - Milang Lakeside Butter Factory - 10am to 3pm
Friday	21st	Milang Bowling Club - Dinner at 6.00pm
Saturday	22nd	Start brushing up on your knowledge for the Quiz Night at the Tooperang War Memorial Hall on Saturday 22 July – 7 for 7.30pm start. Fabulous prizes and lots of fun. BYO nibbles, full bar service (no BYO drinks please). Please ring Jill on 0409 693 748 to book yourself or a group - tickets \$12pp for advance purchase or \$15pp if paying on the night.
		" Winter in July " event is being held at Woodburn Estate on Saturday 22 July. Indulge in a delicious Christmas-themed three course lunch designed and served by award-winning caterer "Cindy's Classic Gourmet" in the rustic "Stables". \$65pp, tickets from https://www.woodburnhomestead.com.au/whats-on/ . A selection of wines will be available for purchase. Contact 0414 618 433.
		Country Life Compassion are also holding a Quiz Night at the Strathalbyn Show Hall. Sausage Sizzle and Soup from 6pm, with Quiz starting at 7.30pm. Silent auction and live music by "Kick the Dog". BYO drinks and refreshments, tea/coffee supplied. Tables of 10, \$10pp – book your tickets from Prue 0414 756 900
Friday	28th	Bingo at Milang Bowling Club - Snacks, soup, etc available for purchase - kitchen open 5-6.30pm, bar open from 5pm. All welcome, 3 games for \$10, other games and prizes. Eyes down 7pm. EFTPOS (no cash) available. Enquiries to Pam 0418 844 775.
Saturday	29th	ALL READY READ BOOKS - Milang Lakeside Butter Factory - 10am to 3pm
Sunday	30th	ALL READY READ BOOKS - Milang Lakeside Butter Factory - 10am to 3pm
		Angas Go Kart Club is holding their KT Twin 200cc Open and Outlaw Trophy Day. From 2pm at 96 Nine Mile Road, Strathalbyn - entry \$5pp, U14 free.

If you have an event that you would like to see listed here, please send the details to editor@milang.org.au