

Milang Community News

A journal of the Milang & District Community Association

Servicing the communities of Milang, Ashbourne, Clayton Bay, Finniss, Strathalbyn and Langhorne Creek



The Milang Community News is supporting your community. Please support us by purchasing a copy.

January 2023

Cost \$2.50



FROM THE EDITOR

Welcome to the January 2023 edition of the Milang Community News.

I wonder what the new year has install for all of us? Let's hope that whatever happens 'Mother Nature' is a bit kinder to the world. We are yet to see the effect of the Murray River floods but I hope there will be minimal impact for those of us close to the waterline.

Also I think it is very important for us all to try and support local producers and businesses wherever we can. So many have had such a bad time over the last few years with Covid and weather problems and it would be great if we could all support them whenever possible.

The Annual 26th Yesterday's Power Rally will be held at the Milang Oval grounds on the 14th & 15th January 2023 and should be a fabulous weekend, for further details please see page 11.

Also on the same weekend you are invited to come **BUY A BOOK AND TAKE A LOOK** from the new bookstore in the Butter Factory to see what is happening with the restoration.

Remember if you have anything that you would like to share with the community please feel free to send me an email. Have a great month...stay safe!!

Cathy Fish

Email: editor@milang.org.au

Contributions to the Milang Community News

The Editor eagerly looks forward to receiving articles and welcomes suggestions from community members for stories and photographs.

Email: editor@milang.org.au

Mail: PO Box 434 MILANG SA 5256

Copy should reach the editor by the **21st of each month** and must include the contributor's name, address and contact details. **Articles of fewer than 500 words are encouraged.**

Milang Community News reserves the right to refuse advertisements and other submissions. The editor reserves the right to change content for accuracy or where space is limited.

If you would like the Milang Community News photographer to attend an event to photograph subjects of local interest, please contact the Editor, Cathy Fish Phone: 0416 077 584 (leave a message) or Email: editor@milang.org.au

ADVERTISING RATES

Eighth page	\$19.00
Quarter page	\$35.00
Half page	\$60.00
Full page	\$105.00
Art work	\$40.00
Ad set up	\$35.00

For all advertising contact

John Whyte

Email: john.whyte.milang@gmail.com
0431 601 850

Where to buy the Milang Community News available at \$2.50 per copy

- Milang Mini Mart
- Milang Community Centre (MOSHCC)
- Milang Post Office
- Milang Bakery
- Port Milang Café
- Milang Caravan Park
- Strathalbyn Information Centre
- Strathalbyn News Agency
- Strath Chicken Shop
- Corner Bakery—Strathalbyn
- Finnis Café
- Langhorne Creek General Store
- Oasis Garden Function Centre

DISCLAIMER

The Milang Community News is produced on behalf of the Milang and District Community Association Inc (MADCA).

The committee of the Association accepts no responsibility for damage of any form which may occur as a result of the contents of this publication.

The opinions expressed in the Milang Community News are not necessarily those of MADCA.

Chinese New Year 2023 falls on Sunday, January 22nd 2023 and celebrations culminate with the Lantern Festival on February 5th 2023



Front Cover - Pelican Fun!

Photo's courtesy of Christine Danton

Milang Community News is online

Download a pdf version at <http://milang.org.au>

Christmas Lights Competition 2022

Firstly we would like to thank everyone who entered the Milang Community News - Annual Christmas Lights competition.

Again, we were amazed at how wonderful all of the displays were and you could easily see how much work and planning had gone into them.

For the 2nd year in a row the winning exhibit was from Clayton Bay by Yvonne & David Rhodes and it was absolutely breathtaking. If you have never been to see their exhibition, please do yourself a favour and put it on your Christmas list of 'Things to Do'. Yvonne said her motivation each year was to give the children a nice memory and make it 'Magic'.

In addition to the display, Yvonne and David greet all of the visitors and Yvonne loves to give all of the children a little present to take away. David & Yvonne chose the \$50 voucher that was very kindly donated by the Bridge Hotel at Langhorne Creek.

The other winners were Mike Galea from Strathalbyn who won the voucher from the Commercial Hotel. Chris & Doris Lambert from Milang who won the voucher from Oasis and said their motivation was the pure joy of Christmas and sharing it with family and friends. Colin & Joy Frick won the voucher from the Victoria Hotel and said that they have been doing this for years and they really enjoy the process.

A HUGE thankyou to our wonderful sponsors and to all of the entrants for making this competition such a success.





Card Afternoons

This is an open invitation to anyone who may be interested in coming to our card afternoons every Tuesday at the Community Centre.

Time is from 1pm to 4 pm with a cuppa and cake included at a cost of \$2.50. The games played are Crib, Canasta and Jonola, but could include Euchre and Rummy.

Those wishing to learn will be given free tuition. Come along for a fun couple of hours.

For more information, phone Pauline on 0427 370 050.

Calling all Knitters/Crocheters,

ex & wannabe

Knitters /Crocheters!!

Or



Anyone who would like to be part of the 'Just Yarning Group' group please call Lyn on 0407 370 079

We meet on Thursday mornings at 10.30am to knit squares to be sewn together to make rugs that will be distributed locally to those in need.

Donations of 8ply wool would be greatly appreciated and can be left at (MOSHCC) Milang Community Centre.

If you are interested or have any queries,

Please contact Lyn - 0407 370 079

Letter (email) to the Editor

Hello, I'm a visitor here with my husband staying at the caravan park for 3 nights. We bought a copy of your publication and have read it from cover to cover! It is very impressive and immediately we formed the opinion that Milang is a great community town. There is so much going on!!

Good country people helping each other and helping their town. This attitude is missing in so many places where everyone is out for themselves!

Well done to the writers and well done to the townspeople!!

Regards Julie

Good morning Julie

Thank you very much for email. We are so glad that you have enjoyed reading the publication and that you feel that Milang is a great community town.

There are a lot of wonderful people who contribute to the Milang Community News and I certainly take pride in editing and producing the publication.

Kind regards

Cathy Fish



MILANG MARKET

10AM TO 3PM

FEBRUARY 11TH

MILANG INSTITUTE
COXE STREET MILANG

If you are interested in having a stall, ring Lyn on 0407 370 079 or go online markets@milangbutterfactory.org.au



Perseverance

Daniel Blackman

Mountains lay ahead, with no interval to be seen
a never-ending climb just to reach the top and find
more.

A march turns to a dawdle then to a crawl,
as the incline increases with more to endure
broken and bruised, tired, and scared
but go on we must, no matter the opposition,
no matter the challenge, no matter how demanding.

Even though we believe we have come to our end
we must go on, so we pick up our lives our rifle or pen
and prepare to charge once again
we hold ourselves up against the oncoming tide
even though we lean on what support we may find
as long as we keep fighting and just keep going
we will find the end, we will reach the top
if it is even possible to find such
a place.



War Sonnet

Angelina Angelo

He sits beside his friend stained in pure red
So young that soldier, innocent and brave
Remembering his mother, laid in bed.
He reaches with his trembling hands to save
Unable to touch, defeated by her death
Shattered hopes fall from his delicate face
he watched another fall: take his last breath.
In the distance soldiers pick up the pace –
I'm dragged into the soil where I am bait
I have given this world my life and pain
This cruel world is dark and full of hate.
Corpses of thousands fill the empty lane.
Meaning in life has just come to an end
Is this really how soldiers should defend?

POETS CORNER



Cat in Blue

Bernie Anderson

Afternoon has turned on the cold.
No sun
yet the worn chair is warm,
from its place under the wide verandah.
Under a scrap of blue tulle,
kitten turns himself into a ball,
like coiled cotton wool,
body stilled
his green eyes dance
with wonder
at pigeons
pecking holes in his sleep
and my lawn.

Side-Lined

By Will Kennett

I never thought I would miss being sore
sobbing in the changerooms after a loss
cramping in the bath on a Saturday night
battered, bruised, unable to walk on a Sunday –
physically I'm a wreck

Now

I sit quietly in the changerooms
my baths are calm
my body is fine.
But what I would do to be wrecked again.
Priceless
I went from hearing "well played" to saying it
placing magnets on the board, not being one
yelling out encouragement, not hearing it
watching the song, not singing it.

**Poets are encouraged to submit their poems for Poets Corner to:
PO Box 251 Milang 5256 or jude_poet@yahoo.com.au**

TRIVIA



Answers Page 30

By Jude Aquilina

1. Who started the Australian Flying Doctor Service?
2. What type of animal is a Dandie Dinmont?
3. From where was the first European to land in Australia?
4. What is the word for a group of kookaburras?
5. Who invented the telephone?
6. Who said: *There is no limit to what we, as women, can accomplish?*
7. What is the word for a person who make clocks?
8. Where would you find the Sea of Tranquility?
9. Which church appears on our fifty-dollar note?
10. Who was the first Indigenous member of Australian parliament?

MOSHCC is seeking Volunteers

Do you have you some spare time on your hands ?



Would you like to assist in one of our many community projects?

In particular we are currently looking for people who would like to work in Reception and also we are in need of people who would like to drive clients to and from appointments (vehicles are provided).

You will find a very friendly bunch of people and make new friends very quickly. You will find it very rewarding to be involved with such a great group of people.

Call MOSHCC on 8537 0687 and ask for Vivienne

Justices of the Peace

Please ring for an appointment

Mr L.F. O'Driscoll 8537 0051

Karyn Bradford 8537 0067

Website of the Milang & District Community Association Inc.



We produce videos with voice overs for your business in our region to promote your business. Call today for a demonstration on how we can help you promote your business at affordable an price 0431 601 850

Your local Community Centre working for your business. www.youfindit.com.au



Meals on Wheels

We deliver smilessm

Please call 1800 854 453—for information on how to order

Have you left (or lost) in the Lakes Home Care Car - week ending December 16th 2022 a pair of ladies earrings?

Contact Reception at MOSHCC on 85370687 if you have.

From the President New Year 2023



2022 seems to have flown by so quickly. It's like yesterday that Annie and I were celebrating the New Year 2022 at Bob and Betty's Caravan Park.

While we have all suffered Covid one way or another, throughout the year, this sadly disrupted our plans to Townsville for Christmas, not with COVID ourselves but many at the MOSHCC coming down with it.

It has been a successful year for MADCA, with work on the Butter Factory progressing well, forecasting an opening sometime towards the end of this year, 2023.

Three years of planning and negotiating will see our Youth Activity Centre open on the 5th of February this year. This will be an excellent asset for the youth of our region and will give them a place to hang out with organised activities.

MADCA is also planning other projects for the town, including joining with the council to build some affordable housing and looking at a feasibility study to have Milang entirely powered by renewable power, both solar and wind, with battery backup. While these are very ambitious projects, anything that is possible just takes time whilst working through the challenges.

Other organisations, such as the Historical Society, are having a massive upgrade of their museum at the Oval. The Port Railway Museum has outstandingly provided a first-class attraction for our town, including free rail rides to visitors and the only steam simulator in South Australia.

Yesterday's Power Rally did a great job attracting so many visitors to our town in January 2022 and is to be held again in January this year. The Milang Country Fire Service volunteers who work so hard for our community, the Milang Environmental Centre, similarly with volunteers who collect bottles, etc. Milang Search and Rescue Squadron again keeps users of our Lake so much safer.

All of these organisations and volunteers who give their time on a free-of-charge base contribute to what Milang is about.

My wife Annie and I love the town and all it represents. I congratulate all residents for making it a truly remarkable place.

John Whyte / President

CHALK & CHEESE MARKET WEATHER

If chalk and cheese are different, so was the weather for the December Butter Factory Market.. What a difference....! Sunshine, small breeze and not a drop of rain...very pleasant.



There was a colourful array of various craft work, basket work, glass work, jewellery, Christmasy stuff, stuffed toys, other toys, etc on about 15 stalls and of course the tea/coffee and cakes and the BBQ with it's popular egg and bacon sandwiches, sausage & onions etc.



The Butter Factory Raffle run by Pauline Perry who donated the prizes, was very popular and made approximately \$500. (A fantastic effort Pauline)



There were 10 prizes to be won and the first prize drawn was generously donated back to the cause to be used again.



In total approximately \$1000 will be credited to the Butter Factory Fundraising bucket at the end of the day.



Our next Market will be held Saturday 11th February and if you are interested in having a stall, ring Lyn on

0407 370 079 or go online

markets@milangbutterfactory.org.au

JM

WOW WONDERFUL WOMEN'S GROUP



The WOW women's group had a fun end to 2022 with a handmade Christmas gift themed demonstration and party.



Local artisans Joyce Hopgood and Pat Hawkins showed us how to make festive bonbons and chocolate candy cane sleighs while enjoying some laughter and reminiscing about the places we had been during the year.



We look forward to our first planning meeting for the year in late January, when everyone is welcome to put their ideas forward for the coming year's activities.

Cheryl or Di will call all members to confirm the date. New members are always welcome to join in.

Please contact MOSHCC reception to book in or leave a message for Cheryl or Di to get back to you on 85370687.



January 2023

- 3rd Kelly McLean
- 8th John Toshach
Penny-Sue Perry
- 9th Lois Eatts
- 13th Annie Whyte
- 18th Adrian Ross
- 19th Robert Neale
Hayley Evans
- 22nd Gloria Jones
- 27th Judith Digance
Brian Griffin
- 30th Kath Berry
Ann Robertson



Happy Anniversary!

- 13th Annie & John Whyte
- 26th Rosemary & Trevor Evans

Rainfall for December 2022



Sunday	11th	0.5
Monday	12th	2
Wednesday	14th	1
Wednesday	21st	2.5
December 2022 Total		6

Rainfall figures kindly supplied by Ray Perry



'Stepping On'

Keep Active ... Stay Strong

Strength and Balance

Tuesdays from 10—11am at
The ACE SPACE at the MOSHCC

A weekly one-hour exercise class using gentle and controlled movements to improve strength, balance, flexibility and coordination in a fun and supportive environment.

Small group, suitable for all abilities, (priority given to CHSP clients), EMAA (Easy Moves for Active Ageing) Trained Instructor.

Good balance is needed to keep us moving about confidently and safely.

Please speak to **Cheryl** at the Milang Community Centre

Phone: 8537 0687

Cost: Gold Coin Donation



MILANG MERMAIDS WOMEN SUPPORTING WOMEN

On our journey as women we are often called upon to support others.
This group will endeavor to support you.

As women we learn so much from all generations and there is always so much more to learn. Within this group we provide a safe place where we can share and care for each other along this journey called life.

CONTACT DETAILS

Colleen on 0499 373 148

colleen@growinglifeconnections.com.au

****There are no meetings in January 2023****

The next meeting will be on
February 7th

Please contact Colleen if you are
interested in attending



Toe Nail Cutting & Grooming



Are you finding it hard to cut your own toe-nails??

Let us help!!

Our Enrolled Nurse Sally is willing to assist.

All you do is make a booking on 85370687, we will have a list of dates and times available.

So just register, the fee will be \$10.00 and you will need to bring along a small hand towel.

Over 50's Keep Fit Class

Milang Institute Hall

Thursday 10am-11am

All Welcome

For info call MOSHCC 8537 0687



We won't let our body succumb to old age.

Therefore, we try to prevent that by strength and stretch movements (and laughs and giggles)

Every Thursday between 10 and 11 o'clock.

So do your body a favour and join us.



Milang Playgroup are looking for 'Dress Up' costumes.

If you have any costumes your kids or grandkids have grown out of, we would love to take them off your hands.

Please drop off at the Milang Campus front office.



Milang & District Historical Society Inc
P.O. Box 297, Milang, S.A. 5256

(Including the Port Milang Museum, Lakeside Men's Shed & the South Australian Fire Fighting Vehicles & Equipment Museum)



The Milang & District Historical Society will have on display at the Yesterday's Power Rally for the very first time "Eos" a solar powered car which was donated to our Milang Museum in February 2022, that took part in the Darwin to Adelaide Solar powered car race in the 1990's.

The largest item on display will be the Society's 20 ton Allen model 16/30 Trenching Machine which was used to dig the trench for the main pipeline from Milang to Strathalbyn in early 1960's by the then E. & W.S. Department. This machine that was situated by the Whispering Wall near Williamstown was donated to the Museum by S.A. Water earlier this year. One of our Members worked on this machine doing his Apprenticeship. This machine was in danger of being scrapped.

Two members of the Gawler Machinery Club, Les Fry and Roger Day contacted our Society with the view of saving this historic machine. Thanks to them we were able to work with Peter Pavy from S. A. Water who organised transport from Williamstown to Milang at no expense to the Historical Society. We are very grateful to Les and Roger for their assistance in bringing this to fruition. Also, thanks to Peter Pavy and his S.A. Water team who made all this possible.

Allan McInnes



The Annual 26th Yesterday's Power Rally at the Milang Oval grounds, Milang will be held on the 14th & 15th January, 2023. It is the largest annual 2 day event of its type in the Alexandrina Council area.

On display are Vintage & classic Cars, Trucks, Motorcycles, Tractors, Engines and Machinery.

The event was first held in 1997 at the Milang Railway Museum on Daranda Terrace.

The Rally continued to grow until it was decided to hold the 2009 Rally at the Milang Oval Grounds where there is more available space.

The Tractor Pull was introduced in 2014 and two purpose built sleds are used. The Tractor Pull is very popular with spectators.

The Rally is run by the Milang Vintage Machinery Club Volunteers who come from all over the Fleurieu and Hills.

This year's special feature products are Holden Cars, John Deere Tractors, Ford Trucks, BMW Motorcycles & Moffat Virtue Engines.

All owners of vintage & classic vehicles are welcome to come and exhibit.

Entrance is \$8.00 and children under 12 free.

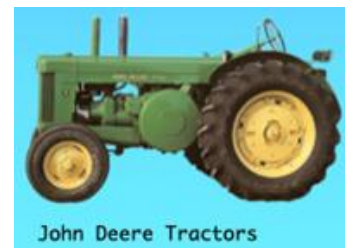
There will be a variety of stalls and delicious food.

Once again, we expect the Paddlesteamer Oscar W to be at the Milang Jetty and doing cruises on Lake Alexandrina on both days. A shuttle bus will be available to take visitors to the jetty and Railway Museum.

We thank our many sponsors including Milang businesses and individuals and Alexandrina Council.

Contacts are:

Secretary Margaret on 0427 287 411 or
President Don 0406 337 079.



John Deere Tractors

the power of humanity



Firstly, Red Cross Milang would like to wish everyone a Happy New Year.

The opening times for The Cheer Up Hut when our Flag is flying: -

Wednesday and Saturday

9am until Midday

We have a large array of Men’s, Women’s and Children’s clothes, Bedlinen, Children’s Books and Assorted Toys, all are welcome to come and browse.

If anyone in need of clothing at any time, please Contact Bec on 0402244804 or Tracy on 0417299391. Discretion is assured

The small stall by the oval entrance has a selection of Books, DVD’s, Plants & Toys etc. A donation Box is available at the stall.

Thanks to everyone for your continued support for the Red Cross, however we need more volunteers. If interested, please Contact Bec or Tracy on the above No’s.

The Cheer Up Hut will reopen in January for Yesterdays Power Rally, which will be the 14th January 2023.

Doris Lambert

Publicity Officer



enjoys a coffee at the Clayton Bay Hall



David Basham called in to the Clayton Bay Community Hall to say ‘hello’ and have a cuppa on the 14th December and as you can see he bought his Christmas Elf with him.

It was great to see David and the locals enjoyed the opportunity to catch up with him .



Milang & Langhorne Creek

R-6 Campuses

Our Playgroups cater to families with children from birth to 5 years. Attendance is FREE.

Milang Playgroup is run every Tuesday morning during the school term from 9-11am.

Langhorne Creek Playgroup is run every Friday morning during the school term from 9-11am.

Milang Campus:

**Head of Campus—Susannah Cook
(08) 8537 0223**

Langhorne Creek Campus:

**Head of Campus—Les Cameron
(08) 8537 3145**



Milang Campus - Milk Bottle Regatta

Congratulations to all the students at the 2022 Milang Bottle Regatta!

This year we had a record number of junior and upper boats both in the Single and Double Categories competing for the coveted Golden Milk Bottle.



With a slight breeze to start the day the younger students braved the water and paddled around the reeds for the first two races. The older students then launched from the Jetty, under the careful eye of the Milang Rescue Boat to row to shore.



There were some mishaps and design failures, but the winners (Milang in the single boats and Callington PS in the doubles) were pleased with their milk bottle medals and Flavoured Milk donated by the Fleurieu Milk Company.



Milang Campus - Year 6 Graduation



We farewelled the Year 6's at the Graduation assembly on Tuesday, 13th December with their families and staff. It was fantastic for all the Year 6's to stand up and present a speech to the audience, something that is quite hard for some.

Thank you for all who attended and to the Milang Bakery for the fantastic cake.



The kids were so excited to see their faces on it!





3 Days to Play – Youth Theatre Workshop Series

This January, find your theatre-loving tribe and have fun learning new skills as you join award winning theatre professionals, Sally Hardy and Rory Walker, and make a brand-new play in only 3 days! Participants can choose to perform, or they may wish to focus on writing, design or music. The workshop series will culminate in a live performance for family and friends at the Goolwa Centenary Hall.

Things to know...

- It's Free!
- Workshop series suitable for young people 12-25 years
- Family and friends of all ages are invited to attend the Performance

Bookings essential. Call Dan on 0418 811 780 or visit [Eventbrite](#)

- Lunch, snacks and water provided at workshops. Light nibbles and non-alcoholic drinks provided at the performance.
- Transport available for participants to/from workshops. Call Dan to book your seat by Wednesday 11 January.

This activity is proudly brought to you by the City of Victor Harbor, headspace Victor harbor, and Alexandrina Council with support from Milang and District Community Association.

Youth Theatre Workshops



3 Days to Play!

3 full-day workshops followed by performance for family and friends

18 Jan | Victor Harbor Town Hall, 10am - 4pm
 19 Jan | Milang Institute, 10am - 4pm
 20 Jan | Centenary Hall Goolwa, 10am - 4pm followed by Performance 6pm - 7pm

Bookings and Enquiries:
 0418 811 780 or via [Eventbrite](#)

Transport for participants to/from workshops available. Book your seat by 5pm Wednesday 11 January with the City of Victor Harbor on 0418 811 780.



IMPORTANT INFORMATION

Summer Bin Collection Schedule 2022-23

Council will be doubling the collection of yellow recycling bins and green food organics garden organics bins this coming summer to encourage residents to recycle more material.

The Fleurieu Peninsula councils have long recognised the summer period requires extra waste collections and since the introduction of fortnightly collection, have provided weekly collection of waste to landfill bins over the peak summer period.

The six extra weekly collections of Recycling and Green bins (in eligible townships) will begin the week of 19th December 2022 and finish week of 27th January 2023.

The Fleurieu Peninsula and Kangaroo Island Councils are already leading that state in recycling with 60% of kerbside waste collected recycled. The extra collection of recycling and organics will see nearly 75% of material collected recycled.

Further information and collection calendars can be found on the [FRWA website](#).

Information sourced from the Alexandrina Council website



SUMMER FUN DAY

& Milang Youth Hub Launch

An event for young people & their families



Sunday 5 February

11am – 3pm



Youth Hub*

(Old Regatta Yacht Club)
Paddleteamer Drive, Milang



Gold coin donation for BBQ lunch



Bookings essential for KAYAKING

Book at [Humanitix](https://www.humanitix.com) or phone Alexandrina Council 8555 7086

THE ACTIVITIES

Kayaking
Pool Table
Table Tennis
Art Activities

Check out the Youth Hub and find out how young people can get involved.

*Location subject to natural/weather events. Updates on the MOSHCC Facebook page and to registrants via email.



MILANG & DISTRICT COMMUNITY ASSOCIATION INC.



Mental Health and the New Year

By Vivienne Maher

The experience of the past few years has been different for everyone, as have our reactions, but there's no doubt it's been a difficult time for us all.

Taking care of your mind as well as your body is really important. It's so important to do what we can to look after our mental health and wellbeing.

After the festive period, the New Year can seem like a good time for a fresh start, and a chance to begin the year with a healthy mindset. You may already have some ideas for New Year's resolutions.



Maybe you are looking for ways to improve your mental health. There are many little things we can all do to look after our mental health. The little things we do for our mental wellbeing can help a lot; helping us lead happier, healthier lives and cope with life's challenges.

Some New year's resolutions ideas that you might find helpful -

1. Look after yourself physically, to feel better mentally

Your physical health and mental wellbeing are linked, and as such, there are lots of positive changes you can make to improve your physical wellbeing that will also improve your mental health.

Exercise regularly - Exercise boosts the 'happy chemicals' in the brain, known as endorphins, which ultimately improve your mood.

Eat healthily - It's important to try to eat healthily and not overeat. Not only does this have obvious physical health benefits, but a healthy diet can also have positive effects on your mental wellbeing.

Get plenty of sleep - Getting good quality sleep is important for your mental health and can make a big difference to how you feel. The less activity that your brain or body do during the day the less rest or sleep you need.

2. Connect with others

We know that connecting with others is important for your mental health and can help you feel better. Talking to someone about how you are feeling or finding ways to help other people can all help to improve your mental wellbeing.

3. Practise self-care

It's so important to practise self-care as a means of improving your wellbeing. It can be easy to focus on the needs of other people, rather than what you want, but taking just a small amount of time for yourself can be hugely beneficial. **What do you do to fill YOUR cup?**

4. Stop being so hard on yourself

It's so easy for us to be self-critical and hard on ourselves, which can have a negative impact on our self-esteem and wellbeing. If you find that you beat yourself up over small things, and engage in negative self-talk, ask yourself whether you'd say the same things to another person. If the answer is 'no', then why would you say them to yourself?

5. Recognise your signs of feeling stress

Is your mind racing? do you feel your heartbeat faster? Is your jaw clenched or grinding or your fists clenched? Learn to take notice of these signs. Just noticing your stress can help you feel better. Once you recognise these signs, there are a range of things that can help further. Taking a deep breath can turn your bodies fight or flight response off, deep breaths can also help reduce anxiety. You are in control of your body and your thoughts

When you recognise that your mind is racing, or your fists are clenched – name it. What is happening here and how do you feel? Naming a feeling such as 'stressed' or 'angry' moves brain activity from the emotional parts of your brain to the thinking areas and can have a calming effect.

6. Get help for substance misuse, if you need it

All drugs and alcohol have some kind of effect on your mental health. They affect the way you see things, your mood and your behaviour. For some people, taking drugs and drinking alcohol can lead to long-term mental health problems, such as depression or schizophrenia. You may already have a mental health diagnosis and use substances to help yourself cope.

Continued page 18

BUTTER FACTORY

BOOKS

Aka

ALREADY READ BOOKS

Lots of books, boxes, tables, crockery, cutlery and other non-descript items were, stacked, piled, squashed, and squeezed into 5 cars and a Ute on a Sunday afternoon and relocated from the Old Regatta Club House to the Milang Butter Factory.

During November/December hectic weeks, 'stuff' and books were assessed, sorted and categorised in readiness for the re-opening of the Butter Factory Fundraising Bookshop now called..... '**Already Read Books**' in our new temporary location.

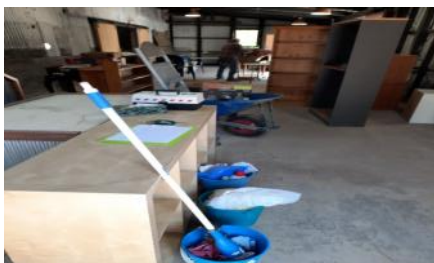


We've had generous donations of bookcases, chairs, tables and cupboards to help refurbish our space and are quite proud of our achievements. So please pop in to see us, *buy a book and have a look* on January 14th. If you have a pre-loved, unused bookcase that is taking up space and you're happy to donate it, then we may have a home for it! Ring MOSHCC and leave a message for Lyn.
JM

You are invited on Saturday 14th and Sunday 15th January 2023 to come **BUY A BOOK AND TAKE A LOOK** from the bookstore in the Butter Factory to see what is happening with the restoration...You will be impressed! Already Read Books doors will open 10am -3pm. Come and browse and checkout our bookshelves (yes we have real bookshelves) thanks to generous locals and we are still accepting pre-loved and 'ALREADY READ' books.

A HUGE thank you to John Bradford and his crew of volunteers who made our new space ready to occupy in record time. Thanks also to partners and others from MOSHCC Reception, Butter Factory, Meals on Wheels Transport & Maintenance who generously gave their time, energy and demonstrated their expert packing techniques at a moments notice. It was all over and done within a very short time.

Later came the big clean up with mop buckets, rubber gloves and vacuum cleaner to finish off the job.



High Winds Put House at Risk



Unseasonal weather bringing exceptionally high wind to our lake-side town almost caused a catastrophic tree to fall on a resident's house at Milang Bay. Repeated calls to council finally resulted in workers turning up to cut down the almost falling tree. The tree had been rocking from its roots and causing the roots to shift and move the soil in the ground.

Fortunately for the resident the tree was successfully cut down by council before it came down on the resident's home.

A big thanks to Council and their hard staff for saving the house.

Cont:- From Page 16

7. Don't be afraid to speak up

This has been a difficult time for everyone and feeling sad, anxious or worried, angry or fearful are all normal feelings when we cannot control what is happening around us and life isn't the same as it usually is. These feelings and worrying thoughts don't always mean that you have a mental illness, but it is useful to talk about them so that things do not become any worse.

- Remember, the mind, body, and soul should operate as one.
- Making and setting new goals for yourself can be exciting.
- There is opportunity in every situation *if you let yourself see it.*
- Happy New Year and I wish you all a bright and happy 2023!

Lifeline 13 11 14

Suicide Call Back Service 1300 659 467

Kids Helpline 1800 55 1800



Milang Cottage Garden Club

monthly outing report

Hi fellow gardener's

A Merry Christmas and a Happy New Year to everyone. The trip on the 14th December was a special one not only was it our Christmas lunch but we were also celebrating 25 years of the Milang Cottage Garden Club. To celebrate this event, we went a little up market for our lunch by going to the Redgum Restaurant at the Bridgeport Hotel, Murray Bridge. Even leaving an hour later than usual we arrived early so we took in some of the forth coming flood sights and preparations along the wharf area. There were lots of sandbags and a little bit of high water but nothing compared to what we saw after lunch when we ventured over the bridge.

Back to the lunch, everyone had been requested to bring a gift and as I gave everyone their ticket for the pick I gave them a small parcel. June Bond our president explained what it was all about as members opened the package to discover an engraved glass as a personal celebration of the clubs 25 years. The design was done by Kellie Macfarlane one of Anne and Jeff's granddaughters. *(Unfortunately, the photos did not come out clearly.)*

After a very nice but oh so large lunch, we set off to visit just one nursery 'Serenity' where last minute presents among other 'must haves' were purchased. We then explored some flood damaged areas over the bridge which were now under water, just warning us of what is to come.

There will be no trip in January, the next time we meet will be in February on the 8th when we meet at Jeff and Anne's house at 27 Grandview Drive Clayton Bay at 12 noon for lunch. This will be followed by an AGM and planning meeting so please bring a plate of lunch to share and ideas as to where you wish to go in 2023.

Once again, wishing everyone the best of the seasons greeting and a safe and happy 2023.

Anne Feast

8537 0453

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Reduce Land-Fill by putting your food scraps into your Green Bin or FOGO Bin

Alexandrina Council, City of Victor Harbor, District Council of Yankalilla and Kangaroo Island Council will double the collection of yellow recycling bins and green food organics garden organics bins from 19 December to 27 January to encourage residents to recycle more food waste and packaging. The change to the schedule has occurred following a two year investigation into the best way to provide more opportunities for households to recycle more and reduce waste going to landfill, which included a community trial, waste audits, surveys and data tracking.

The Fleurieu Regional Waste Authority have been promoting the change in collections through Council newsletters, social media and print media since October 2022 and have received varying responses from the community. A major area of concern has been how holiday houses will manage their waste.

FRWA have reached out to all property managers to assist them in managing their waste and recycling over the summer period. One property manager has booked an additional 46 waste collections for the properties they manage, while others have taken away educational material for their clients.

Some people were also concerned about an increase in nappies with relatives visiting and they have also booked additional collections.

In general people have been positive about the opportunity to recycle more material.

FRWA have placed banners and temporary signs around the Fleurieu Peninsula and Kangaroo Island to further remind the community of the changes to waste collection. These changes are expected to increase

View video regarding how to reduce "Land-Fill" <https://www.youtube.com/watch?v=eIJFAtxBb7Y>

Empower People to Save Wildlife

(Part 1)

By Peter Mirtschin

This is a proposal to empower ordinary people to start to recover our native wildlife. The bulk of the work will be done by everyday people, with expert advice. Existing healthy populations, remnant and locally extinct native wildlife will be targeted. Before we can give Australia back to our wildlife, we must first give our wildlife back to the people. Let's start locally and set an example.



Eastern quoll, one of our cutest predators, controls pest rabbits and was once common here.

To achieve this goal, all methods of procurement and release should be explored. This is a concept plan for discussion and detailed planning is required.

General

The scientific and popular literature is awash with dire predictions of wildlife loss and in May this year, 63 animals were predicted to most likely to go extinct by 2041 ([Garnett et al, 2022](#)). Despite the expenditure of somewhere between \$5.0 - \$9.0 billion per year on wildlife conservation ([Mirtschin et al 2017](#)), species loss is still occurring at an alarming rate. Although there are some good initiatives being employed, we have seen little in the way of empowering our ordinary human population in wildlife conservation on a broad scale.

Much of the wildlife conservation strategy is driven by wildlife authorities, dedicated wildlife organisations and academics funded by government grants or other sources. These strategies are still important, but if we are going to stop the decline of species, we need something else as well. Locally, if we can encourage our people to be directly involved in some of the vital strategies to save and restore wildlife, a huge difference can be made. We must move from being "apart from nature to becoming a part of nature once again" ([Attenborough 2020](#)). Before we can give Australia back to our wildlife, we must first give our wildlife back to the people.

We can obtain great inspiration from examples set in Simon Town South Africa, where humans and penguins are totally integrated.



African penguins live among people in Simon Town South Africa. Both penguins and people benefit.

Here penguins wander between the human population and live in their backyards ([Warkentin, 2021](#)).

The people and penguins both benefit from this arrangement. Simon Town is often called [Penguin Town](#).

Moreover, in north-western India, in the state of Gujarat, humans are living successfully and willingly amongst a wild Asiatic lion population. From a mere 20 individuals a century ago, these lions now number over 400.

But the lions have outgrown their Gir Forest sanctuary and spilled out into the surrounding countryside and villages.



Yet here a unique relationship has developed between lions and people, revealing a story, not of continual conflict as we might expect, but one of survival and tolerance. [India's wandering lions](#) ([Nature 2016](#)).

In the state of Gujarat in NW India, Asiatic lions have spilled out into villages surrounding the Gir forest and provide benefits for local farmers and boost tourism for the area. Here a lion passes villagers where both people and lions go about their business.

In both these examples you can watch the full -length videos on Netflix or Youtube, and experience two heart rendering human-nature experiences where there are real and tangible benefits for the animals and humans living together. There are messages in these 2 documentaries for us and how we might also live with our own wildlife and extract the joy and benefits they offer. Tourism has flourished in Simon Town which is now often called Penguin Town. In India, as well as attracting tourists, the lions protect crops from wild grazing animals and importantly in both these examples, these animals have provided new dimensions in the lives of the local people.

(Continued in the next edition)

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www.airsports.com.au

Southern Districts Flying Club

It is 2023, a new year and with luck lots of fun to be had by all. It is no secret that the past year pushed people and left a lot of us struggling to find our way forward. Small business, community groups and sporting clubs all faced challenges and many went into survival mode to ride out the storm.

By the end of 2022 the SDFC was starting to see more activity out at the airfield with pilots looking forward to warmer weather and a return to some rewarding flying. Indeed, in December we had 3 new members join our club, so very much a positive end to the year.

Sunday December 11th saw 22 of our members gather in the clubrooms for our Christmas lunch. It was a relaxed affair and a good way to finish off the year.

Yes, we all wore silly hats and read out the dad jokes, it just wouldn't be a Christmas party without that. The food was plentiful and we all went home satisfied.

*SDFC members enjoying
Christmas Lunch*



We are in the process of putting together a heap of club events for the year ahead. Sunday 5th of February is scheduled for a lunch at Pirate Life brewery before a visit to the Aviation Museum (Port Adelaide). We are waiting to hear back from CASA for a date to host an AvSafety seminar at Strathalbyn.

We will set some dates for club Breakfast flights throughout the year. Lots of other ideas for club flights and social events that we will organise and put some dates on as the year progresses. So, we look forward to a positive start to the New Year with continued growth and an active club.

Membership to Southern Districts Flying Club is open to anyone with an interest in aviation. If you would like to be involved you can find information and membership details on our web site: www.sdfc.org.au

DANCING WITH COLOUR MEMBERS SUMMER EXHIBITION



DECEMBER & JANUARY
STATIONMASTER'S ART GALLERY
NEXT TO THE INFO CENTRE, STRATHALBYN
08 8536 4263 OPEN 7 DAYS 10-4

Historic opening of Lower Lakes barrages

The historic opening of all the operational barrages near the Murray Mouth in South Australia means the River Murray is now free flowing all the way from the Yarrowonga Weir to the sea for the first time in decades.

More than 570 operational bays across the five barrages – Goolwa, Mundoo, Boundary Creek, Ewe Island and Tauwitchere – have been opened because of the high volume of water in the river flowing to the Lower Lakes, Coorong and Murray Mouth.

It is believed to be the most significant barrage opening since the 1970s. Around 400 of the barrage bays were opened during a high flow event when the Millennium Drought broke in 2010/11.

South Australia's Engineering and Water Supply Department built the barrages in the 1940s to maintain water levels and water quality in the Lower Murray, with the costs of construction shared between South Australia, New South Wales, Victoria and the Commonwealth.

The Murray–Darling Basin Authority's Executive Director of River Management, Andrew Reynolds, says while the 2022 flooding had left many Basin communities and businesses seriously impacted, it presented an opportunity to deliver unregulated flows through the river system to the sea. The opening of the barrages follows the removal of each weir in the river all the way to Yarrowonga almost 2,000 kilometres upstream.

"Our thoughts are with those suffering as a result of the flooding," he says.

"It has been a long time since the complete opening of all barrage bays, and logistically it has been an enormous exercise as only a small number of the bays are automated. Most of the barrages were opened onsite by SA Water using specialist equipment."

In dry years of low water availability, barrage releases are limited and are supported by environmental water recovered under the Murray–Darling Basin Plan. In wet years, the barrage gates are opened to reinstate continuous connectivity between lakes Alexandrina and Albert and the Coorong.

Creating a free-flowing river from Yarrowonga to the sea, the opening of the 5 barrages and the subsequent flow was delivering other important benefits for the Murray system.

"We have been able to stop the dredging of sand at the Murray Mouth. The flows through the barrages are helping to make the Mouth much wider and deeper, and we're hopeful that as a result of this scouring event we may not have to dredge the Mouth for several years," says Andrew.

"Floodplain vegetation that hasn't had a drink for a long time is now being watered – some for the first time since the 1970s. Black box trees and river red gums at the margins of floodplains that have been struggling in recent years are now getting a life-saving drink that will set them up for the years ahead.

"This is also flushing a lot of salt out of the system, which is an important objective under the Murray–Darling Basin Plan to improve long-term water quality."

Continued page 24



Removing concrete stop logs from the barrages, allowing water to flow between the lower lakes and Coorong areas.

MEC NEWS - January 2023

Authorised by: Don Boyce (0423105261), Chris Lambert (0411474529) & Peter Miller (0404487572)

MILANG ENVIRONMENT CENTRE
corner of Weeroona Drive and Jupiter Street Milang.
P O Box 338 Milang SA 5256 Ph:85370201
Email: mecinc@adam.com.au

Volunteers at MEC have enjoyed the Xmas season break and are back in full force from the 7th January to happily accept the inevitable deluge of recyclable items overflowing from local community family celebrations.

The lifting of Covid restrictions in the latter part of 2022 witnessed a wondrous energizing among the MEC volunteers (aka 'dinosaurs') with several upgrading projects initiated and completed. Boss dinosaur Don Boyce approved extensive service overhauls on both forklifts while senior supervisory dinosaur Geoff Dungey recommended a project to set up a more efficient machinery refuelling system. A portable Diesel Captain 200 litre capacity fuel tank was subsequently purchased from Milnes Road Strathalbyn supplier G & J East. This easy-to-handle fuel tank safely provides pumped high flow and now MEC volunteer dinosaurs with potential back problems will no longer struggle lifting heavy 20 litre jerry cans to laboriously refuel machinery.

To make the refuelling system more efficient a pallet rack was purchased, installed in the storage shed and the new fuel tank securely positioned on it by Chris Lambert and David Barry.

The fuel tank may be lifted by forklift for safe, convenient, easy transportation, refilling and storage purposes. Goodbye to Jurassic period (200–145 million years ago) work practices and thanks to Geoff Dungey and Don Boyce, MEC welcomes a new era of efficient, safe, workplace volunteer-friendly operating systems. Boss dinosaur Don Boyce told Milang Community News that the entire volunteer team is very grateful that people continue to bring their recyclables to the MEC already pre-sorted into different items such as aluminium cans, cartons, glass and plastic bottles each in separate containers.

"This thoughtful preparation by the community makes counting, sorting, processing, and paying for the different items easier and quicker for our volunteers ", explained Don. The Milang Environment Centre is open to the community on Wednesday and Saturday from 10 am to 4 pm.



L-R Don, Dave, Chris & Geoff secure new fuel tank to a pallet



MEC volunteers Chris Lambert & Dave Barry load new fuel tank on pallet rack

Milang Environmental Centre Serving our community

The Milang Environmental Centre is a community run organisation and an asset to the residents of Milang.

Ph **Don 0423 105 261** or **Chris 0411 474 529**



Services:

- Recycling depot for glass, plastics, metal and garden organics.
- Bottles and cans deposit paid.
- Recycled items for sale.
- Electronics, household and garden wastes incur a fee.

Hours: Wednesday and Saturday 10am - 4pm

Corner of Weeroona Drive and Jupiter Street MILANG

Volunteering at the station is *fun*



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Museum Guides

Cafeteria Car

Train Drivers

Restoration

Maintenance

Craft Shop

Junior Volunteers

Do as little as four
hours a month



Come and have a cuppa with us any Sunday, 12 to 4pm, and find out more

www.milangrailway.org.au or 0414 232 060

From previous page 22

MDBA Regional Engagement Officer Kate Bartlett, who lives near Murray Bridge in South Australia, says she was at the barrages watching on as the final gates were being removed.

“It’s a great sight to see,” says Kate.

“The local community was made aware the barrages were going to be fully opened. It does mean that if there’s a high tide or strong southerly or westerly winds, the salt might blow in a little. But it will soon be flushed back out through the Mouth.

“Normally there are only a small number of the barrage gates open, so you get large gatherings of birds and seals at the fishways. Now they have the whole waterway available to them. You can also see the Murray Mouth being scoured especially on the Goolwa side because the water flowing through the Tauwitchere barrage is so fast.”

(Information sourced from the MDBA website)

I would like to thank all the kind and generous people who purchased tickets in my Christmas

THANK YOU

Raffle organised to

raise money for the Milang Butter Factory Restoration Fund.

\$500 was raised for that fund and below are listed the lucky winners.

- | | |
|------------------------|--------------|
| 1 st prize | J. McCormick |
| 2 nd prize | H. Croker |
| 3 rd prize | J. Verran |
| 4 th prize | G. Berry |
| 5 th prize | H. Croker |
| 6 th prize | G. Pestka |
| 7 th prize | J. Rodgers |
| 8 th prize | A. Gotzheim |
| 9 th prize | M. Linscott |
| 10 th prize | G. Foster |
| 11 th prize | L. Barry |

Best wishes for the festive season, Pauline Perry.

All Aboard—December 2022

So what do we do at the museum? We are a small group of about fifteen active volunteers. None of us worked for the railways or have any special interests in railways. We just get a lot of pleasure out of volunteering at the Railway Museum. Our activities breakdown into three main groups



First there are around half a dozen of us who turn up on Tuesdays and Fridays mornings between 8:00 and 11:00. We do maintenance and also develop the museum. Maintenance usually consists of repairing and restoring the rolling stock and our collection of railway memorabilia. We also constantly expanding the Railway Museum to make it more appealing for visitors. Projects in the near future include the introduction of a new diesel locomotive, developing a sound and light show and extending the track.



Next are another half dozen who turn up on Sundays to cook and serve the refreshments in our cafeteria car which is open from 12 to 4pm on that day only.

They serve Devonshire teas, light lunches and numerous drinks. About once a month they also cook and serve full lunches for tour groups who visited the museum on weekdays.

The third group are museum guides who, usually just once a month, show visitors around the museum. We have lots of interactive displays including two train driving simulators so there is plenty to talk about.

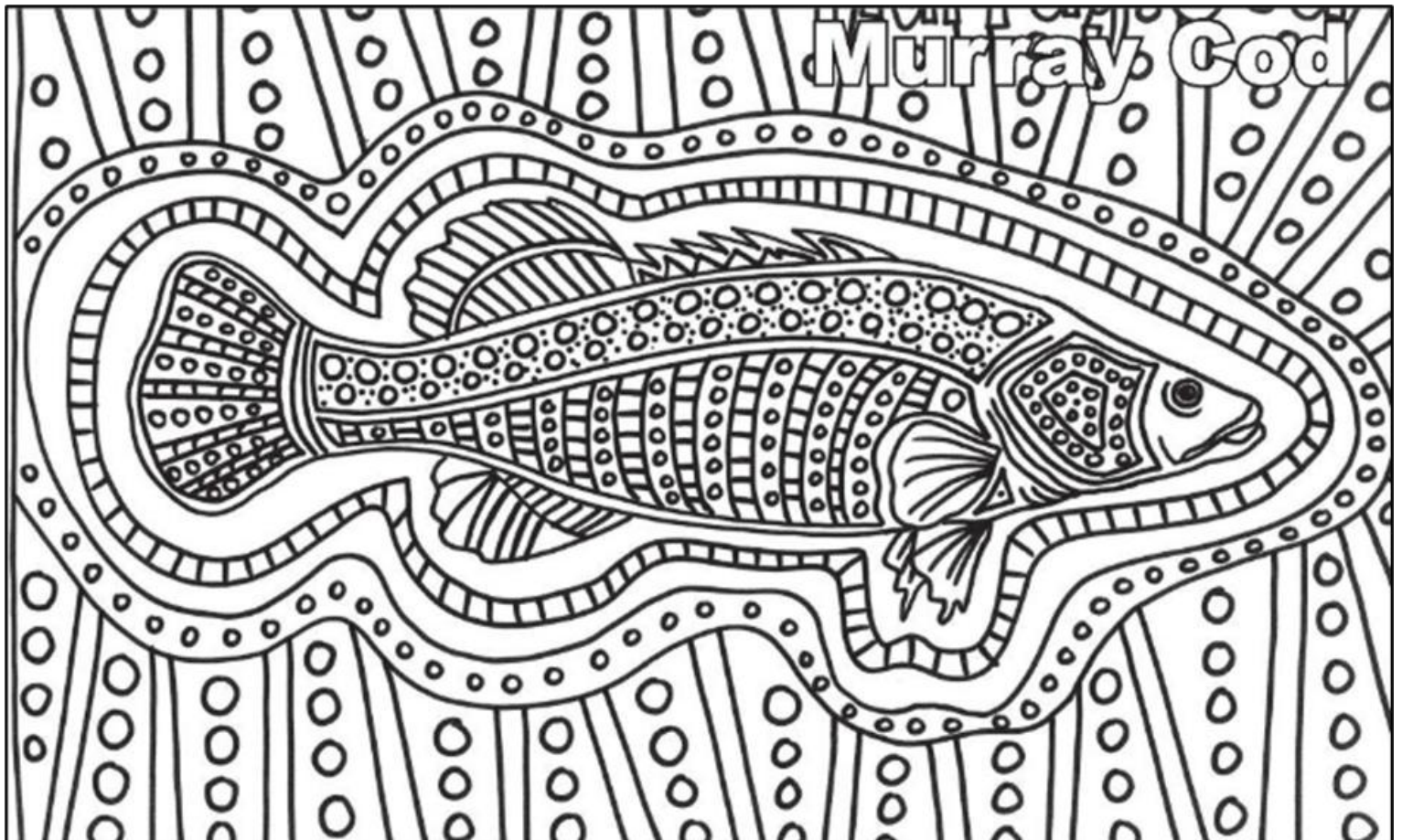
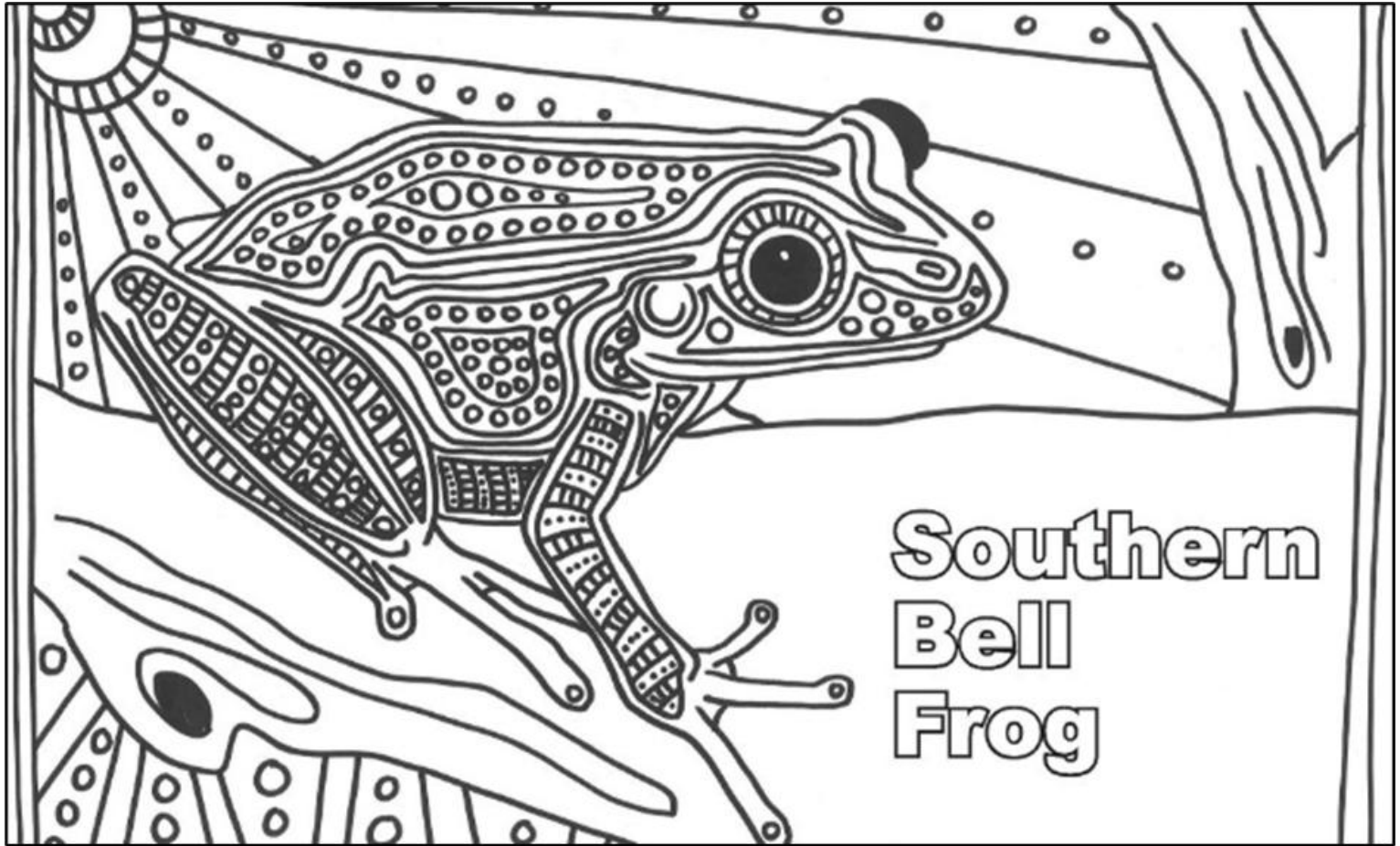
On Sundays and during tour group visits we also offer free train rides on our narrow gauge railway which heads out West from the museum. Our museum guides also have the opportunity to learn how to drive the train and take visitors on those trips. In fact, we would love to have more volunteers, for just 4 hours a month, to drive the train and we could then consider running it on Saturdays as well.



The photo shows our happy volunteers and their partners enjoying our Christmas party in the cafeteria car. If you are interested, just stop by on a Tuesday or Friday morning or on a weekend afternoon. Or give the secretary a call on 0414232060.

Peter Lucas

**ARE YOU
BUSHFIRE
READY?**





December has been jam packed full of dinners, Championship rounds and break ups. Anyone would think it's Christmas!

Bowls are taking a break now, returning in 2023. Saturday Pennants recommences on January 7th, Ladies on January 12th. The Ladies will be keen to pick up where they left off, sitting in 2nd place. Division 3 had a win in their last game, lifting them to 9th, Division 6 Blue has had some very good wins and currently sit in 2nd place while the White team are 14th. All players are looking forward to games starting and getting some more wins under their belts.

The Club had its Christmas Dinner at the Finniss General Store this year (2022) and enjoyed a very delicious meal, with great service and great food. All attendees enjoyed the evening. Thanks to FGS for a great night.

Friday Night Dinners wound up the year with a fantastic night on December 16th. The place was full, with the local CFS units holding their Christmas party on the night. A great Turkey Roast was served, or Seafood for those not keen on Turkey and Christmas Pudding or Pavlova was on offer for dessert. We had to close bookings, as we were at capacity. A big thank you to those who helped in the bar during the year, who helped with dishes, cleaning up or clearing tables. We have a great team of helpers and your time and work is greatly appreciated. We couldn't do it without you. THANK YOU SO MUCH.

We are gradually getting through our internal Championship events. The Triples have been finalised, as has the Men's 4s. We are still to finish the mixed pairs. All other events will be run in the new year.

Social Bowls will restart on January 10th. Hopefully we will get some good weather, after a most unusual start

to the season with cold weather and rain. We invite all people interested in giving bowls a go to join us on a Tuesday night at 5.30. Please bring some food to share, which we enjoy after bowling, flat soft soled shoes and \$5. Loan bowls are available.

On behalf of the Club, I wish you all a very happy, safe, healthy and prosperous New Year. We hope to see you on the greens.

See you on the greens.

Bev Spicer



Christmas Dinner Night Santa paid a visit with a small gift for the children.

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Church Services—Milang and surrounding areas

Church Of Christ, corner of Watson & Coxe Streets , Milang

Enquiries—Peter Wilson 0407 607 638

Sunday Service 9:30am

Friendship & Craft at the Church Hall—Wednesday 10:00am—12:00 Noon

Uniting Church, corner McDonald & Orana Streets, Milang

Enquiries—Nola Deer 8536 4429

Sunday Service 10.00am

Anglican Church—St Marys, corner Luard & Maroo Streets , Milang

Enquiries—Rev. Alex Stone 8537 0630

Sunday Service—8.15am (1st and 3rd Sundays of the month)

Lutheran Church

Cnr Commercial Road & North Parade, Strathalbyn

Pastor Matthew Edgecomb 8536 3322

Catholic Church—Good Shepherd, East Terrace, Strathalbyn

Father Richard Morris 8391 1053



NO. 61 CREAM AND MILK SUPPLIERS TO MILANG BUTTER FACTORY – SYD AND MABEL BORRETT

Alvyn Hopgood

Syd and Mabel Borrett had a farm at Lake Plains adjoining the Taverners' property. It may have been a few acres larger than the Taverners' – and the Borretts had Jersey milking cows.

A Fred Hibbard helped them for a long time with their dairying work. Later on, their daughter Julie, who married Doug Tuckwell, took over the farm and continued with the dairying business. At first, they turned to flood irrigation, which enabled them to produce pasture and lucerne for the milking cows. They began supplying cream, and then milk, to the Milang Butter Factory for processing. The Borretts became very reliable suppliers of milk for many years.

Julie and Doug Tuckwell gave great service to the Milang Bowling Club and also supported and helped with other activities at Lake Plains, Milang and surrounding areas.



Borretts 1st milking shed



Syd Borrett & son in law Doug Tuckwell



Hay stack at Borretts— 22tds long x 6yds wide x 3yds to eaves



Syd Borrett with Stripper & horse

Milang Community Garden

Newsletter - January 2023

Happy New Year from the Milang Community Garden!

Down at the garden, our members and friends celebrated the end of the year with a BBQ and a mini tour of our own gardens! *(Always good to have a nose around someone else's garden!)* All in all, it was a fun and relaxing day.

The garden never closes and we are preparing for the hot summer season *(which appears to have taken a detour to the land of Elsewhere!)* Nevertheless, the fruit and veggies will soon be ripening and it will be all hands-on deck!

The Community Garden is therefore, open as usual on every Tuesday through the holidays and we will be loading the cart with excess goodies once the season kicks in properly. The berries have already given us a stellar crop, making an excellent Christmas and New Year dessert!



TRIVIA ANSWERS



From Page 6

By Jude Aquilina

1. Reverend John Flynn
2. A dog (Scottish terrier)
3. Holland (Willem Janszoon, Cape York, 1606)
4. A riot of kookaburras
5. Alexander Graham Bell
6. Michelle Obama
7. Horologist
8. On the moon (where Neil Armstrong and Buzz Aldrin walked)
9. Raukkan Church (David Unaipon's local church)
10. Neville Bonner (Liberal Party, Queensland, 1971)

Elva's second marriage was to Terrance Roberts and they had one daughter Jennifer who now lives in Western Australia. Elva's twin sister Nellie married Lot Ayers and lived most of her time at Narrung visiting Milang quite often to see her sister. She had a son Richard, known as 'Dick' who went to Strathalbyn High School before my time at that school. I think he may have boarded with his Auntie Elva and went to school on Jack Harvey's bus or Hurtle Bartletts. Daniel and Margaret's 4th child was Margaret Mary who was born on the 15th September 1918 but only lived 5 days, she is buried with her parents in the Milang Cemetery.



HISTORIC GRAVES IN THE MILANG CEMETERY

No. 21 - CREMER

By Mervyn Hopgood

Edward Cremer was born in 1797 and married Mary Driscoll who was 33 years younger. Edward reached the ripe old age of 95 and Mary 70 years. They had 5 children, William the eldest married Jane Arnold and they had 4 children, the youngest Arthur James was a very athletic person and had some success in swimming and boating at the Milang Regatta's.

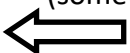
Arthur rescued a girl from drowning at Milang on the 27th March 1905. The report is as follows: A narrow escape from drowning occurred here on Saturday afternoon. While a party of young girls were fishing from the jetty, one of them named Florrie White fell into the lake, on the alarm being given Arthur Cremer a lad of 16 years who was also fishing further down the jetty quickly came to the rescue and plunged in after her without waiting to divest himself of his clothing. Cremer managed to keep the almost drowned girl afloat until further help arrived, naturally Cremer was warmly congratulated for his brave action. Sadly, Arthur died 2 years later leaving a wife and child.



Edward and Mary's youngest child was Daniel who had a long association with the inland river system which includes Lakes Alexandrina and Albert. It would be hard pressed to beat his record, crossing the Lakes from Milang to Narrung and Meningie three times a week from 1903 till 1930, a period of 27 years, his boat the 'Jupiter' did sterling service on the Lower Lakes and she finished up at Goolwa.

Captain Cremer lived on the corner of Stephenson and Watson Street Milang. Daniel and Margaret's oldest child Driscoll known as 'Dick' lived and worked around Milang, mainly as a fisherman. Dick was a prolific letter writer mainly about the Lakes and River system. He lived directly opposite 'The Forge', he married Antonia Glaetzer and the couple had no children. 'Tony' as she was known lived to be 93 years old, outliving Dick by almost 30 years. Daniel and Margaret's third and fourth children were twins, Elva and Nellie born on the 23rd November 1908. Elva married Charles Honor in 1935 and they had 2 boys Bob and Bill. Charles was on the HMAS Sydney when she was sunk by the German raider 'Kormaran' in the Indian Ocean with no survivors. I was great friends with Bill and Bob, went to Primary School and High School with them and played football and tennis. After High School (I think Bill did well in the 'Leaving Class') he worked for W.D & H.O. Wills in the city for many years and continued his sporting interests. A son Brenton I think played football for South Adelaide and if my memory serves me right he coached the club when his playing days were over.

Bob was always interested in cars and worked for a car firm in the city, later having his own business, 'Bob Honor Motors'. Bob spent much time in Milang on weekends and holidays as he had a shack on the edge of the lake. He was devoted to his wife Zeela and the couple built a house at Milang opposite the old 'Bakery'. When his stepfather Terry Roberts (ex A.I.F.48 Battalion) became too sick to operate his general store Bob looked after it for him for some years. In his earlier days at Milang, Bob used to visit his uncle 'Dick' Cremer and talked about his passion for ice cream. Every night rain or shine Dick would trot off to the general store and buy and ice cream (sometimes a double) and mostly to have a chat to someone at the store.





asis

Gardens Function Centre

726 Langhorne Creek Road

Belvedere 5255

8536 4815

www.ogfc.com.au

Email: info@ogfc.com.au



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P 8537 3023 E gday@langhornecreekstore.com.au
www.langhorncreekstore.com.au



Tuesday Happy hour 5pm - 6pm
no meals

Wednesday to Saturday
Bar opens 11.30am to 9.30pm
Lunch 11.30 am to 2pm
Dinner 5.30pm to 8pm

Bookings 8537 3010

Fine Beer

Great Food

Great Wines



Sunday Bar opens 11.30 to 3.30pm
Lunch 11.30am to 2 pm

Schnitzel night Thursday nights
5.30pm - 8pm

Strath Corner Bakery

8536 3570

Mon-Fri - 6am-5pm
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Baked daily, a full range of pies, pasties, sausage rolls, quiches, cakes, fresh rolls and sandwiches. Coffee, tea, hot chocolate and a full range of cold drinks and juices.

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7 South Tce, Strathalbyn

Ph: 8536 2505



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Open 7 days

10 am—7.30 pm in Winter and 8pm in Summer

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Open Mon-Fri 6:30am-4:30pm / Sat 6:30-3pm / Sun 8:45am-3pm

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Email: john.whyte.milang@gmail.com

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Recycling for the future

Strathalbyn RECYCLING

15 Dry Plains Road, Strathalbyn. Ph 85363999

- **Pays cash for all 10c deposit items**
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Trading hours

- Tuesday 9am-4pm
- Wednesday 9am-12pm
- Thursday 9am-4pm
- Saturday 9am-1pm
- Closed all public holidays



Recycling for the future

Murray Bridge RECYCLING

55 Thomas Street, Murray Bridge. Ph 85324551

Trading hours

- Monday to Friday 8am-5.30pm
- Saturday 8am-12.30pm
- Closed public holidays



Murray Bridge Recycling can provide Waste, Recycling and Document Destruction collections for home and business in the following areas:

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Call Todd on 0419 829 050 for more information or to organise a quote for a bin to suit your needs.

Amcal - Strathalbyn

High Street Pharmacy (Strathalbyn)

Milang Community Chemist

(Milang is open Monday to Friday 1pm-5pm)

Call 8537 0785 or 8536 2266 (Strathalbyn Amcal)

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As the **local State Member of Parliament**, I along with the electoral office staff, are here to engage & assist the electorate of Finnis. We would be pleased to meet you closer to home and regularly hold catch ups across the electorate.

WE WELCOME YOU TO CONTACT US.

The **Finniss Electorate Office** is located at 71 Victoria Street, Victor Harbor & open Monday to Friday, 9am-5pm.

P: (08) 8552 2152

E: finniss@parliament.sa.gov.au



For updates go to: www.davidbasham.com.au or    



Rebekha Sharkie MP
Federal Member for Mayo

South Coast office

26 Hindmarsh Road, McCracken
Tuesday and Thursday, 9.30am to 4.30pm
08 8398 5566



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Stationmaster's Art Gallery at the Strathalbyn Railway Station



20 South Terrace,
Strathalbyn SA
5255

Ph: **8536 4263**



Presents a wide range of local artists with displays changing regularly - Open 10am to 4pm - 7DAYS per week

Lakeside Men's Shed at the oval

BBQ every Thursday (donation)

From 12:00 noon

Come and experience our relaxed atmosphere and share yarns with other like-minded people.

Take the opportunity to check out the Men's Shed facilities and current projects.

The Lakeside Men's Shed is working to assist in men's mental health issues and is supported by SA Health and the local community.



Alcoholics Anonymous

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Meetings every Sunday at 5pm
Reg Sissons Day Care Centre, High St Strathalbyn
Contact 24 hours (08) 8221 6999



**MENTAL
HEALTH
FIRST AID**
Australia

WHY MENTAL HEALTH FIRST AID?

MENTAL HEALTH FIRST AID (MHFA) TRAINING

REALLY MAKES A DIFFERENCE

Approximately 20% of Australian adults experience a common mental illness each year. Completing a MHFA Course will help you to develop the skills to support a friend, family member or co-worker.

Having mental health first aid skills means that you can assist someone developing a mental health problem or experiencing a mental health crisis and make a real difference to your community.

MHFA courses are based on evidence of what is best practice mental health first aid to support someone who has a mental health problem or is experiencing a mental health crisis.

RESEARCH HAS SHOWN THAT MHFA TRAINING IS ASSOCIATED WITH:

- ◇ **KNOWLEDGE**
Improved knowledge of mental illnesses, their treatments and appropriate first aid strategies.
- ◇ **CONFIDENCE**
Confidence in providing first aid to a person experiencing a mental health problem.
- ◇ **DE-STIGMATISING**
Decreases in stigmatising attitudes.
- ◇ **INCREASED SUPPORT**
Increases in the amount and type of support provided to others.

MOSHCC will be offering MHFA to anyone in the community that would like to do it in the near future. Keep an eye on our newsletter and Facebook pages.

Contact Vivienne at MOSHCC for further details

PH: (08) 8537 0687

MOBILE: 0483 897 220

vivienne@growinglifeconnections.com.au



What's on in our region for January 2023



All of January		The Stationmaster's Gallery is holding their " Members' Summer Exhibition " throughout December and January. Open 7 days, 10am til 4pm. Contact 8536 4263.
8th - 29th		Sgeidse (Sketch) Exhibition - South Coast Regional Art Centre - FREE - Solo exhibition by Deborah Smalley - based on Little Scotland, Goolwa - Wednesday to Friday 11am - 4pm - Saturday to Sunday 10am - 4pm
Sunday	1st	Goolwa Wharf Market - 9am - 2pm, Jaralde Park Goolwa Wharf Precinct
Friday	6th	Beats & Eats - Vietnamese Yes Please! - Book a table and enjoy a fun Saturday evening of Kimbolton wines, Vietnamese Street Food, and live music by Kat Caton - 6:30 – 10:30 pm -
Saturday	14th	The Annual 26th Yesterday's Power Rally at the Milang Oval grounds - will be held on the 14th & 15th January, 2023 - It is the largest annual 2 day event of its type in the Alexandrina Council area - Entrance is \$8.00 and children under 12 free - There will be a variety of stalls and delicious food.
		You are invited on Saturday 14th and Sunday 15th January 2023 to come BUY A BOOK AND TAKE A LOOK from the bookstore in the Butter Factory to see what is happening with the restoration...You will be impressed.! Already Read Books doors will open 10am -3pm.
Sunday	15th	Vineyard Road Wines will hold another "Laugh, Paint and Sip" on Sunday 15 January 2023 from 11am. Enjoy a day of fun while you bring out your inner artist. Get together with friends, or make new ones! All art, paint, canvas and guidance by Kathy Hardy Smith Art. Tickets \$65 include a glass of wine and a delectable Fleurieu Chocolates sample. Bookings limited via www.vineyardroad.com.au or contact 8536 8334.
		Goolwa Wharf Market - 9am - 2pm, Jaralde Park Goolwa Wharf Precinct
Thursday	19th	William Hennessy AM and Lucinda Collins - 7.30pm - Centenary Hall Goolwa - National treasure William Hennessy AM will direct the Hendrickson Strings from the Leader's Desk in a program including Bloch's Concerto Grosso 1 and Beethoven's Piano Concerto no 4 featuring piano soloist Lucinda Collins. A stunning offering of Concerto Rhapsody not to be missed. - All ages - Duration: 90 minutes, including interval -Bookings and enquiries: adelaidehillschamberplayers.com or 0409 695 952 - Adult: \$65.00, Concession: \$49.00, Student: \$25.00
Sunday	29th	2023 Milang - Goolwa Freshwater Classic yacht race - 6am - breakfast at the Milang Regatta Club - race starts 9am - for more information and to register visit https://www.goolwaregattaweek.com.au/



If you have an event that you would like to see listed here, please send the details to editor@milang.org.au